THE UNIVERSE EXPLAINED
A Cosmic Q & A
Heather Couper and Nigel Henbest

Answers to the most popular astronomy questions of today.

Over the course of their illustrious work in astronomy, Heather Couper and Nigel Henbest collected hundreds of the most popular astronomy questions that they’ve been asked. In this book they explain the scientific answers to these questions with expertise and a healthy dose of humor. Below are just a few of the 185 questions they answer:

- What would happen to an astronaut exposed to space?
- Can people live on Mars?
- Can an amateur astronomer make useful discoveries?
- Why do we have leap years and leap seconds?
- What are the most extreme conditions life can survive?
- Is there an edge to the Universe?
- What happens inside a black hole?
- Is Pluto a planet?

*The Universe Explained* answers questions about space travel; telescopes; the solar system; comets, asteroids and meteors; stars; black holes; the Milky Way and other galaxies; the big bang and space and time. As well, Couper and Henbest explore the possibility of life beyond our planet with up-to-date space discoveries and debunk persistent myths and legends.

*The Universe Explained* is a fun and informative book for anyone curious about astronomy.

Heather Couper studied astrophysics at Oxford University. She ran the Greenwich Planetarium and is a past President of both the British Astronomical Association and the Society for Popular Astronomy, as well as a Fellow of the Royal Astronomical Society and the Institute of Physics.

Nigel Henbest was Astronomy Consultant to *New Scientist* magazine, Editor of the *Journal of the British Astronomical Association*, and Media Consultant to the Royal Greenwich Observatory.

The team also wrote *The History of Astronomy*. 
NEW EDITION FOR 2019

2019 GUIDE TO THE NIGHT SKY

A Month-by-Month Guide to Exploring the Skies Above North America

Storm Dunlop and Wil Tirion

“With 2018 Guide to the Night Sky, amateur astronomers can view the sky over the course of a year and not miss a thing. It is also a compact and comprehensive introduction to astronomy... The small and light format makes this book the ideal portable reference.” —Lunar and Planetary Information Bulletin

The ideal resource for beginning sky watchers is updated for 2019 sky activity.

For many years, we have published Guide to the Night Sky annuals that cover events to occur the upcoming year in North America’s night sky. This year’s edition provides all of the guidance, information and data an amateur astronomer needs to view the sky over the course of the coming year and not miss a thing. It is a compact and comprehensive introduction to astronomy and the equipment needed, while sky watchers with more experience can use the book as a calendar reference for all of 2019.

Using the charts and maps and following the accessible text, sky watchers can enjoy viewing the night sky with nothing more complicated than a pair of binoculars or the naked eye. The maps are centered on latitude 40 degrees North helping backyard astronomers in the United States and Canada see how visible stars change over the year, and ensure that they catch the exciting sky events that occur. In addition to the month-by-month guides, the book includes an introduction to the planets, the moon and the sky, and comprehensive back matter. The book’s small and light format makes it the ideal portable reference for backyard viewing.

2019 Guide to the Night Sky is a fabulous introduction for new astronomers and sky watchers who don’t want to miss a thing.

Storm Dunlop is an author and translator, working mainly on material in the physical sciences and technology.

Wil Tirion has been an uranographer (star-map maker) since 1977. His first star maps were published by the British Astronomical Association, and he has since contributed maps to numerous books and atlases. He is a recipient of the Dr. J. van der Bilt Prize awarded to weather and astronomy amateurs and in 1993 the International Astronomical Union named an asteroid after him.
The Firefly Planisphere is a valuable tool for beginner and advanced stargazers. The previous edition, published in 2013, had star maps up to 2022. This sixth edition updates the maps to 2028.

Charted by the month, day, hour and minute, the Firefly Planisphere is easy to use, battery-free and weather-resistant. The stargazer needs only to turn the wheel to align the current date and time. What the see-through panel reveals will match the view of the night sky.

The planisphere shows the position of the stars for every night of the year. Icons describe star magnitudes — the larger the symbol, the brighter the star — making it easy to locate specific stars. Stargazers will be able to identify planets, stars, constellations, globular clusters, nebulas, galaxies and other celestial wonders.

Features include:
- At-a-glance coordinates for locating the brightest objects in the sky
- Planetary tables to locate Venus, Mars, Jupiter and Saturn, now improved for easier use
- An overlay window with a new shape for better viewing
- Times of sunrise and sunset for each day
- Declination and right ascension scales
- The ecliptic path.

The planisphere’s booklet provides accurate information on bright and faint stars, the Milky Way and deep-sky searching. Other topics include:
- How to use the planisphere
- Finding planets, sunrise and sunset
- How to read a star map
- Learning the sky
- Exploring the skies, season by season.

With its improved features, sturdy construction, portability, weather resistance, smooth wheel rotation, easy-to-read booklet and protective pocket, the Firefly Planisphere is simply the handiest guide to the night sky for the amateur astronomer — all at the same price as the previous edition, just $19.95.

Wil Tirion is a uranographer (celestial cartographer). The minor planet 4648 Tirion is named after him. He has done the star charts for numerous books, including Deep Sky Objects and the annual Guide to the Night Sky books.

Robin Scagell is the author of Stargazing with a Telescope and five other astronomy titles. He runs Galaxy Picture Library, which is devoted to photographs of astronomy and space.
**BEETLES**

*The Natural History and Diversity of Coleoptera*

Stephen A. Marshall

An accessible but comprehensive overview of beetles, illustrated with 4,500 photographs.

Among Stephen Marshall's many other natural history titles are *Insects: Their Natural History and Diversity* and *Flies: The Natural History and Diversity of Diptera*, two of the most respected books on the insect world published in the last 20 years. More admirable than the books' rigorous science, however, is that they are wholly suitable for a lay audience, including student readers from high school on. The books have been adopted as classroom texts and assigned as required reading at the university level and are on the references shelves of many practicing entomologists.

In *Beetles: The Natural History and Diversity of Coleoptera*, Marshall has again applied his deep knowledge of the insect world. Comprehensive and packed with 27 pages of richly illustrated keys and 4,500 color illustrations, it provides the reader with a colorful and enjoyable introduction to the natural history of a huge group of organisms, along with an overview of the diversity of fascinating families included in the group. The subject of this book is an enormous one, since the beetles, or Coleoptera, include almost 400,000 named species.

Marshall opens with a description of what makes a beetle a beetle, and then introduces the natural history of the order with copious examples and explanations.

Part one of the book includes:

- **Life Histories of Beetles**: Form and Function; Eggs; Larvae; Pupae; Prepupae and Cocoons; Adults; Courtship and Mating Behaviors
- **Defense and Deception**: Tanks, Tricks and Coleopteran; Chemical Warfare; Brilliance and Bioluminescence in the Beetles
- **Freshwater and Marine Beetles**: Freshwater beetles; Marine beetles
- **Beetle Associations with Fungi, Dung and Carrion**: Beetles and Fungi; Beetles and Dung; Beetles and Dead Bodies
- **Beetles, Plants and Plant Products**: Beetles and Flowers; Phytophagy and Beetle Diversity; Aposematic Beetles and Their Plant Hosts; Beetles as Agricultural and Garden Pests; Beetles and Biological Control of Weeds; Beetles and Trees
- **Beetles and Other Animals**: Dangerous Beetles; Coleoptera and Culture; Beetles Indoors; Rare, Endangered and Threatened Beetles; Beetles, Birds and Wild Mammals; Beetles and Other Invertebrates

Part two of *Beetles* is a guided tour of the diversity of the order, with fascinating stops for all of the world's 180 or so families of beetles as well as most of the significant subfamilies. Thousands of photos, almost all taken in the field by the author, are used to capture the range of form and function in each family, with pages of examples of the popular groups — such as fireflies, tiger beetles, jewel beetles — but also with unique photographs of little-known groups ranging from long-lipped beetles to the rarest rove beetles. Essential information about importance, range, behavior and biology is provided for each group, and easily used photographic keys to most families are provided for those wishing to use the book as an identification guide.
The profusely illustrated keys in *Beetles*, linked to the unprecedented photographic coverage of the world’s beetle families and subfamilies, enable readers to identify most families of beetles quickly and accurately, and to readily access information about each family as well as hundreds of distinctive genera and species.

Like its companion titles, *Insects* and *Flies*, *Beetles* will be welcomed by the scientific, academic and naturalist communities, including the next generation of students of entomology.

**Stephen A. Marshall** is a professor of entomology in the School of Environmental Sciences, University of Guelph, Ontario. He has discovered hundreds of taxa new to science and published over 200 papers on insect systematics and biodiversity. When he is not working in the University of Guelph Insect Collection (Canada’s oldest insect collection) he can usually be found in his bug-rich backyard on the banks of the Grand River near his hometown of Fergus, Ontario.

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**By the same author:**

**2nd Edition**  
*Insects*  
Their Natural History and Diversity  
978-1-77085-962-3  
plastic-laminated hardcover with jacket $95.00

**Flies**  
The Natural History and Diversity of Diptera  
978-1-77085-100-9  
plastic-laminated hardcover with jacket $125.00
**SPRING ON THE GREAT LAKES**

Spring comes all too soon to the flat and open plains of central Illinois. Which is surprising, given that the state is home to some of the most beautiful and diverse ecosystems in the country. But even in such a harsh environment, life finds a way to thrive. And nowhere is this more evident than on the shores of Lake Michigan, where the Great Lakes interior meets the Midwest. The water is clear and cool, and the air is fresh and invigorating. It’s a perfect place to reconnect with nature and let your worries slip away.

**NATURE**

American Kestrel

The American Kestrel is a small, elegant falcon that is easily recognized by its distinctive orange-and-black plumage. It is a skilled hunter, able to catch a wide variety of prey including insects, small mammals, and even fish. The Kestrel’s sharp vision and quick reflexes allow it to take down its prey with ease. It is a common sight in open fields and along roadsides, and its call is often mistaken for the sound of a car horn. Despite its small size, the Kestrel is a powerful predator that plays an important role in the ecosystem.
BIRDS
Robert Bateman
text by Kathryn Dean
foreword by Peter Matthiessen

A stunning collection of 200 bird species painted by the world-renowned wildlife painter.

“Robert Bateman’s paintings and drawings... reveal a vision of the beautiful and stark possibilities of the natural world. They are compelling and haunting.” —The Washington Post

At a time when bird species are disappearing rapidly, the poignant beauty of Robert Bateman’s paintings is more urgent than ever. It reminds us why Bateman was compelled to study and paint his subjects and why we must work to secure their futures.

Bateman has sketched and painted bird life in every corner of the globe. His special relationship with some of the planet’s most beautiful and fascinating creatures is captured here in an elegant volume that will appeal to bird lovers and art lovers alike.

The paintings are organized variously into 20 groups: At Home on Salt Spring Island; In the Pribilofs; Treeline and Tundra; Above Larch Valley; A Wenatchee Field Trip; Canyons and Deserts of Arizona; The Great Plains; Spring on the Great Lakes; Immigrants; Eastern Fields and Forests; On Inland Waters; The Atlantic Coast; In the Everglades; The Tropical Americas; The Galápagos; Old Worlds; At the Taj Mahal; A Visit to Bharatpur; The African Savannah and To the Antarctic.

Bateman’s magnificent works celebrate the breathtaking range of bird life on Earth — from the spectacular plumage of the fiery rainforest quetzal to the threatening glare of the golden eagle. And through his notes, informative diary entries and detailed sketches and studies, he shares with the reader a wealth of observations about the birds’ behavior and his keen appreciation of their beauty. As the great Roger Tory Peterson said, “If I could paint like another wildlife artist, it would be Robert Bateman.”

Robert Bateman began his lifelong education as an artist, naturalist and birder in the tree-filled ravine behind his boyhood home in Toronto. There he would study and sketch the birds he saw, adding them to the life list he keeps to this day. Robert has an enormous following, and his original artwork and limited edition prints are sought by collectors the world over. In 2003, the Robert Bateman Centre museum opened in Victoria, B.C. Today he lives with his wife, Birgit, and his family on one of the Gulf Islands off Canada’s western coast.

Peter Matthiessen was the acclaimed author of numerous books on natural history and the environment, including The Snow Leopard.

Kathryn Dean, a Canadian writer, editor, and birder, also worked with Robert Bateman on his book, Thinking Like a Mountain.
THE HANDBOOK OF BIRD FAMILIES

Jonathan Elphick

In 2014, we published the beautiful and comprehensive reference, *World of Birds* by Jonathan Elphick. Sales and reviews of the book were excellent:

★ “The value-to-cost ratio makes this a worthy addition to the ornithology collection in most libraries.” — Booklist (starred review)

“An excellent reference book that will occupy shelves in many libraries. For those needing just one general bird reference, this might be it. Highly recommended.” — Choice

“Erudite but accessible, and looking absolutely great, you can imagine this becoming a fixture on most birders’ shelves.” — Bird Watching

*The World of Birds* had two parts, the first, “Birds”, provided in-depth coverage of birds in general, such as anatomy, behavior, reproduction, range and more. The second part was a species directory. Since then, however, many changes have occurred in the classification of species, an expected outcome of the increasing use of DNA analysis, and this is the updated second part as a stand-alone book.

This ultimate handbook contains a comprehensive survey of the world’s birds, reflecting the latest classification changes to the *Howard & Moore Complete Checklist of the Birds of the World*. It includes an introduction to each of the bird orders and a detailed account and concise fact panel for every one of the 234 families. It details the appearance, behavior and lifestyle of the family members, while a glossary, further reading list and an index ensure easy reference.

Readers can learn more about each bird species. What’s the difference between a crow and a jay? How many species of sparrow are there? What song do cuckoos really sing? All the key facts about the world’s orders and families of birds are in *The Handbook of Bird Families*. Reformatted, resized and fully updated, it is the ideal up-to-date companion to the highly acclaimed reference *The World of Birds* published in 2014.

With clear, lively text, informative fact boxes and special photography from award-winning wildlife photographer David Tipling and other top photographers, *The Handbook of Bird Families* belongs on the shelf of everyone interested in birds.

Jonathan Elphick is a wildlife writer, editor, consultant, lecturer and broadcaster, specializing in ornithology. During a career spanning almost 40 years, he has written many books including *The World of Birds*, the bestseller *Birdsong*, *Birds: The Art of Ornithology* and the award-winning *Birdwatcher’s Handbook*. He was researcher for *Birds & People*, the largest survey of cultural attitudes to birds worldwide, and spent five years as researcher on the acclaimed bestseller *Birds Britannica*. Jonathan is a Fellow of both the Linnean Society of London and the Zoological Society. He lives in Exeter, UK.

*The International Union for the Conservation of Nature and Natural Resources (IUCN) is the global authority on the status of the natural world. It oversees the IUCN Red List, which catalogues those plants and animals facing a higher risk of global extinction (Critically Endangered, Endangered and Vulnerable). BirdLife is dedicated to the survival of bird species in the wild.*
The tiny hummingbird has long been a source of fascination for birdwatchers and naturalists alike. They number 300 species and Ronald Orenstein has a passion for all of them. Hummingbirds are the smallest birds in the world. A hummingbird egg is the size of a pea, barely, and the chick that emerges will be smaller than a penny, if that. But these tiny birds pack a powerful engine: a hummingbird’s heart beats more than 1,200 times per minute.

Nicknamed the “avian helicopter,” a hummingbird’s wings beat from 70 times per second in direct flight, to more than 200 times per second when diving. Not surprisingly, that whirlwind of wing power creates a humming sound. To fuel such energy, hummingbirds must eat as much as eight times their body weight on a daily basis, which means visiting an average of 1,000 flowers — every day — to get enough nectar.

Hummingbirds are found in North, Central and South America, with the greatest number in Ecuador, although some species breed as far north as Canada. Most species migrate from Mexico to Alaska, a distance of more than 5,000 miles.

In this book Orenstein covers all aspects of hummingbird natural history, their relationship with the plants on which they feed, the miracle of their flight, their elaborate social life and nesting behavior, and their renowned feats of migration.

More than 170 color photographs of these magnificent creatures, taken in the wild, adorn the pages of Hummingbirds. Birders and natural history readers alike will gain new insight into the tiny bird and revel in the stunning images.

Ronald Orenstein is a zoologist, lawyer, wildlife conservationist and an award-winning science author. He has written extensively on a wide range of natural history issues, including as a contributing author to Handbook of the Birds of the World. His most recent books are Turtles, Tortoises and Terrapins and Ivory, Horn and Blood. He is a member of the International Union for Conservation of Nature.

Michael and Patricia Fogden are widely considered the world’s finest photographers of hummingbirds. They live in Costa Rica.
INSECTS OF NEWFOUNDLAND & LABRADOR

Stouts, Millers & Forky-Tails
Tom Chapman, Peggy Dixon, Carolyn Parsons, Hugh Whitney

Stouts, millers, and forky-tails (aka deerfly, moths and earwigs) are just three of more than 200 fascinating insects, spiders, and other arthropods profiled in this guide. Organized by habitat and order, each description gives key identifying features, life cycle details as well as the specific habits and quirks that make each one worthy of study. The pages are filled with stunning full-color photographs of each creature and include up-to-date information about each species’ distribution.

Memorial University Associate Professor Tom Chapman is a behavioral and evolutionary ecologist whose taxonomic focus has been insects. He has studied ants, bees, mosquitoes, thrips, ticks, and wasps.

Dr. Peggy Dixon is an entomologist with Agriculture and Agri-Foods Canada in St. John’s, and a former president of the Canadian Entomological Society.

Dr. Carolyn Parsons is a research assistant with Agriculture and Agri-Foods Canada in St. John’s.

Dr. Hugh Whitney worked for 30 years as Newfoundland’s Chief Veterinary Officer (1985-2015). In the latter half of that time he was also, and continues to be, an Adjunct Professor at Memorial University.

TREES IN CANADA

John Laird Farrar

Trees in Canada is a guide to the many tree species, both native and introduced, that are found throughout Canada and the northern United States. It evolved from the popular Native Trees of Canada, which for 8 editions and over 75 years provided information on trees in non-technical language and in an easy-to-use format. Trees in Canada includes descriptions of introduced species that are commonly planted or naturalized. The text has been reviewed by forest science specialists across Canada and in the United States.

Trees in Canada celebrated its 100th anniversary in 2017 with a redesigned reprint that has a modern look. It features a striking new cover and an easier-to-read, engaging content with a new font and standardized photographs.

The standardized photographs, a highlight of the redesigned Trees in Canada, make it easier for users of the book to identify trees, and contribute to a splendid redesign of this widely consulted and cited reference.

John Laird Farrar (1913–1996), PhD, MF, BSF, devoted nearly 60 years of his life to the study and advancement of forest science. He was appointed to the Faculty of Forestry, University of Toronto in 1956. John Farrar was also the first editor of the internationally prestigious Canadian Journal of Forest Research.
Sharks are exquisite creatures refined and honed by competitive forces that have lived in balance with ocean prey for millions of years. They live in every ocean habitat on Earth, from shallow tide pools to the deep abyss, and from the open ocean to where rivers meet the sea. In Sharks a top research scientist explores what has made sharks such successful predators, how they differ from other animals in their biological success and what unique advantages evolution has conferred. Sharks is illustrated with uniquely sourced photography demonstrating newly observed behavior, scientific findings and recent developments in our understanding of how they live. Sharks is both a spectacular visual celebration, and a scientific document that explores in detail their unique physiology.

A powerful swimming stroke is delivered from sharks’ muscles directly to their tough skin shell forcing their body to “inflate” like a car tire with each flex, then quickly become fluid to glide as the muscles relax. By diving through the various water layers, a shark may locate and follow chemical scent trails that could lead to food concentrations. Thus a shark moving from one temperature layer to the next can expose its sensory equipment to new chemical cues and potentially new food sources. Some deep-sea sharks also lure prey with their light-producing organs.

Salvador Jorgensen has combined the latest discoveries of new species, newly-documented shark behavior, and the best photographs, to give a “state-of-knowledge” picture of sharks. Unique pictures of shark births, recently discovered creatures from the Ocean Census research, and details of sharks’ skin, eyes, teeth and heads (including a comparison of nine different hammerhead varieties) make this a book every shark enthusiast will want. It will also debunk many myths about shark behavior, and give readers a true, 21st-century documentation of a very popular wild animal.

Sharks features illustrated profiles of species living in the shallow reefs and also those living in the open ocean along with a unique “cladogram” family tree that opens into a gatefold and profiles every known species.

Salvador Jorgensen is a Research Scientist at the Monterey Bay Aquarium where he studies the ecology, migration and population dynamics of great white sharks. He completed a Ph.D. in Ecology at U.C. Davis and a postdoctoral fellowship at Stanford University. He was a Fulbright scholar in Mexico in 2004 and has published over 20 peer review articles. He lives with his wife and their son in Monterey, California.
AURORAS
Fire in the Sky
Dan Bortolotti
photographs by Yuichi Takasaka

A celebration of nature’s spectacular lightshows, and a visual feast documenting the kaleidoscopic colors that decorate the sky.

For millennia, humans have been fascinated with the ghostly green and red curtains of light that shimmer across the heavens on dark, clear nights. Ancient peoples saw these displays as souls of the dead, the torches of the spirits and as harbingers of war. Barely 100 years ago, scientists finally learned that an aurora is created when the Earth’s magnetic field is bombarded with charged particles from the sun. When the charged particles collide with oxygen in the atmosphere, auroras with yellows, greens and reds appear. Collisions with nitrogen result in bluish colors. However, our understanding of the physics behind auroras has not detracted from their wonder.

Auroras is filled with 80 photographs of one of nature’s greatest spectacles, complete with captions that reflect on the folklore, science and beauty of the northern lights. The book poses and answers the many scientific questions about auroras:

- Why are auroras usually seen only at high latitudes?
- How do scientists study them?
- What causes the different colors?
- Why are massive auroras often followed by blackouts and computer system crashes?

Auroras is where cutting-edge science meets the stuff of dreams.

Dan Bortolotti is a writer and editor whose work has appeared in many magazines, including Equinox, Canadian Geographic and OWL. He is the author of Hope in Hell: Inside the World of Doctors Without Borders.

Photographer and videographer Yuichi Takasaka emigrated from Japan more than 20 years ago in order to photograph wildlife in Canada’s many national and provincial parks and World Heritage Sites.
THE SCIENCE OF SUPERCARS
The Technology that Powers the Greatest Cars in the World
Martin Roach, Neil Waterman and John Morrison
foreword by David Coulthard

Trace the evolution of the supercar through the technology that drives it.

In *The Science of Supercars*, Neil Waterman describes the history of supercars, unraveling the mysteries and mechanics of the cars that changed the automotive world forever. In-depth interviews with the top names in the supercar and racing industries reveal their opinions on today’s supercars and their visions for the future.

David Coulthard, runner-up in the 2001 Formula One World Drivers’ Championship, provides the introduction. The authors follow with comprehensive chapters of inside information and exciting photographs that will be a catalog for supercar shoppers and a dream diary for others. The images show the interiors and exteriors of supercars and illustrated insets explain the technology.

1. The Thirst for Power — The internal combustion engine and the early days of speed
2. Style Versus Substance — Next steps, and the birth of aerodynamics
3. Emerging Technologies — The mechanics of war drive the birth of the supercar
4. Configuration — The Miura, the E-Type and the dawn of the modern age
5. The Science of Theater — Fashion and styling take center stage
6. The Turbo Years — The Porsche Turbo and the rebirth of supercar science
7. All-Wheel Drive — Power or technology: how designers keep the cars on the road
8. Composites — The McLaren F1 and its technological legacy
9. Emerging Aero — Understanding the complex art of aerodynamics
10. Going to the Opera — The remarkable science behind the era-defining Bugatti Veyron
11. The Holy Trinity — Hybrid tech ushers in a new kind of supercar
12. The Future — The technology on the verge of reshaping the landscape.

*The Science of Supercars* includes interviews with three of the top figures in the supercar world: Adrian Newey, legendary British Formula One engineer; Dr. Wolfgang Schrieber, Chief Engineer of the Bugatti Veyron; and Gordon Murray, designer of the McLaren F1 supercar, as well as contributions from iconic supercar manufacturers that include Lamborghini, Porsche, Bugatti, Pagani and McLaren.

Martin Roach is a best-selling author of a number of high-profile books about supercars. Neil Waterman has spent 35 years working in the highest levels of motorsport. John Morrison has over 50 years’ experience as a racing driver, including winning the Daytona 24 and competing in Le Mans 24-Hour race.
THE NEUROSCIENCE BIBLE
The Definitive Guide to the Science of the Mapping of the Mind
John Turney

A new “bible” title that reveals the science of our brains.

The term “mind mapping” has been used in various contexts over time, however this book, The Neuroscience Bible, is strictly about the human brain as a vital organ and how it controls the nervous system and thus our life. It is a crash-course in the latest scientific knowledge of the workings of the brain and the nervous system it controls. The most elusive concepts, such as memory and addiction and the difference between the brain and the mind, are broken down into easily understandable bite-sized pieces.

In pictures of the brain, the cerebrum is most noticeable. Sitting at the top of the brain, it is the source of all intellectual activities. It is split into two halves — the proverbial “left brain and right brain” — which communicate via nerve fibers. Information collected by your senses moves along a network of linked nerve cells called neurons, which are the basic building blocks of the nervous system. These neurons are active in both sides of the brain, which although looking the same, are different. Words are formed in the left hemisphere, abstract reasoning in the right. Together, they control every brain activity — from memories, planning, imagination, recognizing friends and reading books to playing games and creating art.

The Neuroscience Bible explains all this and much more. Topics include:

- The anatomy of the brain
- Neurons, synapses and axons
- The building blocks of the brain
- The difference between the brain and the mind
- The biology of mental illness
- Modern treatment of mental illness
- The effects on the brain of alcohol and drugs
- Memory, senses, cravings
- Fight or flight
- Exploring the brain’s billions of neurons with mind mapping
- The future of neuroscience.

As you read this book, your brain and your nervous system will be busy making sense of the words. Nerve cells in your eyes will sense the letters’ boundaries and transmit them from your eyes to your brain which forms the words and recalls their meanings.

John Turney has been a science writer, editor and reviewer for more than 30 years. He has lectured widely and created and taught science communication courses at the university level and for museums and schools. He lives in Bristol, UK.
THE ELEMENTS BIBLE
The Definitive Guide to 350 Years of Scientific Discovery
Rebecca Mileham

Everything you need to know about the fundamental materials that make up our world.

This book unlocks the fascinating workings behind the building blocks of life, from the discovery of the very first elements to the formal naming in 2016 of the recently discovered elements 113, 115, 117 and 118 on the seventh row of the periodic table. They are now known as nihonium (Nh), moscovium (Mc), tennessine (Ts) and oganesson (Og), respectively.

The Elements Bible makes the science and logic behind the daunting periodic table easier to comprehend and remember. Sections include:

- Mendeleev and the creation of the periodic table
- Atomic physics
- Patterns and trends within the periodic table
- Information about each individual element, from alkali metals and transition metals, through to noble gases, actinides and lanthanides
- Energy, stability, chemical reactions and how elements interact
- The uses of specific elements
- The composition and characteristics of the elements: neutrons, protons, electrons, weight, particles, radiation
- Stories of the scientists who often risked life and limb in their pursuit of new elements
- Modern scientific discoveries, and the naming of new elements.

The text is set out in clear brief segments to avoid complexity that can overwhelm readers. The generous use of illustrations provides additional clarity.

The Elements Bible introduces a complex subject and also provides insight into the extraordinary underlying stories and facts that you don’t normally hear about. Fully illustrated and packed with quirky illustrations, helpful diagrams and historical anecdotes, it is sure to satisfy those seeking to understand the most fundamental ingredients of the universe.

Rebecca Mileham has a degree in Physics and a masters in Science Communication from Imperial College, London. She is a freelance writer specializing in science and technology, and her books include Global Pollution. She lives in the UK.
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THE LONGEVITY BIBLE

The Definitive Guide to the Pursuit of a Long and Healthy Life

Susannah Mariott

This, the 12th in our series of small-format books that focuses on a variety of topics but especially wellness and spirituality, addresses a universal interest: long life. But we don’t want just years, we want years that are healthy and rewarding. The Longevity Bible explains how the aging process works and what you can do to enjoy a better quality of life for longer.

Sadly, there is no magical elixir but this book can help readers gain a new perspective on aging and how to optimize their longevity. It reveals what history, biology, Eastern philosophy, Western science and the findings of top medical experts and researchers can teach us about maintaining optimal health as we move through our lives. The author explains the important role that sleep, moderation, diet, a sense of purpose, connection, love and curiosity have in helping us to live well and live happily.

The topic of longevity is approached first by what we have long known about living longer and the practices and beliefs from around the world that have emerged in the pursuit of a long life, with varying results. The second section is about the science and technology currently understood and being researched thanks to the universal desire for a longer life. The final section steps back to consider what we have learned, and provides 20 of the most important tips for health and longevity.

Part 1: The Old
• Breathing; Relaxation; Posture; Balance; Body Language; Diet; Sleep; Yoga; Qigong and Taijiquan (Tai Chi); Massage and Acupuncture; Personality; Love and Laughter; Cultural Norms; Meditation and Spiritual Awareness; Sense of Purpose; Advice from My Grandmother; Being in the Zone

Part 2: The New
• Health and Fitness; Inflammation; Hormones; Lymphatic System; Neuroplasticity; Psychology; Stem Cells; Tissue Engineering; Drugs and the Placebo Effect; Epigenetics; Biometrics; Immunology; Intelligent Fascia; Quantum Physics and Health

Part 3: Full Circle
• Changing Values; Webs of Understanding; 20 Hot Tips for Health and Longevity.

Like few other books, The Longevity Bible has an existing and growing audience. It is an essential purchase.

Susannah Mariott is a freelance writer who specializes in issues of parenting, complementary health and folklore. She is an established author with 19 illustrated books to her name, including The Art of Motherhood and Total Meditation. Her articles have also appeared in Weekend Guardian, You, Marie Claire, Zest, She and Junior, and she has broadcast on BBC Radio 4. She currently lectures on Professional Writing at University College, Falmouth, UK.
The Secret Life of... series unlocks the fascinating workings behind subjects such as mathematics, biology, linguistics, chemistry and genetics, to give readers a practical introduction and insights into the underlying stories and facts. Fully illustrated and packed with quirky illustrations and helpful diagrams, these books are sure to pique the curiosity of anyone who’s ever thought, “I wonder how that works...”

THE SECRET LIFE OF LANGUAGE
Discover the Origins of Global Communication
Simon Pulley

About The Secret Life of Equations:
“Photographs, illustrations, and other visuals help maintain reader interest. There are also a number of cross-references that allow readers to move quickly between related ideas. This highly recommended book closes with a short, but complete, index.” — American Reference Books Annual

Like its companion titles, The Secret Life of Language uses quirky illustrations, helpful diagrams and clear text to unlock the fascinating workings behind the development of the world’s languages. Readers will gain insight into the extraordinary underlying stories and facts about the language (or languages) they speak, as well as those that they perhaps would like to learn.

Six chapters cover all of the world’s language groups from their historic origins to today as well as the physical mechanics of speech.

- **The anatomy of speech** — The history of communication; Evolution of the power of speech
- **What makes up a language?** — Articulation; Phonetics revisited; Phonology; Morphology; Syntax; Lexicon
- **Language families** — The Indo-European family; Other language families and proto-languages; The Romance languages as daughters of Latin; The Celtic languages; The Slavonic languages; The Semitic family; The Turkic languages; Languages in the Caucasus; The African languages; The languages of Polynesia; Languages of the Americas; Languages of South Asia; Chinese; Japanese
- **Writing systems** — Includes the origins of writing; Cuneiform and hieroglyphs; Syllabaries; The dawn of the alphabet; Other systems of writing (Chinese, Japanese, Runes, Ogham); Also covers the problems of decipherment; Unsolved mysteries of decipherment
- **Languages on the move** — International languages following religious groups; The languages of Judaism
- **What next?** — Invented languages, like Klingon; The future of the human language.

Language is essential to us all — spoken, heard, written, read — no matter which we use. Today, cultures move and meld across the globe in waves of migration taking their languages with them. The Secret Life of Language is sure to pique the interest of all general readers, language learners and those curious about the future of language.

Simon Pulley studied Latin and Ancient Greek at Oxford University, with a specialty in Indo-European Comparative Philology and General Linguistics. His PhD was on prayer in ancient Greek religion. He taught Classics at Oxford for almost a decade before taking up law, which he would come to teach.
THE SECRET LIFE OF THE HUMAN BODY
Uncover the Hidden Workings of Your Body
John Clancy

Getting to know just how intricate and fascinating our bodies are.

Most of us take our body for granted and are never aware of its amazing capabilities. The Secret Life of the Human Body reveals just how intricate and fascinating our body is.

Using offbeat illustrations and concise text, the book examines the symphony of interconnections and interdependences that keeps us alive. For example, there are seven octillion atoms making up the human body distributed among the organs, tissues, nerves, fibers, fluids and more which ensure that the entire system runs smoothly as we go about our daily life, totally unaware.

How many of us know that the body has 15 “other senses” or that our eyes are capable of seeing the Andromeda galaxy 2.5 million light years away? The Secret Life of the Human Body takes us under our skin to discover a world we take for granted.

The chapters are:

1. An inventory of what you’re made of
2. The perfect world of the cardiovascular system — Get to know your own heart; Mapping your blood vessels
3. The hidden world of hormones and enzymes — How enzymes speed up processes in the body; The crucial role of hormones
4. Breath and fueling muscles
5. Musculoskeletal secrets
6. Digestive tract and what lies within
7. The battleground of your immune system — Antibodies and how they protect your body; The amazing spleen
8. The senses
9. Skin, hair, nails
10. When things go wrong — What causes disease and how our bodies counteract it; Vaccination and eradicating illnesses
11. Future health — Curing HIV and other “incurable” diseases

We all love to learn something about ourselves, about our body, how it works and what happens when it doesn’t work. Readers of all ages and interests will discover fascinating facts and come to appreciate the wonder of their body... and perhaps take better care of it.

John Clancy BSc (Hons) has over 35 years’ experience in human biology. He was a Senior Lecturer in the Faculty of Medicine and Health Sciences at the University of East Anglia, UK, where he received the Excellence in Teaching award in 2012. He has written seven books, one of which has sold in more than 50 countries, and two have featured in TV documentaries. He is a practitioner of the Bowen technique, a soft tissue therapy specialist.

Please see next page for the first two books in the series
**THE SECRET LIFE OF EQUATIONS**  
*The 50 Greatest Equations and How They Work*  
Rich Cochrane

*A new way to understand the nature of equations with a look at 50 of the most important ones.*

Albert Einstein’s general theory of relativity (E=mc²), is a central theory in modern physics with implications on our insight into everything from black holes to the expansion of the universe. But how did Einstein come up with it? And what has happened to it since then?

*The Secret Life of Equations* is not a mathematics book but a map by which readers can discover equations from a different perspective. Selected from geometry, technology, science, chance and mathematics, the 50 equations are explored by way of their history. Why were they needed? How were they developed? What is their value today?

*The Secret Life of Equations* will enlighten and entertain in equal measure. It is excellent for readers interested in mathematics history and for students that would benefit from the allegorical explanations.

Rich Cochrane is a writer and educator who has written books on literature, music and computing. He has degrees in both math and English literature and a PhD in philosophy.

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**THE SECRET LIFE OF THE PERIODIC TABLE**  
*Unlocking the Mysteries of All 118 Elements*  
Dr. Ben Still

*Discover the hidden stories of the 118 elements.*

*The Secret Life of the Periodic Table* uncovers the fascinating stories behind the formulation of the table. It describes how and who discovered the 118 elements, and the competition and cooperation behind scientific advances. The character of the elements is brought to life in a bright and engaging way, making *The Secret Life of the Periodic Table* ideal for students and general readers. Spared the monotony of a school text, they can gain a basic understanding of the fundamentals of atomic science.

The book covers all 118 elements in 14 chapters. Each element description includes a fact box showing atomic number, atomic weight, radius, melting point, boiling point, density, and the year of its discovery and by whom. There are many sidebars, boxes and extended captions covering topics of interest, like Ernest Lawrence’s 1931 cyclotron, early precursor to the 10-km radius Large Hydron Collider that he could not possibly have imagined.

Dr. Ben Still is a scientist, science writer, and science educator. He has a PhD in experimental particle physics, and his articles have been published in academic journals. His previous book is *Brain Explains: Quantum Physics.*
THE PHYSICS BEHIND...
Discover the Physics of Everyday Events
Russ Swan

Uncovering the extraordinary science behind everyday life.

From the Cloud to static, waterproof clothing and drones, there’s a whole world of fascinating science underlying the objects, actions and interactions of ordinary life. *The Physics Behind...* explains what makes the modern world go ‘round by looking at everyday technology, objects in the home, nature and the engineering and science behind things you use every day.

- **Everyday Tech** — The Faraday cage; Calculators; Predictive text; Solar panels; Drone delivery
- **Leisure and Lifestyle** — CGI; Baked Alaska; Perspective in art; 3-D films; Waterproof clothing; Microwave popcorn; Self-service checkouts
- **Your Home** — Static shocks; Wifi technology; Foam; Ring pulls; Refrigeration
- **The Natural World** — A fly’s eye; Flight patterns of birds; Weather forecasting; Pond skaters; Rainbows
- **Travel** — Airbags; Driverless cars; Take-off and landing; Air traffic control
- **Computing** — Fingerprint recognition; Google Maps; The Cloud; CT scans; Touch-screen technology; QR codes; Augmented reality; Step counters on smart phones
- **Everything Else** — Springs; Night vision; The Doppler effect; Photocopiers; 3-D printing; The perfect igloo; This book.

Packed with detailed original artwork and infographics, *The Physics Behind...* is perfect for anyone who has ever been curious about the science of life.

Russ Swan is a freelance journalist and editor, specializing in writing about science, engineering and technology.

Of related interest:

**The Math Behind...**
by Colin Beveridge
978-1-77085-998-2
paperback $24.95

**Particle Physics Brick by Brick**
by Dr. Ben Still
978-0-2281-0012-6
paperback with flaps $24.95

FIREFLY BOOKS  FALL 2018
“The portraits themselves are quite impressive — sharply detailed color images photographed against a white background in a professional studio. They are best described as revealing character studies of the dogs, each of which is looking expressively into the camera. With a brief introduction by the author and helpful suggestions for how to take part in rescue efforts at the end, this is primarily a portfolio of a variety of purebreds and mixed-breeds dogs who all have one thing in common: they were all saved by good-hearted people. Anyone who loves dogs and or photography will appreciate this book. Highly recommended.” — Library Journal

In 2009, Andrew Grant began photographing dogs, starting with two French bulldogs at an unrelated commercial “shoot”. Then he discovered the sad fact that millions of lost or abandoned dogs enter animal shelters every year. And only a few leave, through rescue and adoption. The rest are euthanized or live out a lonely, caged life.

Andrew Grant began to photograph dogs that should be rescued, and dogs that have been rescued. Over 6 years he raised nearly $2 million for shelter dogs through his photographic project. He did this with the sale of four limited-edition books of dog portraits, each called Rover. Each was bigger than the previous, and helped by hundreds of sponsoring dog owners.

Those editions are all sold out, and fetch up to $400 on the rare book market — when available. Most, though, are as treasured as their canine subjects. At least one copy is prized by Ellen DeGeneres, dog lover extraordinaire, who featured the book on her show.

Now, Firefly Books is publishing a popularly-priced trade edition of Rover: Wagmore Edition. It contains 360 of Andrew Grant’s most appealing photographs of dogs. Some are the best friends of lucky owners, and some, sadly, are homeless.

All are splendidly realized in sharp, large and very lifelike color portraits. All were captured by state-of-the-art equipment and are truly the most beautiful dog pictures you have ever seen. They feature purebreds of almost every kind, and mixed breeds, too.

Andrew Grant is still on the road, photographing dogs. He continues to raise money for dog shelters, and his images of celebrities, products and architecture have been featured in many publications. To find out more and see Andrew’s work, go to Roverworks.org.
Of related interest:

**Every Dog**
by Nancy Hajeski
536 pages - 6 × 7½
978-1-77085-825-1
$24.95 US/$29.95 CDN
flexibound paperback
Rights: World English

**The Puppy Bible**
by Claire Arrowsmith & Alison Smith
288 pages - 7½ × 9¼
978-1-77085-193-1 $19.95
paperback
Rights: U.S. & Canada

**Brain Games for Dogs**
by Claire Arrowsmith
160 pages - 6½ × 8¾
978-1-55407-490-7 $19.95
paperback with flaps
Rights: U.S. & Canada

**The Perfect Puppy**
by Gwen Bailey
208 pages - 6¼ × 9
978-1-77085-911-1
$16.95 US / $19.95 CDN
paperback
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**Brain Games for Puppies**
by Claire Arrowsmith
96 pages - 6½ × 8½
978-1-77085-401-7 $16.95
paperback with flaps
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**Being a Dog**
by Karen Wild
192 pages - 7¼ × 9¼
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$19.95 US/$24.95 CDN
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Rights: U.S. & Canada

**Updated Better Food for Dogs**
by David Bastin, Jennifer Ashton & Grant Nixon, DVM
224 pages - 7 × 10
978-0-7788-0424-6 $19.95
paperback
Rights: World
ICONIC MAGAZINE COVERS
The Inside Stories of the Greatest Magazine Covers Ever Designed
Ian Birch

The pictures in front of the story as seen in the world’s most influential magazines.

Iconic Magazine Covers is an oral history of the stories behind the most innovative and controversial magazine covers, as told by the people who created them. Author Ian Birch has worked in the industry since the 1970s in both the USA and the UK and has used a career’s worth of contacts to make this unique social document that a wide variety of readers will find fascinating.

Among the 100 magazines are covers from Playboy, Esquire, Life, Nova, People, National Lampoon, National Geographic, Wired, The New York Times Magazine, Harper’s Bazaar, Bloomberg Businessweek, Essence and Vanity Fair. Historic covers include John Lennon, nude, lying on a bed with Yoko Ono, dressed (Rolling Stone); the black shadows of the World Trade Towers on a black background (The New Yorker); the first use of a black fashion model (British Vogue) and a lesser known fashion portrait of Princess Diana, published after her death (Vogue).

The book displays the covers on a full page opposite the history of the design as told by the key figures in its making, plus a credits sidebar. Editors, photographers, creative directors, illustrators and others describe their roles in bringing the cover to life, such as Iwan Baan, who took the image of New York City starkly fractured into “have” and “have not” light and dark sectors during the massive post-Hurricane Sandy power failure. The New York Magazine cover was so acclaimed that the image was displayed at the Museum of Modern Art and large-scale posters were used in fundraising for the relief effort.

More recent are 2016 Time jackets showing Donald Trump first in a meltdown graphic and then just a week later, after another scandal, completely melted down à la Wicked Witch of the West. Edel Rodriguez, illustrator of the two jackets, describes perfectly the power of what we see on the front of the ethereal publication we call a magazine: “A good magazine cover is a great poster and vice versa. It should be able to take a complicated matter and communicate it directly to as many people as possible. Like a pop song.”

Every magazine cover featured in Iconic Magazine Covers proves itself worthy of Rodriguez’s water test. Reading about the conceptual and practical processes in their creation is a fascinating bonus.

Ian Birch began his magazine career in the mid-1970s before becoming a music journalist. Over his long career, he has worked on multiple magazine launches, including Melody Maker and Elle, and has worked variably as the editor or editorial director of magazines such as Us, TV Guide, Cosmopolitan, Good Housekeeping, Esquire and Harper’s Bazaar. In 2012 he became editorial director at Hearst UK, where he oversaw Cosmopolitan and other publications. He is a recipient of The Mark Boxer Award from the British Society of Magazine Editors for outstanding services to the industry.
GUITARS & HEROES
Mythic Guitars and Legendary Musicians
Julien Bitoun

An encyclopedia of more than 100 guitars and the musicians who have mastered them.

Guitars & Heroes is organized by era, from the rockabilly pioneers to the guitar heroes of the future. Each chapter contains portraits of guitarists (past and present) and their favorite instruments. The authoritative text describes the musician’s favored guitar or guitars and why they prefer them, often revealing a hidden facet of the musician’s artistic approach.

Special photo spreads include The Beatles, The Rolling Stones, Van Halen, Prince, Billie Joe Armstrong, AC/DC, Les Paul, anatomy of a Stratocaster, 5 Replica Guitars; Burst, the world’s most expensive guitar; 5 Most Desirable Amplifiers, 5 Pedals That Changed the World, 5 Groundbreaking Sounds, The Chicago Blues in 5 Albums, 5 Essential Hard Rock Albums and 5 Design Gibson Mistakes.

The book is organized into three sections (Birth of an Art, The Golden Age, Modern Times) and nine chapters, each with a selection of artists and their guitars, including these:

- **Delta Blues & Rockabilly** Robert Johnson, Jimmie Rogers, Johnny Cash, Willie Nelson, Buddy Holly
- **Chicago Blues & Jazz** Muddy Waters, Chuck Berry, Sister Rosetta Tharpe, Trini Lopez, George Benson
- **British Blues Boom** Dave Davies, Pete Townshend, Jimmy Page, Eric Clapton, Peter Green
- **Surf, Garage Rock & Psychedelic** Jimi Hendrix, Frank Zappa, Santana, Ry Cooder, Duane Allman
- **Birth of Hard Rock** Ritchie Blackmore, Neil Young, Brian May, Peter Frampton, Joan Jett
- **Arena Rock, Shred & New Wave** Bruce Springsteen, Stevie Ray Vaughan, The Edge, Joe Satriani, Slash
- **Grunge & Alternative Rock** Kurt Cobain, Buzz Osborne, Sonic Youth, Rivers Cuomo
- **Metal to Djent** Dimebag Darrell, John 5, Buckethead, Meshuggah, Tosin Abasi
- **Guitar Heroes of the Future** — St. Vincent, Joe Bonamassa, Jack White, Ron Thal, Matthew Bellamy.

Guitars & Heroes is a sensational encyclopedia for all guitarists, guitar geeks, collectors and avid listeners, and an essential purchase for all collections.

Julien Bitoun is an accomplished self-taught musician, composer, music theorist, speaker and guitar teacher at iMusic School. He is the author of Strange Brew, a 100-year history of rock music, his albums include Chicken & Waffles and Tea and Biscuits. He also contributes to several guitar and music magazines. His blog is www.guitareobsession.com (also on Soundcloud). He lives in Paris, surrounded by many guitars.
ROCK CHRONICLES

Every Legend, Every Line-Up, Every Look
David Roberts, editor
foreword by Alice Cooper

The definitive rock encyclopedia for the 21st century updated for the ever-changing world of music.

“An absolute must for any rock-music fan.” — Booklist

“A welcome and heavily used addition to any rock 'n' roll buff's library.” — Library Journal

“Will introduce browsers to music they hadn’t realized they would like.” — Publishers Weekly

This third edition of Rock Chronicles is updated to mark the recent loss of many important, innovative and beloved musicians who changed the world of music, including: David Bowie, the irreplaceable Prince, Tom Petty, George Michael, Lemmy of Motörhead, Chris Cornell of Soundgarden, Scott Weiland of Stone Temple Pilots, two of the three members of Emerson Lake & Palmer, poet philosopher Leonard Cohen, Gregg Allman, the great Chuck Berry, Glenn Frey of the Eagles, Leon Russell, J. Geils, and too many others.

Designed for today’s visual-savvy generation, the book uses color-coded infographics for quick-glance coverage of the ever-shifting line-ups, appearances, labels, sounds and successes of 250 of the most important rock acts from 1960 to time of press in 2018. Insightful commentary highlighted with photographs gives the lowdown on every member — whatever their role in the band and however short-lived their time with them.

Bands change their line-ups, musicians pass away, and of course new music is released. This new edition has been updated to reflect the many such changes since the previous book.

These include:
• Date of death of deceased band members and revisions to the descriptive text to reflect this change
• Revised text if there has been a major development in an active band
• New albums for those bands still active on timeline
• Revised timelines for bands still active
• Grammy Awards
• Rock and Roll Hall of Fame Inductees.

Comprehensive, information-packed and compelling, Rock Chronicles is the essential reference for everyone who loves rock music.

Movie Star Chronicles
A Visual History of the World's Greatest Movie Stars
by Ian Haydn Smith
978-1-77085-530-4
paperback with flaps $29.95

Of related interest:

Movie Star Chronicles
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978-1-77085-530-4
paperback with flaps $29.95

David Roberts has edited more than 20 music reference book projects at Guinness World Records including British Hit Singles & Albums and Rockopedia. He is also the author of Rock Atlas: 650 Great Music Locations and the Fascinating Stories Behind Them.
GQ HOW TO WIN AT LIFE
The Expert Guide To Excelling at Everything You Do
Charlie Burton

Essential skills from the best-selling men’s magazine on looking sharp and living smart.

Based on personal expertise, interviews with foremost authorities and wisdom from GQ’s editors, Charlie Burton shows men how to win at fashion, sport, food and drink, work, romance, travel — well, everything.

Eight chapters comprising 75 entries cover life’s must-have skills. Bold illustrations highlight the succinct step-by-step instructions that will guarantee success. The essentials include:

1. Food & Drink
   - How to barbecue perfectly using science
   - How to make the definitive Dirty Martini
   - How to cook a steak like a top chef
   - How to taste wine like a sommelier

2. Friends & Lovers
   - How to dance without looking like a dad
   - How to buy a diamond like a dealer
   - How to undress with style
   - How to make the first kiss count
   - How to start a conversation

3. Showing Off
   - How to sing like a professional musician
   - How to saber champagne the Laurent Perrier way
   - How to fool anyone with a magic trick
   - How to dive into a pool

4. Sports & Fitness
   - How to free dive like a merman
   - How to hit an unreturnable squash serve
   - How to warm up
   - How to take a power nap

5. On the Move
   - How to sleep on a night flight
   - How to pack a suit
   - How to work a heel-toe shift while driving
   - How to light a campfire without fail

6. The Unexpected
   - How to escape a sinking car
   - How to survive a dog attack
   - How to land a plane
   - How to drive from the passenger seat
   - How to jump from a height
7. Style Secrets
• How to spot a fake Rolex
• How to tie a foolproof bow tie
• How to keep your sneakers immaculately white
• How to fold a t-shirt properly

8. Work & Career
• How to pull an all-nighter
• How to nail office politics
• How to shine shoes to impress
• How to hide a hangover
• How to ace an interview.

For 30 years, GQ has been the premier magazine for millions of men around the world. GQ How To Win At Life brings the best in one handsome package.

Charlie Burton is a journalist based in London. As Senior Commissioning Editor of GQ he writes everything from celebrity profiles to political opinion. In 2015, he started the magazine’s monthly how-to column, “Bring Your ‘A’ Game”, which inspired this book. He is a graduate of Lincoln College, Oxford, and was formerly the Associate Editor of Wired.
A collection of recipes that is as versatile as your toaster oven itself.

Toaster ovens are versatile, compact and convenient, doing the job of both a toaster and a full-size oven while using far less space and far less energy. They can do so much more than just toast — they can bake, broil, brown and keep food warm. This updated edition includes 125 delicious recipes from Linda’s previous book, practical tips, and information on various toaster ovens, and, by popular demand, an all-new “Basics” section with over 25 easy recipes.

All of the recipes are designed exclusively for toaster ovens and include delicious options for any time of day. Some of the new basics include Deli Tuna Melts, BBQ Meatballs, Vegetable Bean Chili, and Chocolate Chip Muffins. Still featured are old favorites like Salmon Satays and Stuffed Baked Potatoes. With easy-to-prepare recipes and clear instructions, 150 Best Toaster Oven Recipes is perfect for students, singles and anyone looking to make a delicious meal in their toaster oven.

Linda Stephen is a professional chef whose recipes have appeared in dozens of magazines and cookbooks. Until 2016, she ran her own cooking school, the highly regarded Linda’s Country Kitchen. Linda continues to cook on a smaller scale, making 90% of her meals in her toaster oven. She lives in Cobourg, Ontario. The previous edition of 150 Best Toaster Oven Recipes has sold over 12,000 copies.

Linda Stephen

150 BEST TOASTER OVEN RECIPES
5-INGREDIENT INSTANT POT® COOKBOOK
150 Easy, Quick and Delicious Recipes
Marilyn Haugen

Dinner is about to get even easier now that you can cook mouth-watering meals in your Instant Pot® with five ingredients or less.

The Instant Pot® is unquestionably the most popular and bestselling kitchen appliance of the last year, with many models performing the functions of a pressure cooker, a slow cooker, a rice cooker, a steamer, a sauté pan, a yogurt maker and a warmer. 5-Ingredient Instant Pot® Cookbook is a perfect companion for the Instant Pot and a follow-up to Marilyn Haugen’s previous bestseller, 175 Best Instant Pot® Recipes, which has over 20,000 copies in print.

All of its 150 recipes, created especially for use with an Instant Pot®, contain a minimum of ingredients and require little effort. There are recipes for every occasion and season, and for novices and well-seasoned home cooks alike. The recipes include favorites like Ham and Cheddar Egg Muffins, Hearty Black Bean Soup, Pepperoncini Beef Roast, Chicken Caesar Pita Pockets, Braised Herb Salmon with Asparagus, Buttery Garlic Mashed Potatoes, and Chocolate Peanut Clusters.

Marilyn Haugen is passionate about cooking and entertaining and has turned this passion into a successful cookbook career. She has also written the bestselling 150 Best Spiralizer Recipes and 175 Best Instant Pot® Recipes.
THE ESSENTIAL INDIAN INSTANT POT® COOKBOOK
125 Traditional and Modern Recipes
Chandra Ram

Traditional and modern Indian recipes for the home cook — officially authorized by Instant Pot®!

The Instant Pot® is a game-changer for Indian cooking because it replaces a pressure cooker, slow cooker, yogurt maker, bread proofer and steamer. Gone are the days when preparing Indian food just seemed too intimidating or for weekends only. In The Essential Indian Instant Pot® Cookbook, award-winning editor and author Chandra Ram shares 125 recipes from all over India, specifically designed for the Instant Pot, that meld Indian ingredients with North American sensibilities.

Recipes range from traditional to modern and go beyond the greatest hits that you see in Indian restaurants. You'll find tons of familiar favorites, including Butter Chicken and Chana Masala, less well-known regional dishes like dosas, biryanis and dal stews, and contemporary twists on Indian flavors, such as Orange Cumin Salmon and Chocolate Chai Pudding. Chandra takes you through cooking all the parts of an Indian meal, ranging from yogurt and cheese to desserts and everything in between. She also offers suggested meal plans, easy substitutions and tips for building an Indian pantry. Cooking Indian food has never been as approachable, fast or easy!

Chandra Ram is a first-generation American who learned to love cooking from her Irish mother and Indian father. She has a degree in culinary arts from The Culinary Institute of America and spent 15 years working in restaurants and as a consulting chef before turning to food writing. She is the author of two cookbooks and the editor of the award-winning food magazine Plate. Chandra lives in Chicago.
THE FONDUE BIBLE
The 200 Best Recipes
Ilana Simon

An updated and upgraded edition of the market leader on fondue, with over 200 recipes.

Fondue is ever popular and is the perfect choice when you want to create a memorable meal experience for family and friends. The Fondue Bible has been a market leader and a trusted resource on fondue cooking for over a decade. In addition to traditional favorites and new twists on those classics, it offers a range of recipes that go well beyond the familiar cheese and chocolate varieties, along with dozens of dips and sauces specially designed to complement the recipes.

There are hot oil fondues such as Ginger Beef Fondue, Zesty Lime Chicken, and Tempura Vegetables, and savory broth fondues such as Mongolian Hot Pot, Honey Garlic Chicken Fondue, and Thai Pork Fondue in Lemon Grass Broth. Traditional recipes with a twist include Emmentaler Fondue with Caramelized Shallots and Cheddar Cheese and Beer Fondue, while decadent finishers include Bittersweet Chocolate Fondue and Cherries Jubilee Fondue. With more than 200 recipes, there’s a fondue for everyone.

The Fondue Bible also provides menu-planning suggestions, a guide to using and maintaining different types of fondue pots and lots of tips and tricks for fondue cooking. This updated edition offers 10 new recipes in an entire section devoted to throwing fondue parties.

Ilana Simon is a food writer, editor and author of 125 Best Fondue Recipes and 125 Best Indoor Grill Recipes. She lives in Winnipeg, Manitoba.
5-INGREDIENT AIR FRYER RECIPES
200 Delicious and Easy Meal Ideas Including Gluten-Free and Vegan
Camilla V. Saulsbury

All of the recipes in this collection require no more than five ingredients (excluding salt, pepper, water and cooking spray), and most can be fully prepared in just 15 to 20 minutes. Each recipe is unique, designed exclusively for the air fryer and downright delectable. The results are every bit as irresistible as higher-fat options — perhaps even more so. Moreover, each dish is delicious proof that a recipe needn’t rely on expensive, hard-to-find ingredients and complicated steps to be excellent.

Camilla V. Saulsbury is the author of more than 20 cookbooks and is a freelance food writer, recipe developer, cooking instructor and creator of the healthy cooking blog powerhungry.com. She’s been featured on Good Morning America, Today and the Food Network, and in The New York Times.

Robert Rose · 312 pages · 7 × 10 · Available · Rights: World
978-0-7788-0590-8  $24.95 US / $27.95 CDN paperback

175 BEST AIR FRYER RECIPES
Camilla V. Saulsbury

Air-frying food is an innovative method of cooking that is incredibly healthy because although it produces crispy and tasty results, it uses very little oil. Enjoy the taste and textures of fried foods without the calories! And although they are called air fryers, they also roast and bake, making them an ingenious and indispensable kitchen appliance.

Camilla brings her extensive recipe development skills to this cookbook and has created recipes exclusively designed and guaranteed to perform in an air fryer. There are recipes for every meal of the day and she hasn’t forgotten to devote an entire chapter to all time fried favorites.

Camilla V. Saulsbury is the author of more than 20 cookbooks and is a freelance food writer, recipe developer, cooking instructor and creator of the healthy cooking blog powerhungry.com. She’s been featured on Good Morning America, Today and the Food Network, and in The New York Times.

Robert Rose · 288 pages · 7 × 10 · Available · Rights: World English
978-0-7788-0551-9  $24.95 US / $27.95 CDN paperback

175 BEST INSTANT POT® RECIPES
For Your Programmable Electric Pressure Cooker
Marilyn Haugen

Marilyn brings her extensive and creative recipe development skills to the forefront with these deliciously convenient meal ideas which truly make the most of an Instant Pot’s capabilities. The recipes are handily categorized by appliance feature which makes meal preparation an organized and stress free event. And there are recipes for every meal of the day and occasion from hearty breakfasts to main courses fit for entertaining.

Marilyn Haugen is passionate about cooking and entertaining and has turned this passion into a successful cookbook career. She has also written the bestselling 150 Best Spiralizer Recipes.

Robert Rose · 224 pages · 7 × 10 · Available · Rights: World English
978-0-7788-0542-7  $19.95 paperback
BEST OF BRIDGE WEEKDAY SUPPERS
All-New Easy Everyday Recipes
Emily Richards, Sylvia Kong

The Best of Bridge ladies are back with another bestseller and 175 simple recipes with gourmet results for every night of the week.

Following the success of Sunday Suppers, the Bridge family continues to grow, with two new contributors joining the team to bring us innovative recipes developed in classic Bridge fashion and delivered with signature Bridge humor and wit. Best of Bridge Weekday Suppers serves up 175 recipes that are easy enough for our busy modern lives, are delicious and nourishing as always, and are perfect for sharing with family and friends.

The delectable weekday recipes include Smoky Tomato Chickpea Soup with Grilled Cheese Croutons, Shrimp and Bacon Spinach Salad, Pineapple Pulled Pork Buns, Stovetop Gnocchi and Beef Stew, Rosemary Lamb and Feta Meatballs on Lemon Garlic Potatoes, Curried Turkey Pot Pie, Thai Shrimp Cakes and Baked Mushroom and Herb Risotto. With over 4 million Best of Bridge books sold, the ladies have truly become an integral part of dinnertime for families all across North America.

The Best of Bridge family is joined by two new contributors. Emily Richards is a cookbook author, recipe developer, media spokesperson, television host, brand ambassador, food stylist and blogger. She has a passion for getting people into the kitchen to cook. She lives in Guelph, Ontario. Sylvia Kong is a food stylist, home economist and consultant at Savory Palate Consulting. She’s been featured on CTV and local media, and she loves do-it-yourself projects and cross-country skiing. She lives in Calgary, Alberta.
MAZI

Modern Greek Food
Christina Mouratoglou and Adrien Carré

“Probably the best Greek restaurant in England, Mazi is pure alchemy and poetry” — Alain Ducasse, renowned triple Michelin-starred French chef

The Greek word mazi means “together” — gathering, company, mass, combination, mixture. In the realm of food, mazi is a stimulating combination of flavorful dishes perfect for sharing.

Mazi features 115 inspired interpretations of traditional Greek food, including many dishes that happen to be gluten-free, vegetarian or vegan. The recipes are easy and quick to make and use readily available ingredients, with alternatives noted for the few specialty ingredients. The recipes include:

- **Amuse Shots (Amuse bouches)** — Watermelon and Mastiha (liqueur); Lime and Mint; and Winter Orange & Spice
- **Bread & Condiments** — Koulouria (bread rings); Ladenia (tomato-topped bread); Tiropsomo (fried cheese bread)
- **Jars (mezedes, appetizers)** — Grilled Aubergine With Soy & Thyme Honey; Fish Roe Mousse Tarama (smoked cod roe)
- **Salads & Raw** — Oysters Mojito; Figs, Warm Talagani (cheese) & Baby Leaves With Rakomelo (pomace brandy); Stir-Fried Politiki Salad (politiki meaning from Constantinople)
- **Hot Plates** — Crispy Lamb Belly With Miso Aubergines & Chickpea & Tahini Salad; Grandmama’s Meatballs With Handmade Crisps; Clam & Prawn Pilafi With Roasted Tomatoes, Lemon & Saffron
- **Signature Dishes** — Caramelized Iberico Pork Chop; Slow-cooked Lamb Shank With Vegetable Briam (ratatouille); Lobster Pasta With Metaxa (brandy) & Basil; Vegan Magiritsa (soup)
- **Desserts** — Angel Hair With Almond Custard & Caramelized Nuts; Kokolithopita (butternut filo pie); Walnut & Metaxa Oake; Easter Tsoureki; Warm Rice Pudding With Vanilla & Lemon
- **Cocktails** — Mastiha Mojito; Tzatziki Martini; Gingerouzo; Hot Méli (honey).

Mazi brings a trendy tapas vibe to 115 recipes exploding with flavor from the finest fresh ingredients. Authentic with a modern twist: Mazi is innovative Greek food at its best.

Adrien Carré and Christina Mouratoglou founded Mazi to introduce an exciting new Greek cuisine, breathing new life, color and flavor into worn stereotypes. Mazi opened its doors in Notting Hill, London, in 2012 and has been showered with praise for its fresh, innovative food ever since. It is now one of the trendiest restaurants in London.
My Moroccan Food
Nargisse Benkabbou

A native Moroccan shares 100 recipes for the vibrant and delicious dishes of her homeland.

Nargisse Benkabbou grew up in a food-oriented family that nurtured her connection with her roots and country of origin, Morocco. On her popular blog, MyMoroccanFood.com, she shares her family’s recipes and her innovative crosscultural creations.

Casablanca features 100 recipes for simple and satisfying Moroccan meals for family and entertaining. Benkabbou describes the essential elements in Moroccan cuisine and how to make them — Ras el hanout spice mix, preserved lemons, Harissa paste; scented waters, couscous, preserved lemons, Chermoula, and Moroccan tea. She also introduces the tagine and explains how to use it.

The recipes include:

- **Starters to Share** — Roasted red pepper & preserved lemon salad with butter beans; Serrouda (chickpea dip); Sweet potato & feta maakouda (potato cakes); Grandma’s broad bean & zucchini salad
- **Vegetarian Dishes** — Baghrir (pancake) with crème fraiche & chestnut mushrooms; Moroccan eggs Florentine with harissa hollandaise; Root vegetable & prune tagine
- **Meat** — Mama’s harira (soup); My grandfather’s mechoui (lamb) with yoghurt & mint sauce; Orange zest & turmeric lamb chops
- **Poultry** — Chorba beida (white chicken soup); Chicken, carrot & charred lemon tagine; Spicy chicken livers; Duck & cannellini bean casserole with caraway & dried figs
- **Seafood** — Fragrant seafood & tomato tagine; Merguez-stuffed squid in tomato sauce; Monkfish tagine with apricots, dates & fennel
- **Bread** — Wholemeal mahrash bread; Mkhamer (skillet bread); Seeded harcha (“scone”); Cumin & buttermilk cornbread
- **Sweets** — Pistachio, orange & olive oil flourless loaf cake (gluten-, dairy-free); Ktefa (filo pastry with custard); Ras el hanout carrot cake with cream cheese frosting; Jabane (nougat).

Casablanca will be eagerly welcomed by those familiar with Moroccan food and by adventurous cooks wanting to expand their culinary horizons.

Nargisse Benkabbou was born in Morocco and raised in Brussels. In addition to her popular blog, www.mymoroccanfood.com, and a growing social media profile, she is active in experimenting with new cooking techniques, recipe development, food photography, cooking classes and working as a guest chef. She has appeared, contributed to or been featured in a variety of media, including CNN. She lives in London, UK.
MOLECULAR GASTRONOMY AT HOME
Taking Culinary Physics Out of the Lab and Into Your Kitchen
Jozef Youssef

“This book embodies the ultimate crash course for the amateur chef and home cook in preparing food using modern scientific principles... For a reader seeking new and broader culinary horizons just come armed with a dash of patience and a pinch of scientific interest — the results ought to be astounding.” — Publishers Weekly

At one time revolutionary and the sole purview of dedicated expert chefs, molecular gastronomy is well established as a cuisine choice. Food aficionados who want to create it at home can now find equipment and locate the catalyst ingredients, but it’s neither a bargain method of cooking nor a quick study.

This book shows the most common methods used in molecular gastronomy adapted for the home. Clear and easy-to-follow step-by-step photographs demonstrate each technique so that cooks can practice the unique skills, handle the unusual ingredients and plate the dishes. Most beneficial to home cooks, however, is that should special equipment be unavailable, the author recommends the closest domestic equivalents.

Molecular Gastronomy at Home is an outstanding practical introduction to a fascinating and delicious cooking method. It demonstrates how with clear technical guidance, numerous illustrations, achievable recipes and a generous dose of patience, home cooks can take culinary physics out of the lab and into their home kitchen.

With the first edition of Molecular Gastronomy at Home sold out, this second edition will be available for a wider audience of cooks who like to explore and learn new skills.

Jozef Youssef is a highly acclaimed restaurant and private dining chef. He started his career working for Michelin-starred chef Hélène Darroze at the Connaught Hotel in London. He has since worked with several other renowned chefs and trained in molecular gastronomy with Heston Blumenthal. Jozef now works as a private chef in London, Dubai and Tokyo. He develops his menu concepts in his experimental kitchen called Odyssey and manages www.kitchen-theory.com.
TEA
History, Terroirs, Varieties
Kevin Gascoyne, François Marchand, Jasmin Desharnais and Hugo Américi


This widely praised bestseller has been updated to incorporate the changing tastes of tea drinkers, developments in production, the impact of climate change, and an expanded and more highly developed tea market. This third edition improves Tea with this revised and extended content plus new photographs.

TeaTime Magazine called Tea “the reference work we’ve been waiting for”, noting its value to students. Library Journal praised it as a “definitive guide to tea (that) will appeal to die-hard tea enthusiasts.” Tea House Times found it “impressive, well researched, and complete.”

Tea takes readers on an escorted tour of the world’s tea-growing countries — China, Japan, Taiwan, India, Sri Lanka, Nepal, Vietnam and East Africa — where they will discover how, like a fine wine, it is “terroir” (soil and climate) that gives a tea its unique characteristics.

The authors own the popular Camellia Sinensis Tea House in Montreal which imports teas directly from producers in these countries. Each author focuses on specific tea regions where they travel every year to work with growers and producers, discover new teas and keep abreast of developments that might, for example, remove a tea from the tea house’s menu.

The book covers black, green, white, yellow, oolong, pu’er, perfumed, aromatic and smoked teas and includes:
- An overview of the history of tea
- Tea families, varieties, cultivars and grades
- How tea is grown, harvested and processed
- The tea trade worldwide
- Profile interviews with tea industry personalities.

Special features that loyal tea drinkers will especially enjoy are:
- Local tastes and methods of preparing tea (e.g. macha)
- Tasting notes and infusion accessories
- Teapot recommendations
- Caffeine, antioxidant and biochemical properties of 35 teas
- 15 gourmet recipes using tea
- A directory of 42 select teas.

Kevin Gascoyne, François Marchand, Jasmin Desharnais and Hugo Américi are professional tea tasters and the owners of Camellia Sinensis Tea House in Montreal, Quebec.
THE WORLD ATLAS OF COFFEE

From Beans to Brewing — Coffees Explored, Explained and Enjoyed
James Hoffmann

The bestselling reference updated and expanded with seven new coffee-growing countries.

Praise for the first edition:
“Fills a gap in the popular reference literature. Recommended.”
— Booklist

“The definitive guide.... Well-written, informative, and a must-have for general readers who want to know more about their favorite morning brew.” — Publishers Weekly

“Educational, thought-provoking, and substantial. I’ve already recommended this book to (our) readers countless times.”
— Barista Magazine

The World Atlas of Coffee takes readers on a global tour of coffee-growing countries, presenting the bean in full-color photographs and concise, informative text. It covers where coffee is grown, the people who grow it and the cultures in which it is a way of life. It also covers the world of consumption — processing, grades, the consumer and the modern culture of coffee.

For this new edition, the author expanded his research travels over the last several years to include seven additional coffee-growing regions: Democratic Republic of Congo, Uganda, China, Philippines, Thailand, Haiti and Puerto Rico. These are covered in 16 additional pages. As well, all of the book’s maps have been updated to show greater detail, and all statistics and data have been updated to the most recent available.

Organized by continent and then country or region, The World Atlas of Coffee presents the world’s favorite brew in color spreads packed with information.

The coverage in The World Atlas of Coffee is wide and deep. The book is used by barista and coffee-tasting instructors in North America and overseas and has been welcomed by enthusiastic coffee drinkers everywhere. Appropriate for special and general collections alike, it is an essential selection.

James Hoffmann is a coffee expert, author and the 2007 World Barista Champion. Along with a team of experts, he operates Square Mile Coffee Roasters, a multi-award-winning coffee roasting company based in East London, UK. James travels frequently to the coffee producing countries and is a popular speaker. His website is www.jimseven.com.
SERIOUSLY GOOD FREEZER MEALS
150 Easy Recipes to Save Your Time, Money and Sanity
Karrie Truman

In Seriously Good Freezer Meals, Karrie shares 150 recipes that will change the way you think about freezer cooking. You won’t find your mother or grandmother’s freezer meals here (except lasagna, of course). Her recipes include Morning Energy Bars, Empanada Hand Pies, Coconut Cashew Basil Curry Soup, Smoky Grilled Louisiana Turkey Legs, and Layered Chocolate Mousse Cake with tons of vegetarian, gluten-free and vegan options, too. Plus, she adds a bulk-batch chart for ease in making large quantities of each freezer-meal recipe.

Karrie gives you all the tools you need to become a freezer-meal genius: information on shopping, cooking, freezing, thawing and everything in between. No more excuses: it’s time to start cooking delicious meals that will have you feeling anything but left out in the cold!

Karrie Truman is the creator of Happy Money Saver (www.happymoneysaver.com), a blog devoted to making delicious freezer meals and helping people learn ways to live life to the fullest while on a budget, which garners about 800,000 visitors per month. She has been featured in the Wall Street Journal, Huffington Post, and Seattle Magazine. Karrie lives in Eastern Washington.

THE EDGY VEG
138 Carnivore-Approved Vegan Recipes
Candice Hutchings and James Aita

Who says you have to give up your insatiable need for comfort food just because you want to eat better for yourself, animals and the planet? Enter: The Edgy Veg, the YouTube sensation (with over 250,000+ subscribers and counting) created by the hilarious Candice Hutchings and her husband James Aita who are on a journey to revolutionize vegan food as we know it.

Tired of a traditional plant-based diet that just felt frankly #sad, Candice started veganizing childhood cravings, fast food faves and food-nerd obsessions. Think more UnOrthodox Lox and Cream Cheese Bagels, Cobb Your Enthusiasm Salad, Buffalo Cauliflower Wings 7 Ways, Easy Cheesy Fondue, Chick Fillet Deluxe and Thank You Very Matcha Ice Cream than zucchini noodles, hummus, smoothie bowls and #cleaneating (fear not, there is a token kale salad.) No food is off limits and everything in the book has received their signature carnivore stamp of approval.

Candice Hutchings is the host of The Edgy Veg YouTube channel (250,000 + subscribers and counting) and blog which she co-founded with her husband James Aita. The couple live in Toronto, Ontario.
THE OYSTER COMPANION
Patrick McMurray

Praise for the author's 2007 earlier edition:
"In speed and presentation, one of North America's top talents is Patrick McMurray." —The New York Times

Consider this: France's 3,400 oyster growers produce most of the world's oysters, about 130,000 tons annually, and the French consume about 50% of those oysters between Christmas Eve and New Year's Day alone. During that same week, however, Parisian hospitals receive about 2,000 oyster-shucking-related injuries! Perhaps it's time to let an expert show you how to open them safely.

In The Oyster Companion renowned expert Patrick McMurray takes readers down the path to oyster expertise and injury-free enjoyment. Patrick knows oysters. For him it was love at first taste as a sixteen-year-old busboy in Toronto and he's never looked back, going so far that he launched three restaurants where oysters take pride of place, and he holds two Guinness World Records for oyster shucking — 38 in a minute, and 8,800 in an hour in a team of 10. In fact, he designed a bestselling oyster knife, the pistol grip Paddyshucker.

Rich in history and lore, The Oyster Companion weaves together anecdotes from the author's experience as a restaurateur and competitive shucker with practical information on everything from opening oysters with finesse to ordering hard-to-get bivalves online. Fully illustrated with gorgeous color photography, the book includes:

- History of oysters in civilization
- Detailed breakdown of the differences among 50 oyster varieties found worldwide
- Lifecycle, anatomy, ecological footprint, health benefits, and how feeding habits and locations affect taste (the “merroir”)
- Tips for growing oysters
- Growers and exporters of the world’s best oysters
- The best oyster bars from North America and Europe
- How to sample oysters and a tasting wheel to pair oysters with the proper drink
- Throwing an oyster-themed dinner party
- Tips on sourcing the freshest and best-tasting oysters in the world
- Shucker Paddy’s Oyster Opening 101: Tips on shucking and presenting
- Expert’s guide to some of the best knives and shuckers in the world and their techniques.

This is an essential selection for all cooking collections.

Patrick McMurray is a professional and world champion oyster shucker and the owner of two Toronto restaurants, Pearl Diver (formerly, Starfish Oyster Bar and Grill) and Ceili Cottage, where he shucks about 4,000 oysters a week. He regularly competes and does demonstrations around the world, is a consultant to oyster producers and restaurants in China, appears on food television shows, including Gordon Ramsay’s The F Word, and is often featured in magazines and newspapers. He lives in Toronto.
MODERN MEALS
*Ordinary Ingredients, Extraordinary Recipes*
Mike Ward

Mike Ward’s fun, clever and open-minded approach to creating extraordinary meals from everyday ingredients represents a modern way of eating. *Modern Meals* has more than 140 gorgeous recipes with inspiration from Asia, the Mediterranean and Middle East; cuisines known for being bright, bold and clean. In contrast to North America and Western Europe where meals often rely heavily on wheat (pasta and bread), dairy (cream and butter), and fatty animal products (bacon etc), almost half the dishes are meatless. Modern Meals reflects Mike Ward’s philosophy that meat doesn’t have to be at every meal — but still satiates the most hard-core carnivores. Most of the recipes are also dairy- and gluten-free.

Mike’s handwritten notes on the recipes and photographs reveal his thinking behind the recipes; tips and techniques that will truly teach the reader how to cook and not just follow along. This will grow the culinary confidence in readers and empower them to celebrate the notion that you don’t need years of training and expensive, hard-to-find ingredients to create bright, deliciously healthy, modern meals.

Mike Ward’s “no-rules” philosophy of taking flavors from anywhere and everywhere has landed him a loyal following across social and mainstream media, including regular TV appearances, a hugely successful website, a YouTube channel approaching 5 million views and his own food radio show, *Devour*, on SiriusXM. He lives in Toronto, Ontario.
DAVID WOOD
COOKING FOR FRIENDS
David Wood
photographs by Gillean Proctor

In the 30 years since David Wood first published his classic *David Wood Food Book*, he has continued his reputation as one of Canada’s great culinary artisans. Former owner of the prestigious David Wood Food Shop in Toronto, David has spent over two decades on the West Coast cultivating acclaim for his cheese-making as well as for his unique understanding of the elemental role food plays in daily life.

Fantastic recipes like Pesto-Stuffed Chicken Breasts, Risotto Milanese and Seared Salmon with Dolce Forte Sauce are more than just great meals; they help shape the character of an occasion. Sublime desserts like Raspberry and Fig Gratin, or Poached Pears with Caramel Ginger Sauce, show how fresh, everyday ingredients can be elevated with proper care and an attention to detail.

A traditionalist at heart, David Wood grew up in postwar Scotland respecting food as basic sustenance and not much else. Now a cook of wide-ranging skill with a familiarity of many complex cooking methods and taste, David continues to be influenced by the pragmatism of his early years, but with greater ambition and a refined palette. David lives in British Columbia.
BACK TO BAKING
200 Timeless Recipes to Bake, Share and Enjoy

Anna Olson

From bestselling author and celebrity chef Anna Olson, the mystery of baking is revealed with 201 recipes. Whether looking to bake a fundamental recipe like a basic shortbread cookie or brownie; or delving into a classic torte or an imaginative holiday dessert, Anna provides a reliable framework for all of your baking, with guaranteed success. With sections on baking troubleshooting or tips on accurate measuring, Anna helps novice bakers bypass any kitchen disaster and move right on to produce perfect baked goods every time.

Back to Baking is about enjoying the process of baking itself, (making those extras that can have a place in a balanced diet), in modest portions. Making something from scratch gives you control. You know what you’re making, what’s going into the dish, and how it’s being prepared. Because these delights are homemade, the recipes can suit those with food intolerances and allergies. With entire chapters on dairy-free, egg-free, gluten-free, and low-fat/low-sugar baking, this book has recipes for everyone you love.

Whether you’re a novice cook, perhaps a young person who wants to make your first batch of brownies, or a more adventurous baker who’s ready to tackle a wedding cake, this book provides fundamental formulas and guidelines, as well as sophisticated advice for any home baker. Try your hand at recipes such as:

- Chewy Molasses Cookies
- Delectable Fudge Brownies
- Two-Crust Caramel Apple Pie
- Raisin Butter Tarts
- Whole Wheat Carrot Sticky Buns
- Chocolate Layer Cake with Caramel Frosting.

Anna Olson is the host of Fresh with Anna Olson on Food Network Canada and she has hosted five seasons of the program Sugar, which airs regularly on Food Network Canada and is broadcasted internationally. Anna is the author of Another Cup of Sugar, Fresh with Anna Olson and In the Kitchen with Anna. She lives in the heart of Canada’s Niagara region.
THE BAKER IN ME
Daphna Rabinovitch

“In the market for a solid baking book that covers all the bases while introducing some novel creations? Rabinovitch’s expansive volume has got you covered... Whether they are a new baker looking for an introduction to sweet treats or a seasoned one in search of recipe inspiration, readers will find that this book is a great addition to any cook’s library. Do not flip through this on an empty stomach — the pictures alone will likely send you to the kitchen.” — Booklist

“Right off the bat, I have to start by saying that although I completed my stage at a hotel restaurant and then moved on to be a pastry chef and then an executive pastry chef, I am, at heart, a home baker.” — from the Introduction

Daphna Rabinovitch has been an enthusiastic baker from her childhood right through to a distinguished career as a pastry chef. In The Baker in Me she brings years of experience and a keen eye for details to a comprehensive guide that lets home bakers take charge of their kitchen. Science-based and technically sound, Daphna provides a warm and approachable guide to baking better than ever.

In this book Daphna provides the information on how baking processes work. Take, for example, the ever popular chocolate chip cookie. Daphna explains how to make the cookies soft, chewy, or crispy, whatever you prefer, by varying the ingredients, the way you prepare the dough and how you cook them.

With chapters for cookies, bars, cakes, chocolate, muffins and quick breads, and pastries, as well as smart guides to technique, ingredients and equipment, The Baker in Me will be a trusted, lasting resource in kitchens everywhere.

Daphna Rabinovitch has worked as a pastry chef, a personal chef, the director of the Canadian Living Test Kitchen, and the senior pastry chef at the prestigious David Wood Food Shop. She is the coauthor of two cookbooks, and a graduate of Tante Marie’s Culinary Academy and a baking apprenticeship in Tuscany. She lives in Toronto.
SMOKING MEAT
The Essential Guide to Real Barbecue
Jeff Phillips

The ultimate how-to guide for smoking all kinds of meat, poultry and fish.

From the creator of the world’s highest-ranking website on smoking meat, comes this guide to mastering the “low and slow” art of smoking meat, poultry and fish at home. Smoking Meat takes home smokers new and experienced step by step through the basic and finer points of “smokeology” — how to choose a smoker among the various models available, how to set up and modify a smoker (whether charcoal, gas or electric), which wood to use, how to build and maintain a fire, what tools, equipment and supplies to buy, and how to stock a smoking-meat pantry.

Star smoker Jeff Phillips covers every step — brining (hot and cold), injecting, marinating, mopping, using foil and pans, crisping, how to butcher meat and poultry, making sauces and rubs, including his essential “mop water”, keeping food safe at home and while traveling, and much more.

The smoking recipes for the stars of the dish — beef, pork, poultry, fish — include Smoked Chicken Quarters, Al’s 3-2-1 Asian Ribs, Pan-smoked Brisket (pulled pork), Cherry-smoked Prime Rib, Smoked Hot Wings, Smoked Whole Turkey, Cajun-smoked Frog Legs, Smoked Mahi-Mahi, Whole Trout, and Smoked Salmon, and other choices for all food tastes.

The wide range of delicious recipes includes:
• classic barbecue favorites, such as chicken, ribs and brisket
• sauces, rubs and brine that kick up flavor and tenderness
• specialty dishes, such as duck, meatloaf and fatties (rolled up ground meats and fillings wrapped in bacon)
• side dishes, such as cheesy taters, fire corn, baked beans, succotash, garlic mashed potatoes, cheese-stuffed jalapenos.

Smoking Meat truly is the essential guide to making real barbecue at home. Home cooks will discover that it is the only guide they will ever need. It has detailed guidance gained over years of experience, clear instructions and advice on equipment and methods, step-by-step directions for every recipe, and a fabulous variety of mouth-watering spicy and mild dishes to suit all tastes.

Jeff Phillips is the creator of the website www.smoking-meat.com. Born in North Carolina and raised on southern cooking, Jeff started practicing the art of smoking while still a teenager. He lives in Sapulpa, Oklahoma.
THE CHEESECAKE BIBLE
300 Sweet & Savory Recipes for Cakes and More
George Geary

The highly-anticipated upgraded edition of the definitive book on luscious, decadent cheesecake by a master chef and baker.

Beloved for over a decade, this comprehensive cheesecake resource allows its many readers to indulge in recipes that range from traditional and chocolate to fruity and savory. Now, The Cheesecake Bible is back and better than ever with 90 new recipes to satisfy people who eat a gluten-free diet and to answer the recent cultural appetite for more savory cheesecakes.

Iconic recipes include Deep Dark Chocolate Fudge Cheesecake and White Chocolate Velvet Cheesecake with Port Wine Berry Compote. Then there are the more savory options, such as Black Olive and Herb Cheesecake and Blue Cheese Cheesecake with Pecans. Other offerings include nut, citrus, no-bake, vegan, fruit, chocolate, cheese and holiday cheesecakes, as well as cheesecake bars, small cheesecakes, toppings and sauces. With more than 300 recipes, there’s a cheesecake for everyone.

The book features extensive how-to instructions, along with sections on equipment, basic tips and techniques for perfect cheesecakes, a list of common ingredients and frequently asked questions from the author’s baking classes. It is the ideal guide for beginners and seasoned bakers alike, ensuring that they make the very best cheesecakes.

George Geary teaches baking and cooking techniques at more than 100 cooking schools across North America every year. He is a food journalist and the author of five cookbooks.
BALL® COMPLETE BOOK OF HOME PRESERVING

400 Delicious and Creative Recipes for Today
Edited by Judi Kingry and Lauren Devine

From the experts, the bible in home preserving.

Ball® makes 99% of the preserving jars sold every year. Ball® is the trusted name in home preserving. Home canning puts the pleasure of eating natural, delicious produce at your fingertips year-round. Preserving food is as modern and practical as the latest food trend, and it’s really quite simple!

Enjoy the rewards of numerous homemade meals and snacks, created from just one preserving season. The book includes comprehensive directions on safe canning and preserving methods plus lists of required equipment and utensils. Specific instructions for first-timers and handy tips for the experienced make the Ball® Complete Book of Home Preserving a valuable addition to any kitchen library.

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THE COMPLETE BOOK OF SMALL-BATCH PRESERVING
Over 300 Delicious Recipes to Use Year-Round
Ellie Topp and Margaret Howard

The easiest and safest methods for making delectable preserves in small batches—all year long.

It's no surprise that *The Complete Book of Small-Batch Preserving* has sold more than 300,000 copies. Consumers want healthy, homemade foods and this book takes the guesswork out of home preserving. It provides the easiest and safest methods for making preserves in small batches—all year long—so that beginners and pros can make the most of fresh seasonal fruits and vegetables.

With delectable and innovative recipes plus professional tips, *The Complete Book of Small-Batch Preserving* is the ideal guide for anyone who craves homemade preserves but doesn't want to spend all day in the kitchen.
THE ULTIMATE STUDENT COOKBOOK
From Chicken to Chili
Tiffany Goodall

More than 100 easy recipes for terrific food on a student’s budget.

Written by a chef who lived away from home on a limited budget while she was a culinary arts student, The Ultimate Student Cookbook enables college and university students to enjoy fresh and healthy food every day.

Recipes range from pizza, roast chicken and macaroni and cheese to curries, fajitas and risottos.

Easy to use, encouraging to readers and packed with delicious ideas, this book is a godsend to students living away from home — and to parents with visions of scurvy.

Tiffany Goodall is a graduate of the Ballymaloe Cookery School in Ireland. She has combined being a professional chef with writing and personal appearances on CNN, the BBC and at numerous food shows. She lives in London, England.

Clueless in the Kitchen, 3rd Edition
Cooking for Beginners
Evelyn Raab

Clueless in the Kitchen is designed for beginners — and other time-challenged cooks — who love good food, cooked from scratch, and have very little time for cooking. Clueless in the Kitchen gives the straightforward instructions needed to put together healthful meals and snacks (without obsessing). There is lots of information on preparing meals for a household, even if it includes vegetarians or young parents with picky eaters. Included are survival tips and useful cooking advice for everyone, including knife skills every cook needs to know.

Now illustrated with 175 color photographs, this revised and updated edition guides the inexperienced cook through a whole new kitchen experience. Every recipe is presented and tested to ensure that it is easy to make in the least amount of time possible.

Whether a beginner or short on time, or looking to spruce up an everyday cooking repertoire, Clueless in the Kitchen is the best possible guide to healthy home cooking.

Evelyn Raab’s popular “Cooking With Kids” column appeared for more than 20 years in Today’s Parent magazine.
THE TRADITIONAL NEWFOUNDLAND KITCHEN
Roger Pickavance

Partridgeberry pies, pork buns, turrs, watered fish, damper bread, and pan-fried cod tongues. These traditional Newfoundland dishes have survived, despite the influx of modern trends and techniques and a great array of imported products. This must-have cookbook is a window into Newfoundland's heritage, when self-sufficiency and eating locally was a way of life. With a remarkable collection of more than 300 recipes, this collection also includes sections on food preservation and preparation techniques.

When Roger Pickavance arrived in Newfoundland from Wales in the 1960s, he was fascinated by foods he had never heard of before. These traditional Newfoundland dishes sparked Roger's life-long habit of poking his nose into kitchens across the island, asking questions and taking notes. Pickavance spoke to hundreds and hundreds of Newfoundland cooks, particularly those who grew up before World War II. The result of these ad hoc interviews is an engrossing collection of gathered memories, coupled with over 300 recipes, well illustrated.

Roger Pickavance is a retired professor of Science at Memorial University.

VINES & VINTAGES
A Taste of British Columbia's Wine History
Luke Whittall

The story of wine in British Columbia is full of ups and downs, a few trials, many errors, bizarre paradoxes, and a good dose of pure hard-headed determination. Vines & Vintages offers a taste of that rich story as veteran British Columbia wine educator and blogger Luke Whittall delves into the history, politics, and character of this complex industry. How and why did the wine industry evolve in British Columbia? Does it exist beyond the Okanagan? What can you expect when you visit the province's wine country? How does British Columbia wine stack up against wine in the rest of Canada and the World? Where is the industry headed? Whether you are an industry insider, a businessperson, an aspiring winery owner, or simply a wine lover, this well-told and often outlandish history is for you.

Luke Whittall hails from the Eastern Townships of Quebec but has called BC home since 2000. He has worked in British Columbia's wine industry since 2005 and lived in the Okanagan Valley since 2007. He produced a podcast and blog called “Wine Country BC” beginning in 2009 and has contributed articles to various publications and websites ever since.
RECIPE FOR VICTORY
Meals During Wartime (1914-1918)
Elizabeth Baird and Bridget Wranich

Elizabeth Baird and Bridget Wranich have created an absorbing history of wartime meals, both in the military — on the front, in the trenches, and at the command posts — and at home. Lavishly illustrated, and accompanied by over 70 recipes, the text explores a wide range of topics, including the Ontario Farm Service Corps (and the Farmerettes); the creation of Butter Tarts; Cookbooks of World War One; Food Manufacturing; Booze; Food propaganda; Women’s Institutes; Food labelling; and Government regulation.

Research & testing by the Volunteer Cooks at Fort York.

Elizabeth Baird has been shaping Canada’s culinary landscape for more than three decades. Author of many, many popular cookbooks, she was Food Editor for Canadian Living for over twenty years.

Bridget Wranich is a culinary historian and an expert on late 18th– and 19th–century cooking in Upper Canada. She is co-founder of the Culinary Historians of Canada.

THE ACADIAN KITCHEN
Recipes From Then and Now
Alain Bossé

A detailed culinary history supplemented with sidebars, historical timelines, glossaries and over 120 extraordinary recipes.

The Acadians were French-speaking residents of New Brunswick and Nova Scotia, forced to migrate to Louisiana after the 1763 British conquest of French Canada.

Celebrating the evolution of Acadian cooking from its 17th century roots to the Cajun and French Canadian dishes it’s known for today, The Acadian Kitchen is a landmark guide to Acadian and Cajun history, culture and the time-honored foods that define this one-of-a-kind heritage. Influenced by the cultural exchange of historic French, Creole, Indigenous and maritime ideas, Acadian cuisine is defined less by technique than by the desire to take simple, local ingredients and turn them into something delicious.

Includes chapters on chowders, pies, preserves, and classic desserts. From the aroma of rappie pies baking in the oven, rich fragrant broth bubbling on the stovetop for the evening’s fricot and buckwheat pancakes frying in a cast-iron skillet — these are the tastes and smells of traditional Acadian cooking.

Alain Bossé is the president of Alain Bosse Consulting Ltd, food editor for Saltscapes Magazine, past president of Taste of Nova Scotia and ambassador of all things culinary in Atlantic Canada.
WHEN A CHILD HAS DIABETES
Denis Daneman, Shaun Barrett, Jennifer Harrington

Updated edition of one of the most highly respected resources on juvenile diabetes, from the Diabetes Team at the world-renowned Hospital for Sick Children.

For the parents and caregivers of over 15,000 children diagnosed with diabetes every year, the key to successful diabetes management is to learn as much as possible about juvenile diabetes. Armed with this knowledge, they will be able to improve quality of life for both their children and themselves.

This new edition offers the latest medical expertise, based on current research and standards for diagnosis, and features an even more user-friendly format, case studies, charts and Q&A sections. A must-have for anyone caring for a child with diabetes, When a Child Has Diabetes covers the causes of diabetes, current and evolving treatments, blood glucose management, meal planning, associated conditions, strategies for adjustment and much more. With its friendly, approachable style, this comprehensive and supportive guide will help parents and children learn the hands-on skills needed for at-home diabetes care so they can all live happy, healthy lives.

Denis Daneman, MBBCh, FRCPC, is Professor and Chair Emeritus at the Department of Paediatrics, University of Toronto, and Paediatrician-in-Chief Emeritus at SickKids. He has been involved in diabetes care and research for over 40 years. Shaun Barrett, RN, MN, CDE, is a Clinical Nurse Specialist at SickKids. Jennifer Harrington, MD, PhD, FRCP, is an Assistant Professor of Paediatrics at the University of Toronto and a Staff Paediatric Endocrinologist at SickKids.
MEET YOUR BACTERIA
The Hidden Communities that Live In Your Gut & Other Organs
Nicola Temple and Catherine Whitlock

A fascinating examination of the three pounds of bacteria living in a typical human being.

We are a society obsessed with cleanliness — but is this a healthy obsession? Do we use antibacterial products correctly? Should my child wash her hands after playing in the park? Why does my doctor insist that I finish the bottle of antibiotics even though I feel better? What is Lactobacillus? And superbugs?

The human body plays host to trillions of bugs — living microorganisms too tiny to see — including our own personal, unique set of bacteria. We’re only just beginning to understand the important role these bacteria play in human health.

This highly topical and accessible book covers bacteria from all angles and includes:

• The different bacteria that live on and in various parts of your body (not just in the gut)
• What these bacteria do, and why some are beneficial and some harmful
• Practical advice for promoting the good and inhibiting the bad bacteria
• The latest thinking on “clean” environments and the links between bacteria and disease
• Bacteria in pregnancy and birth and how children’s bacteria set them up for life
• The causes of an unhealthy gut, including travel, eating a different diet, prolonged stress, intestinal parasites and improper use or overuse of antibiotics
• The current research, including fecal transplantation from a healthy person’s gut flora to that of an unhealthy gut
• The difference between prebiotics and probiotics and their health benefits, and much more.

Advertisers insist that bacteria are bad. Are they? Meet Your Bacteria has the answers.

Nicola Temple worked as a conservation biologist before becoming a full-time writer specializing in science and the environment. She has an MSc in Biological Sciences and lives in Bristol, England.

Catherine Whitlock is a science writer with a BSc in Biological Sciences and a PhD in Immunology. She writes on science, medicine and nature and is based in Kent, England.
CROHN’S & COLITIS
Understanding & Managing IBD
Dr. A. Hillary Steinhart, MD, MSc, FRCP(C)

A newly updated edition from one of the most respected and authoritative experts on Crohn’s and colitis.

For anyone who suffers from Crohn’s disease or ulcerative colitis, an understanding of inflammatory bowel disease is the key to developing effective management strategies. Crohn’s & Colitis aims to help patients deepen their knowledge about their disease, and it has been recognized by practitioners and patients alike for its invaluable information and its supportive and easy-to-follow approach. It has long been a market leader, with over 30,000 copies sold.

This new edition is poised to continue the trend. It features updated content based on the most current research and standards for diagnosis and treatment, along with information on genetics-based drugs and naturopathic treatments. It is a valuable tool for improving quality of life for anyone diagnosed with inflammatory bowel disease.

Crohn’s & Colitis also includes information on underlying causes, clinical features and effective treatments. With informative charts, case studies, “Did You Know?” boxes and answers to frequently asked questions, this book truly aims to help patients improve their health and well-being in a way that is friendly and accessible.

Dr. A. Hillary Steinhart, MD, MSc, FRCP(C) is Head of the Combined Division of Gastroenterology for Mount Sinai Hospital and the University Health Network in Toronto. He is also an Associate Professor in the Department of Medicine at the University of Toronto. His research interests are in the areas of clinical trials, outcomes assessments, and the genetics of inflammatory bowel diseases.

By the same author:

Crohn’s & Colitis Diet Guide
2nd Edition
A. Hillary Steinhart and Julie Cepo
978-0-7788-0478-9
paperback $24.95
THE BRAIN BOOK
Development, Function, Disorder, Health
Ken Ashwell
foreword by Richard Restak

“There is something almost magical about a beautiful, colorful, well-illustrated book... There is hardly a single page without a full color photograph or illustration. The topics covered are wide-ranging... It is definitely a useful special topic book in upper middle school and high school.” — National Science Teachers Association Recommends, on the first edition

The Brain Book is a fascinating exploration of the most complex organ in the human body. Composed of billions of nerve cells, the brain controls our thoughts, movements, behavior and emotions and much more. This comprehensive, approachable and richly illustrated book explores such diverse topics as how we sense the world, consciousness and memory, disease and disorder, the aging brain, and spinal injury repair. Research moves fast in science and much has been learned since the book was first published in 2012.

The new information and updated coverage includes:

• genetic control of brain development
• genetic control of language
• spinal cord injury
• drugs of abuse
• stem cell therapy to treat brain disease
• Williams syndrome.

Hundreds of color images, including stunning 3D illustrations and scans, reveal the intricate workings of the brain and show the incredible details beyond what the eye can usually see.

Clearly written in an accessible tone, The Brain Book demystifies the fascinating and complex workings of the brain. It is a one-stop reference for understanding the brain and an essential selection for all schools and libraries.

Ken Ashwell, BMedSc, MB, BS, PhD, is Professor of Anatomy in the School of Medical Sciences, Faculty of Medicine, at the University of New South Wales, Sydney, Australia. He was also the Chief Consultant for Anatomica.

Richard Restak, M.D., is Clinical Professor of Neurology at George Washington University School of Medicine and Health Sciences in Washington, D.C. He is a recipient of the Chicago Neurosurgical Center’s “Decade of the Brain Award” and a New York Times bestselling author.
BABY-LED WEANING
The (Not-So) Revolutionary Way to Start Solids and Make a Happy Eater
Teresa Pitman
foreword by Dr. Jack Newman, MD

Put down the spoon and forget the purées — baby-led weaning is the easy, natural way for your baby to start solid foods. Around 6 months, most babies are developmentally ready to self-feed. The philosophy behind baby-led weaning is to offer your baby healthy finger foods and let her determine how much or how little she wants to eat. The baby-led method has been proven to:

- Encourage healthy eating habits
- Discourage pickiness
- Help children learn to listen to their bodies
- Build confident eaters.

Author Teresa Pitman, a leading parenting authority and mother of four, has put together all you need to know about the baby-led method in an informative, visually appealing package. Baby-Led Weaning features at-a-glance nutrition and food tips as well as specific chapters on special diets and allergies. Parents around the world are turning to the baby-led method, and Baby-Led Weaning is a uniquely authoritative and lively volume on this growing phenomenon.

Teresa Pitman has been writing about parenting for more than 30 years. She was the “Steps and Stages” columnist for Today’s Parent and has written for many other publications, including Mothering, Chatelaine, Canadian Living and more. She has authored and co-authored several books, including Dr. Jack Newman’s Guide to Breastfeeding and The Womanly Art of Breastfeeding. Between 2007 and 2010, Teresa was Executive Director of La Leche League Canada, an organization that supports breastfeeding parents.
SOCCER SKILLS
FOR YOUNG PLAYERS
Ted Buxton
foreword by Gordon Jago

Making the most of preparation and practice time with this comprehensive skills guide.

“Both men and women are shown executing the various skills throughout the book. This clearly written title will appeal most to readers who have been enjoying this sport for a few seasons.” — School Library Journal

Soccer has exploded in North America with successful franchises in Canada and the U.S. and starry-eyed supporters dreaming of the World Cup. Games sell out, fans pack stadiums, cities celebrate victories and mourn losses. There is a new generation of celebrity players and a new generation of their fans have followed them onto the field.

This fully illustrated step-by-step guide is for them. It covers all aspects of soccer, from historical background and soccer jargon to basic ball control and defensive and offensive strategies.

Fully illustrated with step-by-step sequences for optimum performance, it covers all aspects of the sport: historical background, soccer jargon, and basic defensive and offensive strategies. The book is suitable for players just starting out and for the more experienced player looking to fix a persistent problem or improve a specific skill.

With dozens of color photographs, Soccer Skills for Young Players features:

- Ball control
- Passing skills
- Running with the ball
- Free kicks, corner kicks, “bending the ball”
- Hitting the back of the net
- Controlling the ball on the head
- Shadowing and tackling
- Goal-keeping
- Pre-match preparation and off-season conditioning
- Pre- and post-game nutrition tips.

Training drills used by soccer’s top professionals are combined with sequential photographs and detailed explanations. At-a-glance tips help players solve problems and polish their techniques.

From the necessary skills to strategic tips for winning, Soccer Skills for Young Players is essential for players and coaches of the world’s most popular sport.

Ted Buxton, a soccer coach with 30 years of experience, spent three years coaching the Tampa Bay Rowdies, who twice won their division in the North American Soccer League. As the manager of China’s national soccer team he took the team to the Asian Cup Final. He lives in England.
THE BASEBALL GAME I’LL NEVER FORGET
Fifty Major Leaguers Recall Their Finest Moments
edited by Steve Milton

From the pages of Baseball Digest
Fifty of baseball’s best recount their most memorable game.

With careers that often span decades, and with more than 160 games in each season, baseball players have a lot to consider when choosing the one game that stands out — but there is always at least one that leaps to mind for the “boys of summer”.

Combed from the vast archives of Baseball Digest, America’s longest-running baseball publication, Steve Milton selects 50 such stories from the magazine’s celebrated feature, “The Game I’ll Never Forget.”

From the expressive Yogi Berra, who chose to recount a few of his best and worst moments, to hitting genius Stan Musial’s “march to 3000”, Milton chooses players from the 1950s through to modern day. They include:

• Blue Jays outfielder Joe Carter recalls his 1993 walkoff World Series-winning homerun against the Philadelphia Phillies
• Former American League star Rod Carew recalls his best season, in 1977, when he finished with a .388 batting mark
• Brewers star Robin Yount recalls how his hitting helped Milwaukee beat the Orioles for the 1982 East Division title
• Rickey Henderson remembers when he broke the all-time stolen base mark
• Pitching great Sandy Koufax recalls his perfect game against the Chicago Cubs on September 9, 1965
• Roger Clemens, the great Red Sox pitcher, remembers throwing a record when he struck out 20 Mariners in a 1986 match-up.

But it is Mike Piazza’s memory that may stand out most. He recalls playing an “emotionally excruciating” game at Shea Stadium just a couple of days after the 9/11 attack. Like all New Yorkers those were days he never forgot. For Piazza, he would come to learn over the years that followed how deep and profound an impact that game had on the rest of his life.

The Baseball Game I’ll Never Forget includes much of what makes baseball a timeless sport: readers will learn about nail-biting victories, home runs, perfect games and career milestones. Mistakes made, chances lost, fear of failure, all salt the stories told by these heroes of the diamond.

The Baseball Game I’ll Never Forget is a unique account of some incredible games and the players who played them.

Steve Milton is an award-winning sports journalist who has written dozens of books, from hockey to auto racing to figure skating. He is also the author of Hockey Hall of Fame Book of Jerseys and Toughest I Ever Faced: Hockey Hall of Fame Players Remember Rivals, Teammates and Heroes.
FOOTBALL STADIUMS
A Guide to Professional and Top College Stadiums
Lew Freedman

“Freedman’s book is distinctive owing to its treatment of pro venues... Many of the color photographs are generously laid out. A nice compendium that conveniently brings together some arcane facts and particulars, this cross between a reference book and a pictorial work will appeal to hard-core football fans.”
—Library Journal

Fully updated to include the recent changes to NFL home stadiums, Football Stadiums tells the stories of 140 great stadiums standing across the United States that have hosted pro football or college football play. These are the home fields of NFL franchises and college teams and as such are a source of endless fascination, research and discussion. They carry vivid memories of victories and losses, and remind spectators of their home town or college life. To loyal fans, they are hallowed ground and the even the destination of pilgrimages.

The new stadiums included are:
• Atlanta Falcons have left the Georgia Dome for the new Mercedes-Benz Stadium, opened 2017
• Minnesota Vikings have left Hubert H. Humphrey Metrodome for the new U.S. Bank Stadium, opened 2016
• Los Angeles Rams were at the Edward Jones Dome in St. Louis, temporarily, and have moved, again temporarily, to the Los Angeles Memorial Coliseum, while their new stadium is under construction
• San Francisco 49ers, no longer at the storied Candlestick Park, are at Levi’s Stadium, Santa Clara
• San Diego Chargers have left Qualcomm Stadium for temporary quarters in L.A.’s StubHub Center while the new stadium is under construction.

Americans love football. Lambeau Field, home of the Green Bay Packers, has been called “a shrine to pro football.” It takes just over 73,000 fans to fill its seats yet more than 81,000 names are on the season-ticket waiting list. The average wait time is 30 years. Lambeau is just one of America’s many stadiums that embody the spirit of the game. Football Stadiums is a loving tribute to the sport’s greatest shrines.

Lew Freedman is an author and sports editor for The Republic in Columbus, Indiana, where he lives. He has been sports editor with the Chicago Tribune, where he covered the Bears, and has worked for the Philadelphia Inquirer and Anchorage Daily News. His books include Chicago Bears Stadium Tales.
Profiles of the very best NBA players and a definitive history of the game.

The spectacular success of the NBA is based on its stars, their performances and personalities, which excite fans game after game, championship after championship. Michael Grange has profiled 50 of the greatest and most electrifying players in the league’s history in this newly updated edition of *Basketball’s Greatest Stars*.

They’re all here: the score-at-will centers, the quick-dishing guards, the take-it-to-the-hoop power forwards and the three-point shooters. The book also features a chapter on future greats who are starting on the NBA hardwood now. Grange’s insightful essays cover the leading men and defining moments that have shaped the sport, the international game, the rise of the three-point shot and the changing nature and importance of statistical analysis. As an added bonus there are profiles of all 30 NBA franchises — the organizations that have orchestrated the league’s rise to greatness.

Some of the current NBA stars featured in this fourth edition are:
- DeMarcus Cousins
- Stephen Curry
- Anthony Davis
- Kevin Durant
- Paul George
- James Harden
- Kyrie Irving
- LeBron James
- Kristaps Porzingis
- Russell Westbrook

Some of the NBA stars of yesteryear are:
- Kareem Abdul-Jabbar
- Charles Barkley
- Larry Bird
- Wilt Chamberlain
- Walt Frazier
- Magic Johnson
- Michael Jordan
- Karl Malone
- Shaquille O’Neal
- Bill Russell.

Jam-packed with terrific photographs that celebrate each superstar and capture the excitement on the court, *Basketball’s Greatest Stars* is a superb book for every fan.

Michael Grange is a sports reporter and on-air personality for Sportsnet, as well as an award-winning magazine writer who has written for the *New York Times* and ESPN.

*Of related interest:*

2nd Edition
*Basketball Now!*
978-1-77085-925-8
paperback $24.95
HOCKEY HALL OF FAME BOOK OF PLAYERS
edited by Steve Cameron

“A must-have for hockey lovers.” — Library Journal

Profiles, stories, artifacts and archival images of every player in the Hockey Hall of Fame.

The greatest individual honor that can be bestowed upon a professional hockey player is to be inducted into the Hockey Hall of Fame. Hockey Hall of Fame Book of Players celebrates each and every one of the 276 players who have been so honored since the Hall of Fame’s first class in 1945.

Here are just a few of the Hockey Hall of Fame’s most famous inductees:

- Wayne Gretzky
- Gordie Howe
- Bobby Orr
- Maurice Richard
- Guy Lafleur
- Patrick Roy
- Tim Horton
- Johnny Bower
- Ken Dryden.

Hockey Hall of Fame Book of Players also features artifacts and memorabilia from the Hockey Hall of Fame’s extensive archive, including Wayne Gretzky’s record setting 802nd goal puck, Jacques Plante’s game-changing mask, and Mario Lemieux’s 1987 Canada Cup jersey.

Complete with more than 450 photos and full of artifacts, stats, facts, quotes and other interesting stories and snapshots from each star’s career — Hockey Hall of Fame Book of Players is the definitive book on the stars who have been awarded hockey’s most prestigious honor.

Steve Cameron is an editor, hockey player and fan who has collaborated with the Hockey Hall of Fame to create more than a dozen titles, including Hockey Hall of Fame Book of Goalies, Hockey Hall of Fame Unstoppable and The Toughest I Ever Faced. He lives in Toronto, Ontario with his wife and daughter.

The Hockey Hall of Fame and Museum in Toronto, Ontario, honors and preserves the history of ice hockey and those who have made outstanding contributions and achievements in the development of the game.
STANLEY CUP  
The Complete History
Eric Zweig
AN OFFICIAL HOCKEY HALL OF FAME BOOK

The definitive book on the history of the Stanley Cup and the championship teams that have won it.

Between the 1892–93 Amateur Hockey Association season and the 2017–18 NHL season, the Stanley Cup has been awarded 146 times in 126 seasons to 30 different franchises.

In *Stanley Cup*, Eric Zweig details every single championship, including rosters, stats, and stories from the seasons and the playoffs.

Over 200 photographs and incredibly unique statistical tables round out the season-by-season championship breakdown. Find answers for such questions as:

- How many Stanley Cup finals were decided in Game 7?
- How many Stanley Cup finals were decided in overtime?
- Who has scored a Stanley Cup–winning goal and then went on to win a Cup as a coach?
- How many players have won the Stanley Cup with three or more teams?
- Who had the longest career without winning the Stanley Cup?
- What are the most goals by one team in a Stanley Cup final game?
- and many more.

Chart the course of hockey history and revisit the dynasties and Cinderella stories of each and every decade. From Bobby Baun’s overtime winner on a broken leg to stave off elimination in the 1964 Stanley Cup final to Brett Hull’s infamous “no goal” in Buffalo to seal the 1999 final, *Stanley Cup* is full of magic moments and incredible achievements.

*Eric Zweig* is an author and sports journalist. He has written numerous books, and regularly contributes to the *Toronto Star*, the *Globe and Mail* and the *New York Times*. He is a managing editor with Dan Diamond and Associates, publishers of the *NHL Official Guide & Record Book*.

*The Hockey Hall of Fame and Museum* in Toronto, Ontario, honors and preserves the history of ice hockey and those who have made outstanding contributions and achievements in the development of the game.

*Of related interest:*

**2nd Edition**

*Hockey Hall of Fame Book of Trivia*
Don Weekes
978-1-77085-964-8
sewn paperback $19.95
COMPLETE GUIDE TO WINTER CAMPING
Kevin Callan, The Happy Camper

“Skillfully covers the basics of winter camping and showcases tips and tales from some of North America’s most accomplished winter campers. Check it out if you’re planning a trip and want to learn from the best.” — Sierra Magazine

*Complete Guide to Winter Camping* is the only book on the market that will educate readers on both hot tenting and cold tenting. Cold tenting — without a heat source — has been long considered the only way to winter camp. But Kevin Callan says that “hot tenting”, or camping with a small stove in the tent, is a safe and fun way to camp in the winter elements. You’re careful — and you’re warm!

*Complete Guide to Winter Camping* covers nearly every aspect of snow and ice fun and safety. Advice on setting up shelter to choosing a sleep system and warm clothing, gives readers the knowledge to outfit themselves properly to enjoy winter. And with chapters on how to track animals, check ice thickness, operate a snowmobile and catch a fish while ice fishing, the Happy Camper ensures you’ll have a good time once you’re all bundled up!

**Kevin Callan** is the author of numerous books on enjoying the great outdoors, including the bestselling *A Paddler’s Guide* series and *The Happy Camper*.

THE NEW TRAILSIDE COOKBOOK
100 Delicious Recipes for the Camp Chef
Kevin Callan and Margaret Howard

*The New Trailside Cookbook* is the result of a unique partnership between canoe enthusiast Kevin Callan and food and nutrition consultant Margaret Howard. With Margaret creating delicious, healthy recipes for the camp kitchen and Kevin providing the how-to information, it is a perfect match — like having Red Green and Julia Child outside with you. Say goodbye to bland, canned meals and hello to satisfying, fireside dishes. This comprehensive book covers everything from making great camp coffee to variations of GORP (Good Old Raisins and Peanuts), from foraging for wild edibles to mastering meals after the ice melts to living off the land. Hikers, kayakers, day-trippers, wilderness and interior campers alike will find options and advice in this handy, pocket-sized guide.

Kevin’s wilderness skills and Margaret’s culinary experience combine in this book to please outdoor enthusiasts of all ages, levels and outdoor locations.

**Margaret Howard** is a registered dietitian, and a food and nutrition consultant. She is the author of *The Complete Book of Small-Batch Preserving and All Fired Up: Outdoor and Indoor Grilling.*
ED STAFFORD’S ULTIMATE ADVENTURE GUIDE
The Bucket List for the Brave
Ed Stafford

An inspirational and practical book for experiencing the wild wonder of our amazing planet.

There are bucket lists featuring comfort and indulgence, like staying at the George V in Paris or eating at Eleven Madison Park in New York. There are “if I ever...” bucket lists, like being an extra in a movie or learning to sing. And then there are bucket lists for the brave, the daring and the dreamers who want to check off as many challenging adventures as they can. They want every minute of life to count.

Ed Stafford’s Ultimate Adventure Guide is for them. It presents Ed's hand-picked selection of exciting challenges for those who don’t mind a bit of discomfort. Life’s great adventures are theirs for the taking.

There are 125 adventures among the following challenge categories:

- **Frozen Water** Dive under, swim through and walk over frozen water.
- **With a Paddle** Canoe/kayak remote land and seascapes, the open sea and rugged coastlines.
- **White Wilderness** Tackle vast wild places or strike out for a specific target, such as a Pole.
- **Heavenly Pursuits** Retreat into the world of monks; make one of the world’s great pilgrimages.
- **Drop Zone** Survive nerve-shredding parasailing, extreme skydiving and top of the world heli-skiing.
- **Bicycle vs Mountain** Ride the Tour de France's iconic routes.
- **Island Survival** Endure complete isolation on an island for a life-changing experience.
- **Outrageous Marathons** Test body and mind with a long-distance ultra-running challenge.
- **Head for the Heights** Get high with these vertical climbing challenges.
- **Safari by Foot** Walking safaris around the world.
- **Hell or Whitewater** Nature in its rawest form: whitewater rafting adventures set your pulse racing.
- **Last Chance to See** See the animals we are driving to extinction, and help them too.
- **From Source to Sea** Walk the entire length of a river.

Stunning photography inspires, sketch maps show the way, and Ed’s commentary throughout motivates the brave to set out on a life-changing adventure.

In 2010, Ed Stafford walked into the Guinness Book of Records as the first man to walk the length of the Amazon River — 4,345 miles (7,000 kms) — and was named European Adventurer of 2011. Ed’s previous book, Walking the Amazon, has been translated into several languages. Today Ed is a motivational speaker, writer and author while he films his fourth series for Discovery Channel. He lives in the U.K. He can be found at www.edstafford.org.
Updated to include two years of changes in the World Heritage Sites list.

WORLD HERITAGE SITES
A Complete Guide to 1,073 UNESCO World Heritage Sites

World Heritage Sites are designated by UNESCO which judges them under strict criteria with a view to the aim that they reflect the world's cultural and natural diversity and are of outstanding universal value. Sites that no longer meet these criteria are delisted. There are currently 1,073 World Heritage Sites.

Review of previous edition:
Best Reference 2009. “The beauty of this book is in both the lavish photographs and the accessibility of information... An excellent (and affordable) addition to any library.” — Library Journal

This eighth edition contains all 1,073 World Heritage Sites in 168 countries, principalities and island states in Africa, Asia, Australia, Europe, North America, the Arab States, Latin America, the Caribbean and the world’s oceans. Forty-two are new to this edition.

New additions made since 2015 include:
• Architectural Work of Le Corbusier in seven countries
• Mistaken Point, Canada
• Antequera Dolmens Site, Spain
• Antiqua Naval Dockyard and Related Archaeological Sites, Antigua and Barbuda
• Lut Desert, Iran
• Asmara: A Modernist City of Africa, Eritrea
• Caves and Ice Age Art in the Swabian Jura, Germany
• Hebron/Al-Khalil Old Town, Palestine
• Kujataa Greenland: Norse and Inuit Farming at the Edge of the Ice Cap
• The English Lake District, Great Britain and Northern Island
• Los Alreques National Park, Argentina
• Landscapes of Dauria, Mongolia
• MTarnowskie Góry Lead-Silver-Zinc Mine, Poland... and many more.

World Heritage Sites attracts a general readership of travelers and those with an interest in natural or cultural history, geography, architecture, heritage preservation, and wildlife habitats and conservation. At a time when knowledge of global history, culture and natural heritage has never been more urgent, it is a timely addition to all bookshelves.

Founded in 1945, the United Nations Educational, Scientific and Cultural Organization (UNESCO) has the ambitious goal to build peace in the minds of men and women through education, social and natural science, culture and communication. It is based in Paris, France.
Three pocket-sized origami books each with 500 pages and basic folding instructions.

Each of these books features 250 double-sided origami papers decorated with original designs and patterns by Mayumi Jezewski. Sixteen pages of basic folding instructions are illustrated and explained with arrows and clear lines — perfect for beginners.

The Guardian newspaper called origami “2016’s craft trend” and reported that sales of origami books have surged as customers look for alternatives to the popular coloring books. Like coloring, origami presents children and adults with a creative meditative challenge away from the screen.

Origami has no age barrier and benefits everyone, from children to the elderly. Studies show that origami activates the whole brain. It develops eye-hand coordination, sequencing skills, attention skills, temporal spatial skills, mathematical reasoning, language skills and patience. It also promotes hand and finger dexterity.

Here are three colorful stocking stuffer-sized books ideal for the holidays.

Mayumi Jezewski is the author of numerous origami books published in France. Recent translations include Origami Jewelry. She lives in Paris.
NEW TITLE IN THE SERIES

5-MINUTE WATERCOLOR
Super-quick Techniques for Amazing Watercolor Drawings
Samantha Nielsen

A comprehensive guide to quick sketching in watercolor and a new addition to a successful series.

Praise for 5-Minute Sketching — Architecture:
★ “The techniques and supplies chapters highlight ways to work minimally and shave time from the process, which can be especially helpful when drawing outdoors. Either on its own or as a companion to its series mate, this guide will be a boon to readers who want to engage creatively with their urban environments.” — Library Journal (starred review)

Like the other titles in the series, 5-Minute Watercolor features 60 exercises for new and aspiring artists. This bite-sized approach will help readers to make watercolor painting a part of their everyday lives. Every spread in the book features five expert tips and ideas, as well as examples of amazing 5-minute watercolor sketches to inspire readers.

There are four sections:
• Tools — Tools (the basics); tools (optional extras); paints; papers; palettes; brushes; other ways of applying paint; board; pencils; supplies to do even more; setting up the palette; mixing colors; caring for your tools.
• Techniques — Introducing techniques; washes; wet on wet; dry brush; splatter, blooming and bleeding; pulling in color; tape; masking fluid; lifting, layering and glazing (parts I and II); paper and gravity; warm and cool colors; brush control; light to dark, scumbling.
• Implementing Techniques — What is plein-air?; sketching; light sources; 5-minute exercises; skies; rocks; trees; water; landscapes; cityscapes; seascapes; floral compositions; people and crowds; stones and hair.
• Take It Further — Next level painting; changing up the scenery; capturing movement; mixing charts; color swatches; creating depth; mixed media; experimenting with new materials; time is on your side; moving forward; key elements.

The interest in quick sketching as a relaxing pastime is still strong. Watercolor as a medium is experiencing a great resurgence in popularity, with over 17.1 million hashtags on Instagram for #watercolor and over 1.68 million for #watercolorpainting. Instructive videos are extremely popular on YouTube. Some of the most popular are How to Use Watercolor (22.1 million views), How to Paint a Simple Landscape in 2 Minutes (13 million views) and 5-Minute Beginners’ Watercolor Tips (945k views).

Samantha Nielsen is an artist based in Duluth, Minnesota. Her main medium is watercolor and ink but she also produces her own podcast and creates watercolor tutorial videos. She is an active member of the Urban Sketching community.
In the same series:

5-Minute Sketching: Animals & Pets
by Gary Geraths
128 pages · 6¾ × 8¾
978-1-77085-917-3  $19.95 flexibound paperback
Rights: U.S. & Canada

5-Minute Sketching: Architecture
by Liz Steel
128 pages · 6¾ × 8¾
978-1-77085-757-5  $19.95 flexibound paperback
Rights: U.S. & Canada

5-Minute Sketching: Landscapes
by Virginia Hein
128 pages · 6¾ × 8¾
978-1-77085-918-0  $19.95 flexibound paperback
Rights: U.S. & Canada

5-Minute Sketching: People
by Pete Scully
128 pages · 6¾ × 8¾
978-1-77085-758-2  $19.95 flexibound paperback
Rights: U.S. & Canada

“With this guide, anyone who wants to fit making art into their busy schedule will find ample inspiration and practical advice to make that happen.” —Library Journal
PETER CLAPHAM SHEPPARD
His Life and Work
Tom Smart

“Peter Clapham Sheppard was a retiring, elusive artist whose skill and vision, untouched by the noisy nationalism of some of his peers, can now finally be properly celebrated in the remarkable artistic rediscovery that is unveiled in the pages of this book.” — Ross King

This book is a celebration of the rediscovery of the masterworks of Toronto-born Peter Clapham Sheppard (1882–1965), an artist who played a leading role in the founding of Canada’s national school of art. A contemporary and colleague of the Group of Seven, he was one of the finest artists of his generation and his work is among the best in Canadian art.

The book is full of beautiful color reproduction of Sheppard’s paintings, and his work shows a wide range of sources and influences. In the early years of the 20th century he was a Realist who captured the life and times of the city and people of Toronto. Later, he was inspired by the French Impressionists to capture with paint the effects of light and weather, particularly in winter, in urban settings, especially New York City.

Termed a “radical” in his early career, rather than being inspired by his friends and contemporaries in the Group of Seven, Sheppard looked to New York painters of the urban and industrial scenes for inspiration. He was a forceful painter of urban development which he interpreted as a metaphor of national growth and resilience during World War I.

He was skilled at drawing and painting the city, capturing the dynamism of urban life, but he also traveled into the woods and wilderness of Ontario, much like the Group of Seven, to paint scenes of woods and waterfalls.

Although he was widely exhibited in national and important international exhibitions of Canadian art in his early career, over the course of the last century Sheppard has fallen into the shadow cast by the Group of Seven. From occupying a place among a generation of artists who established a national school, he died in relative obscurity.

This book casts light on a unique talent, an artist of his times, whose art matched the quality of the Group, but found inspiration beyond the sources that inspired his more famous contemporaries. This book is the culmination of a 30-year effort to bring Sheppard’s name and art to its rightful place in this country’s art history.

Tom Smart, an art gallery director, curator and essayist, is an award-winning author of more than ten critical biographies, catalogues and books on Canadian artists. Smart has worked in art galleries and museums across Canada and the United States. He is currently Executive Director and CEO of the Beaverbrook Art Gallery in Fredericton, NB.

Louis Gagliardi, a retired school teacher and art lover, has devoted 30 years of his life to collecting, curating, and studying the archive in order to preserve Sheppard’s artistic legacy for future generations.
The pavement chalk artist is a master of art, perspective, creativity and performance. Julian Beever is one such extraordinary master.

More than just traditional flat drawings, the works Beever creates are uniquely three-dimensional anamorphic drawings. They are drawn in perspective and distorted so the subject can be viewed properly only from one particular viewpoint. For those who are standing in the right place, his chalk drawings invite them to step right into the scene or, in the case of the artist's well-known “Swimming Pool in the High Street”, dive right into the water.

_Pavement Chalk Artist_ includes a fabulous selection of Beever's most intriguing anamorphic drawings. Each one is accompanied by a description of the techniques he used and the challenges he overcame. These photographs record the development of his unusual skill and understanding of perspective. Readers can see how his art progresses and matures as he takes on commissioned works and a wealth of original, inventive subjects in locations worldwide.

The photographs tell the story, giving readers both an understanding of the principles of this 3-D art form and the pleasure of sharing the scenes that passersby once enjoyed before these unique works disappeared forever. This new edition includes 16 new pages of Beever's recent art, in addition to the 16 added to the second edition, for a total of 32 new pages.

_Julian Beever_ first drew chalk scenes in the United Kingdom, then worked as an itinerant artist to perfect his skills while financing his travel to cities around Europe, the United States, Australia and beyond. "Weather and police officers were the main obstacles to work around," he writes. His art has appeared in New York City's Times Square, Paris, London, Buenos Aires and elsewhere.
THE SIXTIES
Freedom, Change and Revolution
Markus Hattstein and Christoph Marx

An illustrated timeline of a transformative decade.

In the 1960s, social systems worldwide saw fundamental social and political change. In the U.S., civil rights movements fought against segregation; in Western Europe, students rejected stagnant post-World War II ideologies; and in South America, Africa and the Far East, countries broke free from colonial and military oppressors. For a time, a new idealism rose, especially among America's young, which culminated in the “summer of love” in 1967 and the Hippie counterculture. The decade would end tumultuously however with protest movements driven by American Indians, gays and women demanding recognition and equal rights.

Politically, a new world order was on the rise. The Soviet Union and Eastern bloc would take shape leading to the Cuba crisis and the Berlin Wall. Protestors around the world became a voice against interventionist policies, including the Vietnam War from which the U.S. was forced to retreat after losing thousands of young lives. By the end of the decade, the North-South and East-West divides were deeply entrenched, a wave of dictators had taken power, the Cold War and the anti-nuclear movement were in full swing and the U.S. had landed a man on the moon.

The Sixties: Freedom, Change and Revolution chronicles this chaotic decade by laying out a timeline of 100 key events driven by people, technology, politics, societal change, popular culture and more. Some years were more eventful than others and these get more pages. Each spread covers a single year within the decade, presenting a full complement of succinct text and photographs.

This book is a fascinating album for those who lived in the 60s and a vivid introduction for those born afterwards. It is also an excellent starting point for projects and further reading about a vast variety of topics and issues, all of them part of the foundation on which our world now rests.

Markus Hattstein studied philosophy, sociology, Catholic theology and comparative religion, and Islamic studies. He works as a freelance writer and editor in Berlin.

Christoph Marx studied history, politics, and literature. He still has a particular interest in the political history of the 19th/20th century, especially of Berlin, anti-Semitism, the Cold War, the media, “intellectuals” and other cultural topics, including James Bond.
HISTORY

1961 USA

a new frontier
The dawn of the Kennedy era

The excitement is tremendous. On the way to an election campaign in New York, John F. Kennedy and his wife enjoy the celebration in their own country. The crowd, once president embarrassed, Netaji, who "The Man is king", and appreciates the young results with an enthusiastic cheer.

Like no other politicians, John F. Kennedy epitomizes the hope of young Americans for political renewal. In his acceptance speech at the 1960 Democratic National Convention, he saw: "We stand today on the edge of a New Era - the dawn of the 1960s, a dawn of unbridled opportunity and promise, a frontier of unlimited hope and dreams." In that sense, his victory is a call to a country that has been struggling for a better life. Specifically, by achieving the best care and educational settings, the strengthening of society, and above all, by ending discrimination against African Americans, Kennedy's political strategy is a step into the world and firmly grounded in the

1963 USA

the march on Washington
A milestone in the Civil Rights Movement

August 28, 1963 is a splendid outcome in any direction, yet in the history of the U.S. It is a day to remember the Kennedy's leadership and the achievements of non-violent resistance in the Southern States.

In 1963, 100,000 people, led by Martin Luther King, Jr., march on Washington to demand civil rights and voting rights for African Americans. The march is a turning point in the Civil Rights Movement, as it brings attention to the issue of segregation and discrimination.

1968 CZECHOSLOVAKIA

socialism with a human face
The rise and fall of the Prague Spring

Young people in the city gathered to commemorate the anniversary of the 1968 invasion. The Soviet Union sent troops to Czechoslovakia and maintained its control over the country. The invasion was met with intense protests and demonstrations across the country.

The invasion was a major setback for the dissident movement and ultimately led to the collapse of the Prague Spring. The invasion was a blow to the hopes of those who had been fighting for democracy and human rights.

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WHAT WOULD CHURCHILL DO?
How the Greatest Leaders Would Solve Your Everyday Problems
Gareth Southwell

Get life advice and a crash course on leadership from the great leaders of every generation.

Have you ever wondered what career advice Napoleon would give you? Or if Catherine the Great could help you decide what to have for dinner? Using 40 everyday questions and problems as springboards for exploring the lives and methodology of great leaders of history, What Would Churchill Do? will entertain and enlighten in equal measure.

With quirky illustrations and intriguing and original takes on the biggest questions, What Would Churchill Do? will help readers understand why the featured leaders were great, and entertain with fascinating historical and biographical detail. The 40 questions reveal not only Churchill's wisdom but how other great leaders would approach the problem. Newly armed with this wisdom, readers can make their own decisions.

In addition to Churchill, the leaders span history to include Julius Caesar, Napoleon Bonaparte, Abraham Lincoln, Angela Merkel, Catherine the Great, Lorenzo de’ Medici, Sitting Bull, Eric Bloodaxe, Charlemagne, Nelson Mandela, Erik the Red, Vladimir Lenin, Elizabeth I, Margaret Thatcher and some 30 more.

There are five thematic chapters, as follow with examples of the questions:

- **Self improvement** — Is it OK to be selfish? • I just want to be happy
  • Should I go to the gym, read a book or watch TV? • Should I give to charity?

- **Domestic life** — What school should I send my child to? • How should I deal with unwanted presents? • I think my son’s sports coach is lousy, what should I do?

- **In the workplace** — How do I get that promotion? • How do I deal with annoying questions at meetings? • I’ll sleep when I’m dead • Should I sit out my job until I retire, or seek a new challenge?

- **Day-to-day problems** — Should I delete a long-term friend who’s annoyed me on social media? • I just can’t stick to a diet • I’m bored by my daily routine • Am I drinking too much?

- **Life events** — Should I plan for retirement, or live for the moment?
  • What is the optimal number of children to have? • How should I spend my lottery winnings? • Should I vote with my head or my heart?

Gareth Southwell is a philosopher, writer, illustrator and the author of books aimed at the general reader, including 50 Philosophers You Really Need to Know and What Would Nietzsche Do?: How the Greatest Political Theorists Would Solve Your Everyday Problems. He lives in Wales, UK.
WHAT WOULD BEAUVOIR DO?
How the Greatest Feminists Would Solve Your Everyday Problems
Sarah Tomley

Get life advice and a crash course on women’s rights from the great feminists of every generation.

Have you ever wondered if Gloria Steinem would support your decision to get a nose job? Or if Betty Friedan would watch Star Wars with you? Half an introduction to feminism, half a guide to life, this book uses 40 everyday questions and problems to explore the theories and concepts of the greatest feminists and suffragettes of all time.

With quirky illustrations and intriguing and original takes on the biggest questions, What Would Beauvoir Do? helps readers to understand why these feminists were great while entertaining you with historical and biographical detail about their lives. The 40 questions reveal not only Simone de Beauvoir’s insights but how other great feminists would approach the problem. Newly armed with this wisdom, readers can make their own decisions.

In addition to Beauvoir, the feminist leaders span history to include Alice Walker, activist and author of The Color Purple; Mary Wollstonecraft, 18th century writer, philosopher and advocate of women’s rights; Luce Irigaray, 20th century French author, feminist and cultural theorist; Elizabeth Cady Stanton, early 19th century suffragist, social activist and abolitionist; Charlotte Perkins Gilman, prominent 19th century feminist; Sarojini Naidu, freedom fighter and poet of modern India; Emmeline Pankhurst and Emily Davison, leaders of the British suffragette movement and Coretta Scott King, widow of Martin Luther King.

There are five thematic chapters as follows with examples of the questions:

- **Work** — Should I speak up when my colleague makes a sexist joke? • Should I deliberately hire a woman to even out the gender balance? • Am I betraying the feminist cause if I quit my job to have a baby?
- **Your body** — Why should anyone else have a say about what I do with my body? • To shave or not to shave – that is the question • I like wearing make-up. Is that bad?
- **Family** — What’s wrong with taking my husband’s last name? • My daughter wants a tutu and a tiara. Where did I go wrong? • How can I raise feminist sons?
- **Sexuality** — I caught my partner watching porn • Do I owe it to others to come out of the closet? • Why is virginity such a big deal, and how come it’s not the same for men? • Am I a prude?
- **Politics** — How do I square being a feminist and also having a faith? • Why does so much of feminism seem to center around white middle-class women? • Should I go on a protest march?

Sarah Tomley is a psychotherapist, writer and editor. She is the author of What Would Freud Do? How the Greatest Psychotherapists Would Solve Your Everyday Problems.
For years, I pretended my big nose didn’t bother me, but it did and I started to hate the way it looked.

I blamed Belinda for getting a nose job and deserting me. I blamed cosmetic surgery for making me feel like there was a right kind of nose. I blamed the advertising industry for making women feel like there was an ideal beauty. I blamed the world for making women feel like they should be a certain... anybody.
Flawed is a true story of self-acceptance, adapted from the Emmy-nominated film of the same name.

In Flawed, author Andrea Dorfman tells the true story of how she falls head over heels for Dave, “the nicest guy in the world.” But she is conflicted about her feelings for her new love. He’s a plastic surgeon; she hates plastic surgery and its power to make people feel flawed.

Dorfman joins Dave in the operating room to watch him fix a man’s badly injured hand. She sees for herself the difference between plastic reconstructive surgery and cosmetic surgery. Dave truly is an artist. She knows she’s falling in love. But when Dave performs a cosmetic surgery on a healthy boy so he won’t be teased at school, Dorfman questions everything she thinks she loves about him. Her discomfort with Dave’s decision to operate on the boy sends her on a journey of self-reflection that forces her to confront her own fears about the way she looks. She feels flawed.

Dorfman’s playful and colorful illustrations along with her deeply personal writing takes readers through the genesis of her self-image — from the carefree days of her childhood to the gut-wrenching awkwardness of her adolescence, and beyond. When she realizes that her negative self-perception is stopping her from being happy, Dorfman makes the bold move to accept herself as she is — imperfections and all. As Dorfman concludes, it’s our flaws that make us extraordinary.

Andrea Dorfman is an award-winning animator and filmmaker. Flawed, adapted from the Emmy-nominated film of the same name, is Dorfman’s first authored book. Her video poem collaboration with poet Tanya Davis, How to Be Alone, has garnered more than eight million views on Facebook and was published in 2013. Dorfman lives in Halifax, Nova Scotia (with Dave).

In the tradition of the NFB’s creative and innovative storytelling on film comes the National Film Board of Canada Collection: a series of celebrated animated films, documentary films and media projects adapted for the printed page.

Whether discovering a much-loved classic for the first time or interacting with a favorite film in a new and exciting way, readers will be delighted with the thought-provoking stories and inventive presentations of the National Film Board of Canada Collection.
THE LIVES OF JACK LONDON
Michel Viotte with Noël Mauberret

The many lives of the American literary legend whose works include the classic Call of the Wild.

“I would rather be a superb meteor, and that each of my atoms shines with a magnificent brilliance, rather than a sleeping planet. The proper function of man is to live, not to exist. I will not waste my life trying to prolong my life. I want to burn all my time.”

—Jack London

Jack London (1876-1916), the author of such classics as Call of the Wild, White Fang and Martin Eden, was the last great voice of the American frontier and a master of the adventure novel. The Lives of Jack London was published first in France as Les vies de Jack London to coincide with the release of the film documentary of the same name in 2016, the centenary of his death.

This book’s title is apt, for London’s adventures and achievements far exceeded his short life. Shared here are stories of a life of magnificent brilliance — riding the rails, pirating oysters, shoveling coal and joining the Gold Rush, sailing the world, immersing himself in island societies, joyous family life, a lifelong “1,000 words a day habit” and ultimately tragedy. This engrossing and beautifully illustrated account features 400 period photographs, press clippings and letters, the majority of them never before published.

• The Golden Gate 1876–1893 Childhood and youth in the San Francisco Bay Area; oyster pirating; seal hunting expeditions in the Bering Strait.
• The Savage Face of Capitalism 1893–1897 Works at a canning factory, cross-country protest march with unemployed workers; life as a hobo; participates in Socialist activism; resolves to educate himself.
• The Call of the Great North 1897–1902 Prospecting for gold in Alaska and the Yukon; returns home to write; first publication of his short stories.
• Celebrity 1902–1904 Newfound social status; marriage and birth of two daughters; newspaper journalist; The People of the Abyss and The Call of the Wild are published; purchases the Spray.
• War Correspondent 1904 Reporting in Korea during the Russo-Japanese War.
• The Valley of the Moon 1904–1906 Divorce, and second marriage; family life; writes White Fang, continues political activism.
• San Francisco Earthquake 1906–1907 Makes plans to sail around the world; eyewitness report of the earthquake.
• The Snark, Pacific Travels 1907–1908 San Francisco, Hawaii, the Marquesas Islands, Tahiti and Samoa.
• The Snark, Conflict in the Black Islands 1908 to 1909 Melanesia (Fiji, New Hebrides, Solomon Islands). Conflict in the region, illness forces his return home.
• Return to California 1909–1911 Becomes a landowner; granddaughter dies; purchases the Roamer sailboat; builds “Wolf House”; moves to Glen Eden cottage.
• **Close Calls 1911–1913** Personal disasters and heartbreaks, wife’s miscarriage, loses Wolf House to fire, begins drinking heavily.


• **Vera Cruz 1914–1916** Reporting for William Randolph Hearst on the American military intervention in Mexico; articles supporting Washington, conflict with Socialist Party.

• **Between Glen Eden and Hawaii 1914 to 1916** Heavy financial losses; health deteriorates; convalesces in Hawaii; discovers psychoanalysis and Jung; death at Glen Eden.

Jack London lived his meteoric life during a time of tumultuous change in North America. *The Lives of Jack London* is an engrossing and beautifully illustrated retelling of the vibrant and ultimately tragic life of one of America’s greatest writers.

**Michel Viotte** has directed over forty television documentaries filmed around the world. Most of his films explore themes of adventure, discovery, memory and artistic creativity. He is the author of *La Guerre d'Hollywood*.

**Noël Mauberret** is a specialist in Jack London and a translator. He is the director of the Jack London Collection at Editions Phébus and was president of the Jack London Society from 2012 to 2014.

**Of related interest:**

**Hemingway A Life in Pictures**
by Boris Vejdovsky with Mariel Hemingway
978-1-55407-946-9
paperback $29.95

**Robert Capa A Graphic Biography**
by Florent Silloray
978-1-77085-928-9
plastic-laminated hardcover $19.95
THE CURVE OF TIME
50th Anniversary Edition
M. Wylie Blanchet; foreword by Timothy Egan

“Our world then was both wide and narrow — wide in the immensity of sea and mountain; narrow in that the boat was very small, and we lived and camped, explored and swam in a little realm of our own making.” — M. Wylie Blanchet

The 50th anniversary edition of this coastal British Columbia classic, now in beautifully illustrated hardcover, will make a timeless keepsake. This is a biography and astonishing adventure story of a woman who, left a widow in 1927, packed her five children onto a 25-foot boat and cruised the coastal waters of British Columbia, summer after summer. Muriel Wylie Blanchet acted single-handedly as skipper, navigator, engineer and, of course, mother, as she saw her crew through encounters with tides, fog, storms, rapids, cougars and bears. She sharpened in her children a special interest in Haida culture and in nature itself.

In this book, she left us with a sensitive and compelling account of their journeys.

M. Wylie Blanchet was born Muriel Wylie Liffiton on May 2, 1891, in Montreal, Quebec. She married Geoffrey Orme Blanchet in 1909, but was widowed in 1926, leaving her to raise five children on Vancouver Island in British Columbia. For several summers Muriel, her children, and the family dog set off in a twenty-five foot motorboat, the Caprice, to explore the waters between Vancouver Island and the rugged Canadian mainland. They were on their own, with Muriel as captain, anchoring in secluded coves to tramp the wilderness, examining architecture and burial grounds in deserted native villages, and meeting the region’s various human and animal inhabitants.

Muriel wrote about their journeys, and was successful in having articles published in magazines such as Blackwood’s and Atlantic Monthly. In 1962, the year Muriel died, Blackwood & Sons of Edinburgh, Scotland published The Curve in Time, which described several summers of the family explorations. In 1968, Gray Publishing in Canada printed a second edition of The Curve in Time, and since then it has earned a reputation as a Canadian classic.
CHURCHILL, THE LIFE
An Authorized Pictorial Biography
Max Arthur
The life and times of the great statesman as he saw it.

“This beautifully produced volume brings Churchill vividly to life... The book richly reveals both the private and public sides of the war leader and rhetorician. Churchill emerges as a fully human figure and treads the historical stage with a new energy. Highly recommended.” — Choice

Winston Churchill was and still is a large presence. No fewer than five recent film productions in as many years — Churchill; The Darkest Hour; The Crown; Churchill's Secret and Dunkirk — have attempted to present the controversial leader accurately. But for good or worse, we can only turn to the man himself and his contemporaries for the true story.

Churchill, The Life uses his words, personal documents and photographs as well as private and public memorabilia to commemorate the private, military and political man who many consider “the greatest Briton of all time” and the best friend the United States ever had. Many of the items are published here for the first time.

Eight sections narrate Churchill's monumental life and achievements:

- **Youth 1874-1903** Unhappy son of a British duke and American mother; student; father’s death
- **Early Military Career 1898–1916** Soldier; war reporter; escaped prisoner; author; husband and father
- **Early Political Career 1899–1922** Decorated soldier; parliamentarian; government minister
- **The First World War** Political defeat and blunders; American lecture tour; government minister
- **Rising Through the Ranks** Political legacy of the Great War; government minister; painter; farmer
- **The Second World War** Prime Minister; V-E Day
- **Post-War Years** Political defeat; “Iron Curtain” Speech; daughter’s suicide; death of second daughter
- **Legacy** Statesman; historian; Honorary Citizen of the United States; Nobel Prize Laureate, final days.

Compelling, exhaustively researched, filled with informative captions and quotes, rarely seen and never before seen period photographs and ephemera — this is a book worthy of its subject that will entice fans of military and world events and historical figures. An essential purchase for all collections.

UNCHAINED MAN
The Arctic Life and Times of Captain Robert Abram Bartlett
Maura Hanrahan

In February 1914, two men began a perilous 700 mile walk, across the barren ice of the Arctic Ocean from Alaska to Siberia, on a near-impossible rescue mission — to save the crew and passengers of the ship Karluk, which had been crushed and sunk by pack ice. One of the men making this heroic journey was the legendary Robert Bartlett, captain of the Karluk, who, four years earlier, had navigated the Arctic for Robert Peary’s disputed North Pole mission.

Bartlett’s epic 1914 endeavour, which resulted in the rescue of 20 men, women and children (of the 31 originally stranded) proved to be the greatest of his many voyages to the Arctic.

Although Bartlett led a celebrated life, receiving international fame, awards and accolades for his achievements as an explorer, he was an enigmatic hero, despite receiving many fan letters, including one from President Teddy Roosevelt. Bartlett remained a loner who chased away his demons with liquor during his later life in New York City. Indeed, Bartlett’s heroics are so celebrated that the man himself has been obscured by mythology, even as his exploits have been depicted in a recent film about the Karluk tragedy.

Based on archival research in three countries, Unchained Man explores the man behind the myth of Robert Bartlett, while celebrating the life of a central figure in international polar exploration and Arctic history.

Maura Hanrahan is a Professor of Humanities at the University of Lethbridge.

SYDNEY BELLINGHAM’S CANADA
People, Places and Events in the Middle Half of the 19th Century
William Hesler

Sydney Bellingham came to Canada from Ireland at the age of 15 in 1824 from Ireland. His lack of prejudice and snobbery sets him apart from a lot of English-speaking writers of that era, and made him a keen-eyed observer with a fresh perspective on important events in Canadian history.

This is a collection of historical snapshots of events Sydney Bellingham witnessed and the people he knew, and will be of particular interest to the academic market, especially programs in Canadian history and studies.

William Hesler holds a BA in History and Economics from Queen’s University, Kingston, and a Law degree from l’Université de Montréal. He was appointed Queen’s Counsel by the Governor-General in 1992, and is a Fellow of the American College of Trial Lawyers. He lives in Montreal, Quebec.
500 WORDS YOU SHOULD KNOW

Caroline Taggart

illustrations by George Walker

A book to inspire logophiles and the rest of us to use uncommon words in their correct context.

Perhaps you have wanted to ameliorate your atavistic lexicon, engage in a little intellectual badinage or you have been discombobulated by tricky diction? 500 Words You Should Know has you covered.

This book will inspire the reader to use uncommon words in their correct context, utilize the English language to its full potential and test themselves on the words they think they already know.

It is a book for the appreciator of correct usage and contains words you thought you knew (decimate, caveat, nemesis), words you should know (euphemism, diatribe, tautology) and just a few that you might want to know (peripatetic, shibboleth, callipygian).

This essential cornucopia of 500 of the best, trickiest and oft-misused words in the English language are arranged thematically. Each word is dissected, with a laconic gloss of etymology and historical and modern usage, to give a full understanding and effectively adopt the word into vocabulary in its proper context.

1. Terms of Endearment, Respect and Admiration — it’s easy to confuse complement and compliment
2. Terms of Abuse, Criticism and Mild Contempt — the Xbox player had an etiolated look about him
3. It Depends on My Mood — a frat house is likely to be Rabelaisian at least some of the time
4. Let’s Give It Some Thought — it’s best to be discrete when talking about disparate opinions
5. The Rough with the Smooth — celebrity culture feeds on schadenfreude
6. Heaven, Hell and the Bits in Between — weekends are for peregrinations around the mall
7. Science and the Arts — some readers of this book may be guilty of elision.

Readers interested in everything that eclectic English has to offer, who wish to celebrate its majesty and depth and to ensure that they always use the language pedantically, this veracious cornucopia of knowledge will have them confabulating with the literary cognoscenti in no time.

Caroline Taggart worked in publishing as an editor of popular non-fiction for 30 years. She is the author of I Used to Know That, which became a Sunday Times bestseller and the co-author of more books which include My Grammar and I (or should that be “me”?). She has appeared frequently on television and on national and regional radio in the UK, talking about language, grammar and Pythagoras’s theorem. Her website is carolinetaggart.co.uk and you can follow her on Twitter @citaggart.
In 1905, a young Englishman on a survey crew in southern Alberta came to the place the First Nations People called “The Lakes Within”. What young Bert Riggall saw was a broad valley parting the mountains and three major lakes in succession cupped in stone. In his notebook he wrote: “Canada’s Switzerland. I will take a homestead in this place.” Bert Riggall became a legendary guide and outfitter. He shared his deep knowledge of the high country with his guests. This book commemorates the lives of Bert Riggall and his family and celebrates the conservation initiatives at work in the Greater Waterton. It speaks to humanity’s love of nature and our passion to protect it.

Riggall’s black & white photographs, letters and maps are the book’s heart. A self-taught photographer, Riggall’s images were a lure for a fledgling tourism industry, the eyes of change for an emerging conservation movement. Leaving an impressive archival record of more than 14,000 photographs, records, diaries, maps and letters, the Riggall archives are considered to be of “outstanding significance and national importance” by the Cultural Property Export Review Board.

This anthology will feature an ensemble of award-winning writers and contributors including Fred Stenson, Charlie Russell and Sid Marty.

Beth Towe has been a leader in the tourism industry for the Greater Waterton Area for many years.
KOOTENAY TRIPS & TRAILS
A Guide to Southeastern British Columbia’s Kootenay-Columbia Region
Murphy Shewchuk

If you are interested in everything from backcountry exploring to lounging in a hot springs pool, southern British Columbia’s Kootenay-Columbia region has it all. A rich and colorful mining history that rivals the famous Caribou; the region’s highest peaks; best alpine heli-skiing; most historic rail-trails; biggest lakes; orchards, wineries and breweries. This is a land that can keep visitors enthralled for years to come.

Murphy Shewchuk’s Kootenay Trips & Trails explores the region from the US border north to Valemount (near Jasper) and from the height of the Rockies west to the Okanagan. He does it with personal insights, detailed descriptions, maps and photographs.

Murphy Shewchuk has been roaming and writing about British Columbia for nearly half a century. His books include Caribou Trips & Trails (9781554550319), Okanagan Trips & Trails (9781554552672) and Coquihalla Trips & Trails (9781554553533). He has been an active member of Trails BC and several other outdoor writing and history groups. Shewchuck is a passionate wilderness explorer.

WILD PLACES: VANCOUVER ISLAND
Updated Edition
John Kimantas

One of the most spectacular places on earth, Vancouver Island is a wonderland of dense rainforests, rugged mountain trails, breathtaking coastlines and natural beauty unlike anywhere else. In Wild Places: Vancouver Island, experienced outdoorsman and bestselling author John Kimantas invites you to experience this scenic paradise for yourself, providing up-to-date information on how to access and navigate some of the island’s most stunning regions.

Wild Places: Vancouver Island anticipates the needs of hikers, fishers, climbers, mountain bikers, campers, kayakers and explorers of many backgrounds and interests. With detailed maps and full-color photographs, this is a book that will lead you wherever you want to go, even if you don’t yet know where that is. Whether you’re going for an afternoon walk or journeying off the beaten path, Wild Places will enrich the experience with historic and practical information, including internet resources and GPS waypoints that will ensure you have the most dependable data for the trip.

John Kimantas is editor and owner of Wild Coast Publishing (Coast & Kayak Magazine, Wild Coast Magazine). He lives on Vancouver Island.
SASKATCHEWAN
A New History
Bill Waiser

“Authoritative, well-written... brilliant.”
—The Globe and Mail

“Waiser's history tells the full, often gritty story of how politicians
tried to carve a grid of European settlement, almost overnight,
on to the wild Western steppe... Yet he does not shy away from the
harsher truths: the systematic attempt to extinguish aboriginal
culture along with the bison; how women had to wait until 1979
to receive full property rights under law; or that farming culture
began to die almost as quickly as it was born.”
—Canadian Geographic

Bill Waiser leaves no stone unturned as he records the events and
stories of the people who experienced them: from the province’s
earliest days when anything seemed possible through the years of
the Great Depression, when the prospect of greatness seemed all but
lost and to the second half of the century, when an intense, at times
bitter debate raged over how best to govern Saskatchewan. Relying
on the most up-to-date historical research available, Waiser offers new
perspectives on traditional views and tackles previously neglected,
often difficult, concepts and events.

**Bill Waiser** is the author of the Governor General’s Award-winning
*A World We Have Lost: Saskatchewan Before 1905* (9781927083390).
He lives in Saskatoon, Saskatchewan.
PREVIOUSLY ANNOUNCED

DAY TRIPS AROUND TORONTO
John Barber

A fabulous guide for anyone who wants to escape the hustle and bustle of city life.

Day Trips Around Toronto is the essential guidebook for urban dwellers looking to explore the many attractions that lie beyond the city’s borders. The book offers intrepid day-trippers more than 50 destinations with activities ranging from hiking, biking and skiing to fall leaf-gazing, theater watching and wine sampling.

Designed for both adults and children, the guide covers an area roughly 120 minutes by car in all directions from Yonge Street and Highway 401, reaching to Peterborough, Collingwood, Stratford and the Niagara Peninsula.

The book is divided into four regions — North, South, East and West — and readers can easily link up two or more destinations on the same trip. It also includes:

• Hints for side trips near main destinations
• Detailed directions for reaching harder-to-find spots
• Friendly, descriptive text to show why the day trips are worth taking and what visitors can see and do.

Day Trips Around Toronto is richly illustrated with overview maps for each section and dozens of photographs, which give readers an advance peek at the adventures that await and entice them to head out of the city to enjoy some of Ontario’s many attractions.

John Barber is a freelance journalist based in Toronto. He regularly contributes to the Guardian as well as other publications, including the Toronto Star and the United Church Observer. He was a long-time columnist for the Globe and Mail.
NATURE HIKES
Near-Toronto Trails and Adventures
Janet Eagleson
photographs by Rosemary G. Hasner

A great guide to visiting 39 Conservation Areas in the Toronto region with new full-color maps.

Toronto residents and visitors can find it difficult to get far enough away from city noise and hustle to experience the restorative quiet of a natural setting. But that’s only if you don’t know where to go.

Nature Hikes: Near-Toronto Trails and Adventures is a guide through 56,000 acres of Ontario’s most compelling nature destinations. This fifth edition adds six more Conservation Areas selected from the most accessible Conservative Authorities in the area — Credit Valley, Nottawasaga Valley, Toronto and Region, Lake Simcoe Region, Central Lake Ontario — for a total of 39 hikes. They are Caledon Trailway (Central Region) and Hilton Falls, Rattlesnake, Mount Nemo, Kelso and Mountsberg (all West Region).

All 33 hikes in the first edition have been updated to incorporate any changes, and together with new hikes are organized by region and presented with beautiful color photography and all the information needed to choose and get to the destination:

- Highlights, Difficulty, Trails, Markers, Surface, Type, Open, Entry Fee, Directions, Activities, Dogs Allowed
- Description of the site, history or points of interest and tips on what to do and see
- Map of the Conservation Area indicating roads, watercourse, trails, entrance, parking, natural feature (e.g. forest, wetland) and more, such as best birdwatching or fishing spot
- All of the maps have been redone to professional standards, making the book much more user friendly.

Written as a narrative, the book describes the hikes in practical terms and as the writer experienced them. There are also informative sidebars throughout, such as Why do birds sing?; Plant Invaders; Wonderful Wetlands; There is No New Water and How To See Wildlife: Step One.

Just minutes out of the city or from their doorstep, day trippers can find bird migration stopovers, fishing holes, wildlife hot spots, hiking and biking trails, secret photography spots, sites of archaeological or historical importance, swimming spots, orchid forests and much more.

Nature Hikes is a must-have guide for groups and individuals who love wild places and the special creatures that live there. Perfectly sized for car side pockets.

Janet Eagleson is also the author of The Maple Syrup Book.

Rosemary G. Hasner’s photography has been featured in some 20 exhibits and in the books Dufferin County and The Maple Syrup Book.
2019 CALENDARS

Each of these beautiful high-quality calendars from Firefly Books is available in June.

- 24 pages · 14 × 12 · Ctn qty: 60
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- Rights: North America, United Kingdom, Australia & New Zealand

Discount:
- 50% non-returnable, 5–99 assorted
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All Firefly calendars are printed on paper certified by the Forest Stewardship Council to come from well-managed forests, controlled sources and recycled wood or fiber.

September to December 2018 are on the inside front cover.

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978-0-2281-0058-4
LOVE YOU FOREVER
Robert Munsch
illustrations by Sheila McGraw

Booksellers have sold more than 30 million copies of LOVE YOU FOREVER in paperback and hardcover.

Now we have a board version, printed on light, crisp whiteboard and slightly reduced for child-sized hands.

Yet it contains every word of the original, which is much-loved by grandparents and parents everywhere.

Watch for major promotion this fall.
Celebrating its 32nd year in print — with 30 million copies sold!

**LOVE YOU FOREVER**
Robert Munsch illustrated by Sheila McGraw

*There are 3 million new children in America and Canada each year — and every family is touched by this book.*

Available in five formats, as well as in Spanish and French, *Love You Forever* is a “must” for every bookstore.

**FIREFLY BOOKS**

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ONCE UPON A POTTY — BOY
ONCE UPON A POTTY — GIRL

The all-time favorite, now in a sturdy board book.

There are 28.9 million children under the age of 5 in the U.S. and all of them will need to be toilet trained. This classic book has already helped millions of parents get their children through a life milestone with ease and some entertainment too.

With Once Upon a Potty, a parent reads the book to their child or allows the child to read it while on the potty. Not surprisingly, the book takes some wear. This new board book edition will withstand such heavy use and survive the occasional water spill too.

This is THE potty training book. It has it all, bright graphics, simple language, fun story and an anatomically correct hero. With an edition for each gender, the book relates directly to the child, making the potty-training process relatable and easy to understand.

Once Upon a Potty series
Each book is written and illustrated by Alona Frankel · Ages 1–4
40 pages · 7¼ × 7¼ · Rights: World English

Once Upon a Potty — Boy
978-1-55407-283-5 $7.95
plastic-laminated hardcover

Once Upon a Potty — Girl
978-1-55407-284-2 $7.95
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978-1-55407-285-9 $79.50
6 Boy, 6 Girl

10-copy display pre-pack – Girl
978-1-55407-286-6 $79.50

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978-1-55407-350-4 $95.40
The Firefly young kids’ career series: I WANT TO BE...

New editions, revised to reflect the increasing diversity in society and changing technology in the lives of people working around children.

Praise for the series:
“The series offers books that may be useful to teachers introducing careers to young children, and certain volumes will fit right into Community Helpers units as well.” —Booklist

“The I Want To Be series provides young readers with some exciting opportunities to think about… an attractive choice for beginning readers. Recommended.” —Library Media Connection

This best-selling series of 17 titles has sold more than 800,000 copies since publication and earned excellent reviews and praise for the range of occupations it features. With vibrant color pictures and plain text, the I Want To Be series is an appealing introduction to a broad spectrum of occupations, from Pilot to Chef to Cowboy, making them ideal for inclusion in Community Helpers and other Common Core Correlations Social Studies and Language Arts units.

New photos show Policewomen with contemporary uniforms and state-of-the-art equipment. Firefighters’ uniforms protect better; Builders are women as well as men; many of the Nurses are male. This reflects the society that kids are seeing now. And the books are attractively priced, at $3.99. This is the same price as in 1998.

Mainly, children will enjoy the I Want To Be books for the pictures, reading to themselves, seeing everyday people doing important jobs, like the adults in their family and in their dreams and aspirations.

There are exciting new editions of these titles:

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<td>I Want to Be a Builder</td>
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<td>PB</td>
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<td>$3.99</td>
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<td>978-0-2281-0101-7</td>
<td>978-0-2281-0139-0</td>
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<td>978-0-2281-0103-1</td>
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<td>I Want to be a Vet</td>
<td>PB</td>
<td>978-0-2281-0156-7</td>
<td>978-0-2281-0157-4</td>
<td>$3.99</td>
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and reprints of these more recently published titles:

**I Want to Be . . . series**
Each book is by Dan Liebman
Ages 4 to 7
24 pages · 8 × 8
Rights: World

- **I Want to Be a Chef**
  978-1-77085-004-0 $3.99 paperback
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- **I Want to Be a Zookeeper**
  978-1-55407-563-8 $3.99 paperback
  978-1-55407-562-1 $14.95 library bound

- **I Want to Be a Lawyer**
  978-1-77085-786-5 $3.99 paperback
  978-1-77085-785-8 $14.95 plastic-laminated hardcover
CONSTRUCTION MACHINES

Chris Oxlade

An interactive reader experience that poses the question: which machine is best for the job?

Children love machines! Especially big ones! Big ones in the dirt! Construction Machines is a new take on the world of big machines. It looks at a specific job that needs doing, then provides information on the right machine to do it, whether a digger, steam roller, excavator, loader or bulldozer.

The book includes sections on quarrying stone, laying a road, building a skyscraper, digging a tunnel, and demolishing a building. Each section begins with a construction scene and asks “what sort of big machines can get this job done?” A sidebar gives the reader different machine options and subsequent spreads take a detailed look at the amazing machines that are up to the challenge.

Accessible text gives the key characteristics of favorite machines and colorful sidebar boxes give each machine's vital statistics. Value priced, colorful and informative, this is the perfect book for all young machine enthusiasts!

Chris Oxlade is an author, editor and illustrator of more than 150 children's information books on a range of subjects, specializing in science and technology.
EMERGENCY MACHINES

Chris Oxlade

An interactive reader experience that poses the question: which machine will save the day?

What child doesn’t turn to see where a siren is coming from? Flashing lights and screaming sirens trigger excitement and anticipation but a serious situation calls for the right machine.

Emergency Machines looks at a rescue crisis then provides information on the right machine to help, whether a fire engine, ambulance, helicopter, water-bombing plane or all-terrain vehicle. The book includes sections on a mountain rescue, water rescues, helping at a road accident and putting out an airplane fire.

Each section begins with an emergency scene and asks “what sort of machine would you choose to come to the rescue?” A sidebar gives the reader different machine options and subsequent spreads take a detailed look at the amazing machines that are up to the challenge.

Accessible text gives the key characteristics of the machines and colorful sidebar boxes give each machine’s vital statistics. Value priced, colorful and informative, this is the perfect book for all young machine enthusiasts! Pack it up with Construction Machines to make a great gift.

Chris Oxlade is an author, editor and illustrator of more than 150 children’s information books on a range of subjects, specializing in science and technology.

See the Mighty Machines series on page 204.
DADDIES
Lila Prap

A great book for fathers and sons to share.

“Prap’s perky rhymes assure readers that fathers and sons are very much a team — that affection isn’t just about hero worship.” — Publishers Weekly

Simple rhymes, delightful illustrations and a collection of daddies — from rhinos to kangaroos to monkeys — roam through this upbeat book.

It’s bedtime and the son has a special request.

“It’s time for bed,” my Daddy said.
“Just five more minutes’ play.”
“Then let’s pretend we’re animals!”
is what he hears me say.

My daddy is a rhino.
We wallow in the swamp.
We make the whole world tremble.
When we stomp! stomp! stomp!

Lila Prap is one of the most popular author/illustrators in Slovenia and increasingly in the rest of the world. She loves to draw animals and was a nominee for the 2006 Hans Christian Andersen Award for illustration.
WHY?
Lila Prap

A cheerful interactive book that will spur children’s imagination while they laugh and learn.

Why? is an original take on entertaining children while teaching them about the animal kingdom. The book poses questions that children are likely to ask about 14 animals: Why do elephants have trunks? Why do walruses have moustaches? Why do kangaroos have pouches? Why do whales spout water?

“Fake” answers are sure to cause giggles and they may just emerge as jokes during dinnertime: Elephants use their trunks to store snot; Walruses use their moustaches to tickle babies; Kangaroos have pouches to carry toys; Whales spout water because they have runny noses.

The correct answers are easy to read and scientifically correct. Why? encourages children to invent their own answers and even come up with new animal species. It is an especially good choice for class story time as well as bedtime.

Lila Prap is a Slovenian author and illustrator of world renown whose picture books have been published in over 35 countries. Why? was adapted into a cartoon series in Japan. She lives and works in Škofja Vas, Slovenia.
BIG DOGS, LITTLE DOGS
A Visual Guide to the World’s Dogs
Jim Medway

A big book about every dog breed, now in a smaller size.

“Breeds both familiar and unfamiliar are positively bursting out of this oversize volume... Dog lovers will spend hours poring over these winsome illustrations.” —School Library Journal

The previous, oversized edition of this popular book has been reduced to ideal bedtime reading size and likewise reduced in price. The book brings together charming drawings of 300 domestic dog breeds, including every breed recognized by the American Kennel Club in the seven official groupings — Working, Toy, Hound, Terrier, Herding, Sporting and Non-Sporting.

Also included is a selection of purebreds not officially recognized by the American Kennel Club as well as some of the most popular “designer” dogs, such as the Labradoodle and Chiweenie. There are also breeds less familiar to North Americans but recognized by kennel clubs in other countries; for example, the Canadian Eskimo Dog and the Australian Silky Terrier.

Jim Medway’s color drawings are accurate and engaging. At the end of the book is an entertaining Puppy Identifier where children can test their ability to recognize the breed of 30 puppies. There is also a Dog Breed Fact Index with interesting trivia about all of the breeds.

More than one-third of American households have a dog. With Big Dogs, Little Dogs, children and adults alike will enjoy learning and identifying the dogs that they encounter. It is fun and informative and it might instill a lifelong interest in “man’s best friend.”

Illustrator Jim Medway studied in Manchester and now lives and works in Derbyshire. In addition to writing and illustrating fiction, graphic novels and children’s books, including the award-winning The Land of the Frontiebacks: A Curious Alphabet of Confused Creatures, he runs Create Comics workshops and sessions for schools, museums, galleries and universities across the UK and beyond. Find him at www.jimmedway.com.
BIG CATS, LITTLE CATS

A Visual Guide to the World’s Cats
Jim Medway

Every cat breed, large and small, wild and pet, in one big, beautiful book.

Big cats, little cats, bob-tailed cats, long-tailed cats, smooth cats, skinny cats, funny cats, scary cats, wild cats... here they all are in their furry, fanged and clawed glory.

This children’s picture book brings together in one volume every domestic cat breed in the world alongside colored drawings of rare wild cats and the well-known big cats.

Cats are a favorite topic for children and so are books about cats. This one is aimed at children 3 to 7 (and to their parents). The first part features cat breeds from North America, Europe, Asia and the Rest of the World; and the second half is devoted to the wild cats of the world, both the rarer small species and the large cats of Africa, North and South America and Asia — the Tiger, Lion, Leopard, Cheetah and Jaguar.

The book also features a charming kitten identifier and a cub identifier, and an extensive cat index gives the reader fun facts about every breed and species featured.

A great new reference guide for all the family that will make your children cat experts!

BIG HORSES, LITTLE HORSES

A Visual Guide to the World’s Horses and Ponies
Jim Medway

Over 130 horse breeds in this third title of the Big & Little series.

Horses and ponies of all sorts and types are brought together in this one beautiful book for young children. Big Horses, Little Horses features over 130 horse and pony breeds from around the world, each illustrated with a color drawing specially commissioned by leading comic artist and illustrator, Jim Medway.

Divided into sections on North American, British, European, Asian and World horses, every known breed is included: from the elegant Arabian English to the enormous Drum Horse, the Thoroughbred racehorse and the favorite of children, the tiny Shetland Pony. Horses for trotting, horses for climbing mountains, horses for cattle work, horses for jumping, horses for pulling carriages — they are all here.

Delightful features at the back of the book are a Foal identifier, and a Horse Index that includes interesting facts about each breed.

This is a must-have book for all young children and their parents who love horses!
POETREE
Caroline Pignat
illustrations by François Thisdale

Award-winning author Caroline Pignat’s first picture book is an intriguing blend of carefully composed verbal images, knit together with extraordinary visuals by award-winning illustrator François Thisdale. The poem is indeed about the yearly cycle in the life of a tree. But it is also an intriguing poetic concoction. The initial letters of each line in each stanza spell out a word that pertains to that tree’s life cycle – SEED, GERMINATE, SHOOT, ROOTS, LEAVES, FLOWERS. It’s a kids’ acrostic.

Young readers will discover the secrets of the poems as they read the text and look at the illustrations that show a rural setting with trees, a farmer, barns, animals and the changing of the seasons. There are also puzzles for the discerning reader.

Caroline Pignat is a two-time winner of Canada’s Governor General’s award and the author of six novels for young readers including Egghead, The Gospel Truth and Shooter. She lives in Ottawa, Ontario.

François Thisdale is the illustrator of The Stamp Collector, Spirit Trackers and That Squeak. He has won a Notable Books for a Global Society Award, The TD Children’s Book Award, and the Crystal Kite Award. The Stamp Collector is on the International Board on Books for Young Peoples Honor List. He lives in Quebec.
EVERYTHING I KNOW ABOUT POOP
Jaume Copons
illustrations by Mercé Galí

An absolute must-have for toilet-resistant kids.

Everything I Know About Poop gives parents an innovative and fun way to help their toddlers achieve toilet-training success, especially the stubborn ones. It uses a hilarious story and charming drawings to engage kids and help them understand, verbalize and accept that people need to poop, animals need to poop, we all need to poop! But it’s not always easy.

Everyone knows how to make a nice poop!
And people who do not know, learn sooner or later.
if you poop raise your hand!
Our little brother poops...
Mom and Dad also poop.
Even grandma and Grandpa still poop!
A hippo poops.
With its tail spinning like a helicopter, it flings poop through the air.
Yuck! What a mess it makes!
Birds know how to poop.
Onto people, sometimes. (But not on me!)
Grandma has a cute puppy that poops anywhere on the street.
You have to pick it up, and throw it away. (The poop, not the dog.)
While our very proud cat, prefers to poop in his litter box.

What about me? What about you? How do we poop?

Kids will find this book hilarious and will commit it to memory.

Jaume Copons is a scriptwriter for the Spanish version of Sesame Street, as well as for other TV programs, songs, records and advertisements. He has written more than 40 novels for young readers.

Mercé Galí does drawings for stories, textbooks, posters, magazine covers and other projects. She has illustrated stories in books and major children’s magazines in Spain.
THE CHRISTMAS WIND
Stephanie Simpson McLellan
illustrations by Brooke Kerrigan

As Jo helps her mother and her baby brother on a cold and windy Christmas Eve, she searches for shelter — any kind of shelter — for the little family. Her mother is ill and the baby needs feeding. There is no other option but a barn owned by a local farmer known as a solitary grouch. Nobody cares for Franklin Murdoch, and Jo doesn’t trust him to care for her family.

But Murdoch turns out to be less of a threat than Jo has feared. He makes the desperate family a warm sanctuary in his home. And when the wind has died and snow falls on Christmas morning, peace has come to them all.

Stephanie Simpson McLellan’s spare text is complemented by the subtle but beautiful art of Brooke Kerrigan in a book that is a reminder of the essential story of Christmas.

The wind elbowed Jo’s mother and kicked her to the ground. “Stop it!” Jo shook her fist at the sky. Ignoring her, the wind stole her scarf and blew out the light. Her plan was to be on a bus halfway to someplace else by now, but they weren’t even close to the station. She pulled her mother to her feet. With a howl, the wind forced them off the road and into the prickly fields.

This starkly beautiful story highlights the heroic spirit of a young girl and the generosity of a stranger in a book that reveals what the real spirit of Christmas is all about.

Stephanie Simpson McLellan is the author of the Mr. Christie Award-winning book, The Chicken Cat. She lives north of Toronto, Ontario.

Brooke Kerrigan has illustrated six previous picture books, among them Kiss Me: I’m a Prince!, Dog Breath and Fishermen Through and Through. She divides her time between Ontario and France.
HERE COMES RHINOCEROS
Heinz Janisch
illustrations by Helga Bansch

A White Raven selection.

Comes the rhino.
Beautiful mountain.
Sits a little snowflake upon it and twitters.
Little bird.
Lets itself be carried.
Flies away soon…

The rhino is a big mountain range. When he comes, the earth shakes. On his back he carries a small bird. The rhino dreams of being as light as the little bird on its back. But he is needed for his stability, the food he provides and to be a protector.

The little bird would like to be as heavy as the rhino, so it will not be blown back and forth by the storm.

Everyone wants to be different but each animal is perfect the way it is.

Heinz Janisch and Helga Bansch have worked together on several books for young readers including Rosie the Raven and Good Night Giants.
WHERE IS FROG?
Max Velthuijs

*A big lift-the-flaps book full of surprises.*

Rabbit has come to Frog's house but where is Frog? He's hearing noises, but everywhere he looks, Frog is not there. Who is making the noise? Lift the flaps to discover Frog's animal friends hiding, but unable to keep quiet. Wait... here is Frog! He's hiding in the bed!

Max Velthuijs’ trademark bright colors and simple lines create animals with a surprising amount of personality, including Frog, his most famous creation. Made for the earliest readers, *Where Is Frog?* will delight again and again.

Max Velthuijs (1923-2005) received many awards for his Frog books, including the prestigious 2004 Hans Christian Andersen Award for illustration. Over 2.3 million copies have been sold in over 40 countries.

Firefly Books · 14 pages · Ages 2–5 · 7½ × 7½ · Available · Rights: World English
978-0-2281-0002-7 $8.95 US / $9.95 CDN board book

I SPY 123
Totally Crazy Numbers!
Photography by Manuela Ancutici; Text by Ulrike Sauerhöfer

This colorful 1-2-3 book is hiding a delightful clutter of toys, candies, foods, dolls, natural items and much more. On each number page are short rhyming verses setting the reader's task to find specific items and providing hints of where those might be found. But of course, there are hundreds more items which are not hinted at, so the challenge and fun are endless.

Manuela Ancutici is a graphic designer with a special talent for the beauty in detail. To make this book and its companion *I Spy ABC*, she searched flea markets, with an eye for pretty, crazy combinations of items to find the material for this book.

Ulrike Sauerhöfer studied graphic design and has worked as an art director in various advertising agencies.

Firefly Books · 32 pages · Ages 3–7 · 10 × 10 · Available · Rights: World English
978-1-77085-999-9 $14.95 plastic-laminated hardcover

I SPY ABC
Totally Crazy Letters!
Photography by Manuela Ancutici; Text by Ulrike Sauerhöfer

This colorful search book is hiding a cornucopia of toys, sweets, foods, wooden beads, dolls, natural items and much more, all hidden within a letter. On each letter page are short rhyming verses setting the reader's task to find specific items and providing hints of where those might be found. But of course, there are hundreds more items which are not hinted at, so the challenge and fun are endless.

The answers to the rhymes — where is the item mentioned? — are at the back of the book. This is a great book for sharing, alone time and bedtime.

Firefly Books · 32 pages · Ages 3–7 · 10 × 10 · Available · Rights: World English
978-1-77085-961-6 $14.95 plastic-laminated hardcover
The Scoop on Poop!
The Fascinating Science of How Animals Use Poop
Wayne Lynch

Did you know:
Elephants poop enough to fill the trunk of a family car... every day?
Fossilized poop is called coprolite and scientists have found coprolites even older than the dinosaurs?
Termite colonies use their own poop to help build castles as tall as a house?

Award-winning author and photographer Wayne Lynch takes a fun and scientific look at poop in the animal world. Children will be fascinated to find out that some wild animals eat their dung, others use it to send messages or mark their territory, and some even squirt it on themselves to cool off!

Filled with amazing facts, animal stories, and color photographs, The Scoop on Poop! will change the way you look at droppings forever.

“Lynch invites youngsters to sit down with him — ‘and I’ll give you the scoop on poop, facts on feces, tips on turds, data on dung, and the goods on guano.’ He’s as good as his word and resolutely cheerful, even chirpy, as he delivers all the news that’s fit to print on a smelly subject. Excellent photographs illustrate blue-footed boobies, chinstrap penguins, termites and polar bears, to name just a few, exuding or using their excrement.”

—The Globe and Mail

Wayne Lynch began work as a full-time science writer and photographer in 1979. Today he is the author of numerous award-winning books and television documentaries, one of Canada’s best-known and most widely published photographers, and a popular guest lecturer. His books include Wild Birds Across the Prairies, Mountain Bears, A is for Arctic, and Penguins of the World. He lives in Calgary, Alberta.
Join the authors as they lead the children through important Cree cultural experiences, tell stories, and share their wisdom and truths with compassion. Learn the protocols for building a tipi, trapping a beaver, laying the grandfather stones for a fire, smudging, and harvesting salt from the Salt Plains in Wood Buffalo National Park. In Cree, tapwe means “it is so” or “the truth.” In this, the ninth book in This Land is Our Storybook series, Henry writes, “We can tell you what to do with the truths we share in this book, but we hope that reading our story will help you get to know us a little better so that together we can make this nation a place we can all be proud of.”

Henry and Eileen Beaver are respected Elders who live in Fort Smith, Northwest Territories. They have written many books with the South Slave Divisional Education Council, starred in a film called Three Feathers, and have generously shared their knowledge of language, culture, and spiritual practices.

Mindy Willett is a passionate advocate for all things northern. Sharing Our Truths: Tapwe is the ninth book she has co-authored with storytellers from across the Northwest Territories.
THE LITTLE BOOK OF WOODLAND BIRD SONGS
Andrea Pinnington and Caz Buckingham

*Hear the songs and learn about 12 of North America’s woodland birds.*

Being able to identify a bird’s song is a skill that brings joy and fosters an appreciation of nature. Some bird songs are distinctive and easily recognized, like the common loon and wild turkey. Hawks as a group are distinctive but the individual species vary, as do the owls. Picking up the songs of a Black-capped Chickadee and a White-breasted Nuthatch, however, is not easy. That is where this enchanting book comes into its own.

*The Little Book of Woodland Bird Songs* features recordings of twelve bird songs from some of the best-known woodland species seen and heard in North America. It is an interactive board book that is ideal for curious young readers. The sturdy pages are easy to turn and the twelve song buttons, each with a portrait of the bird, are easy to activate. The high-quality sound module is encased in durable plastic and the one-inch (3-cm) speaker makes it easy to hear and differentiate the elements of the bird’s song, such as pitch, tempo and trills.

Beautiful lifelike illustrations aid in identifying the birds and a descriptive paragraph and facts panel provide information such as the time of day the bird is likely to sing, what it eats, behavior traits and how it constructs its nest.

All twelve birds have winter or summer ranges in the United States or Canada. This means that readers are sure to see most if not all the birds in at least one season over the year.

- Red Crossbill
- Hermit Thrush
- Black-capped Chickadee
- Common Loon
- Red-eyed Vireo
- White-breasted Nuthatch

- Sharp-shinned Hawk
- Blue-gray Gnatcatcher
- Purple Finch
- Barred Owl
- Wild Turkey
- Downy Woodpecker.

Birds can be hard to spot at the best of times and never more so than in the woods. Once you learn to recognize these bird sounds, a walk through the forest will never be the same. This partner to *The Little Book of Backyard Bird Songs* is sure to become another family favorite.

*Caz Buckingham* and *Andrea Pinnington* are the founders of Fine Feather Press, which promotes a love of nature in children from an early age. They live near Farnham, UK.

*By the same authors:*

**The Little Book of Backyard Bird Songs**
978-1-77085-744-5
plastic-laminated hardcover with 12 sound buttons, shrinkwrapped $19.95

“The sounds and selected facts may spark an interest in venturing out into the backyard ‘wild’ to glimpse some of its avian residents. A ‘trilling’ way to bring natural history into the nursery.”
—Kirkus Reviews
When the older members of the wolf pack leave the family to hunt for food for the yearlings and pups, 2-year old Haze is left in charge. This is his most important responsibility and the pups love playing with their older brother — but it is not without dangers. Haze learns that there is another wolf pack in the area and it is getting closer all the time. This could develop into a dangerous threat to the pups and it is Haze’s responsibility to defend them using all the things he has learned in his young life.

Haze waits with the pups all day, as the sun moves across the sky.

Suddenly, he straightens up, tense and stiff, his ears aimed toward the rival wolf pack that is coming closer. Haze noses the frightened little ones under a fallen log and paces nervously. Now the outsiders bound toward Haze and the pups.

Georgia Graham has been illustrating the natural world around her since her childhood in Calgary, Alberta. She is the author of several books for young readers including Cub’s Journey Home, Where the Wild Horses Run and A Team Like No Other. She lives with her husband on a small farm near Lacombe, Alberta.
WE TRAVEL SO FAR...
Laura Knowles
illustrations by Chris Madden

The stupendous migrations undertaken by more than 25 of the world’s animals, including humans.

This beautifully illustrated picture book looks at the epic migrations that mammals, birds, fish and insects undertake every year, crossing hundreds and sometimes thousands of miles to reach breeding grounds, nesting sites and food sources. From the epic migration of the enormous humpback whale to the staggering determination of the tiny hummingbird and the mass migration of millions of wildebeests, each animal tells its own “micro-story” — the reason that it travels so very far and the risks of the journey.

Animals profiled:
- Leatherback Turtle
- Humpback Whale
- Sockeye Salmon
- Caribbean Spiny Lobster
- Elephant Seal
- European Eel
- Ruby-throated Hummingbird
- Wandering Albatross
- Monarch Butterfly
- Whooping Crane
- Garter Snake
- Caribou
- Common Toad
- African Elephant
- Norway Lemming
- Emperor Penguin
- Galapagos Land Iguana
- The People’s Story
- A Map of the World
- Migration Data.

We Travel So Far... is a unique and beautifully presented introduction to a part of the lives of many animals which is usually missing from children’s picture books.

Laura Knowles has a background in children’s publishing and is the author of Once Upon a Jungle.

Chris Madden is a visual artist whose illustrations have appeared in many national magazines and newspapers. He lives in the UK.
A masterfully illustrated exploration of the beauty and complexity of parental love.

In Torill Kove’s delicate and moving story, a woman joins her peers to grasp for threads dangling from the sky, each representing an unknown opportunity. Our protagonist snags a particularly special looking thread and is whisked away on an adventure.

She flies across the city and the countryside and comes down gently to meet her fate. Holding the other end of the thread is an infant girl. A mother-daughter connection is born.

As love and trust grow, the thread shared between mother and daughter is pulled and stretched across new experiences, until finally, it must be broken so that the daughter can go out on her own. However, both mother and daughter keep a part of the thread that brought them together. The love in their hearts will never truly let them be separated.

Adapted from the National Film Board animation of the same name, Kove’s beautiful and touching portrayal of the loving bond shared by a mother and daughter was named one of the 10 best films at the 2017 Toronto International Film Festival.

Threads is a perfect keepsake for any mother-daughter relationship, and a perfect gift for Mother’s Day.

Torill Kove is an Academy Award®-winning animator (The Danish Poet) whose films include the critically acclaimed Me and My Moulton and My Grandmother Ironed the King’s Shirts, which was published in 2017 as part of the launch of the National Film Board of Canada Collection. Kove works and lives in Montreal.

In the tradition of the NFB’s creative and innovative storytelling on film comes the National Film Board of Canada Collection: a series of celebrated animated films, documentary films and media projects adapted for the printed page.
Flawed is a true story of self-acceptance, adapted from the Emmy-nominated film of the same name

In Flawed, author Andrea Dorfman tells the true story of how she falls head over heels for Dave, “the nicest guy in the world.” But she is conflicted about her feelings for her new love. He’s a plastic surgeon; she hates plastic surgery and its power to make people feel flawed.

Dorfman joins Dave in the operating room to watch him fix a man’s badly injured hand. She sees for herself the difference between plastic reconstructive surgery and cosmetic surgery. Dave truly is an artist. She knows she’s falling in love. But when Dave performs a cosmetic surgery on a healthy boy so he won’t be teased at school, Dorfman questions everything she thinks she loves about him. Her discomfort with Dave’s decision to operate on the boy sends her on a journey of self-reflection that forces her to confront her own fears about the way she looks. She feels flawed.

Dorfman’s playful and colorful illustrations along with her deeply personal writing takes readers through the genesis of her self-image — from the carefree days of her childhood to the gut-wrenching awkwardness of her adolescence, and beyond. When she realizes that her negative self-perception is stopping her from being happy, Dorfman makes the bold move to accept herself as she is — imperfections and all. As Dorfman concludes, it’s our flaws that make us extraordinary.

Andrea Dorfman is an award winning animator and filmmaker. Flawed, adapted from the Emmy-nominated film of the same name, is Dorfman’s first authored book. Her video poem collaboration with poet Tanya Davis, How to Be Alone, has garnered more than eight million views on Facebook and was published in 2013. Dorfman lives in Halifax, Nova Scotia (with Dave).

In the tradition of the NFB’s creative and innovative storytelling on film comes the National Film Board of Canada Collection: a series of celebrated animated films, documentary films and media projects adapted for the printed page.
ONCE UPON A JUNGLE
Laura Knowles
illustrations by James Boast
★ “A marvel of economy, clarity, and breadth... The heart of an ecosystem has never been better presented for young readers.” — Kirkus (starred review)

A colorful jungle of animals depicts the circle of life.

Enter the jungle with this striking book that animates the food chain through saturated color illustrations and simple poetic language. Children will learn how the circle of life fuels the jungle ecosystem, supporting life up the food chain only to start again literally at ground level. Young readers will enjoy exploring the illustrations for the many animals hiding between and under the leaves and flowers and in the treetops.

The book closes with an expansive gatefold showing all of the animals from the previous pages, and many more, all hiding and waiting to be spotted. Text entitled “Living World” explains the circle of life and the ecological link between animals, earth, air, water, and all that supports the world we live in.

Once Upon a Jungle’s atmospheric illustrations, large text, and double gatefold will make this a surefire hit with children, especially early readers and for story time.

SMILEY
A Journey of Love
Joanne George

While working as a veterinary technician, Joanne George heard about a puppy mill not far from the clinic and embarked on a rescue mission with her co-workers. On that special day, Joanne met Smiley for the first time. He had been born without eyes and with dwarfism and because of his time in the puppy mill, Smiley was suffering from serious anxiety. While the other dogs rescued that day were found loving homes, Smiley was going to need some extra special care. Nothing happens without practice and patience and Joanne and Smiley learned both those traits together. Gradually Smiley was able to walk off-leash and started greeter Joanne at the back door. She gave Smiley a loving home and he taught her patience, understanding and acceptance. It soon became evident that Smiley would become a wonderful therapy dog.

Joanne George is a dog trainer and former veterinary technician who makes her home north of Toronto, Ontario. She and Smiley visited nursing homes, libraries, children’s programs and schools as part of a therapy dog program with St. John’s Ambulance.
You would think it’s obvious.

Who hasn’t heard “Well, that’s a stupid question”? This inviting little book will amuse children who enjoy silliness and we don’t think there is one that doesn’t. Amusing illustrations of 23 scenarios pulled from real life and from, we’ll call it, exaggerated real life. And what child, and adult, doesn’t exaggerate from time to time?

Are you in a hurry? says the person behind the bathroom door.

Too sick for school? Dad asks the spotted green child.

Is it too hot? Mom asks the person in the shower.

Some are possible. A few are probable. But most are definitely impossible, except in a child’s imagination.

So that means they are most certainly funny.

Philipp Corentin is a French author and illustrator of more than 20 children’s books that often satirize icons of children’s literature (like Santa Claus or Little Red Riding Hood) and breaks the stereotypes to make them absurd and friendly, in a word, human. A number of his books have been adapted to animation and are available on YouTube, some have been viewed as much as 300,000 times. He lives in the French countryside of Eure-et-Loir.
HUNGRY FOR SCIENCE
Poems to Crunch On
Kari-Lynn Winters
& Lori Sherritt-Fleming
illustrations by Peggy Collins

From the same author-illustrators who brought young readers Hungry for Math (a poetic look at math concepts) comes Hungry for Science. These short, lively poems help young readers explore scientific concepts — from chemical reactions to magnets, life cycles and more. A glossary of scientific terms is included in the backmatter.

A Chip Off the Old Rock

I’ll weather the weather, whatever it brings, eroding from larger to smaller things. From boulders to cobbles, from pebbles to sand, rumble, crumble, whirl — I travel the land. Pulled by gravity, down a steep slope, pushed by ice (to warm places I hope), tumbled by rivers, I scramble downstream, blown by the wind – it’s all part of my dream! Deposited gently, I’ve come from good stock. I know I’m a chip off an igneous rock.

Kari-Lynn Winters is a best-selling children’s author, literacy researcher and professor. Lori Sherritt-Fleming is a teacher, performer, and children’s book author. Peggy Collins is the author/illustrator of several successful children’s books.

By the same authors:

Hungry for Math
978-1-55455-307-5
hardcover $18.95

“Highly recommended.”
—AAAS Science Books & Films
BACKYARD BIRDS

An Introduction

Robert Bateman

“Of all wild creatures, birds are the most colorful and easiest to see. You don’t need to travel to distant jungles or faraway islands. They live in our own backyards.... Birds are our neighbors. We should get to know them.” —Robert Bateman

Internationally acclaimed wildlife artist and naturalist Robert Bateman has painted, sketched and enjoyed birds since he was a young boy. He shares his passion for birds and his unique talents as artist and storyteller in this informative introduction to birds for young readers and beginners at bird watching.

Backyard Birds abounds with Bateman’s detailed sketches and full-color paintings of robins, chickadees, woodpeckers, blue jays, finches and many other familiar birds — capturing their antics and beauty in a way that no photograph can.

The book includes brief facts about the different species, noted below, including their length, wingspan, weight, food, range, habitat and common calls. Bateman also provides his personal tips on identifying, feeding and finding birds.

The 36 bird families are:
- Red-winged Blackbirds and American Crows
- Baltimore Orioles and American Redstarts
- Mallards and Canada Geese
- Great Blue Herons and Belted Kingfishers
- Red-tailed Hawks and Great Horned Owls
- Mourning Doves and Wild Turkeys
- Ruby-throated Hummingbirds and Rufous Hummingbirds
- Barn Swallows and Chimney Swifts
- Hairy Woodpeckers and Downy Woodpeckers
- Dark-eyed Juncos and White-breasted Nuthatches
- American Robins and Bluebirds
- Blue Jays and Gray Jays
- Northern Cardinals and Cedar Waxwings
- Indigo Buntings and Rose-breasted Grosbeaks
- American Goldfinches and House Finches

Spreads on Migration; Attracting Birds to Your Backyard; The Cycle of Family Life; and Bird Senses (Eyes, Ears, Voice, Brain, Feathers) round out this beautiful book.

Robert Bateman began his lifelong education as an artist, naturalist and birder in the tree-filled ravine behind his boyhood home in Toronto. By the mid-1960s, inspired by the word of Andrew Wyeth, Bateman had turned to a more realistic style, taking as his subjects the wildlife he had long studied. Today his original artwork and limited-edition prints are sought by collectors the world over. Robert Bateman lives with his wife, Birgit, and his family on one of the Gulf Islands off Canada’s western coast.
When the bountiful world of their ancestors was no more, the Paiute prophets had visions of a dance that would restore it. The ghost dance movement began in the U.S. in the 1800s, in hope as native peoples came together to dance for their shared dream. The dream failed and they tried again. Again the dream failed tragically. But the vision and the dream still call out to all people, envisioning a future when all Indian peoples would be united, disease would vanish, and the earth would be regenerated and restored.

“McLerran encourages readers to hold on to the vision of the Dance, and to unite across the boundaries of culture and politics that we have created, to heal the world... [Morin’s] evocative paintings... glow with the golden colors of the sun-drenched prairie, and exhibit a dramatic use of light... This stunning book will hold great appeal for environmentally conscious readers.”
—School Library Journal on the hardcover edition

Alice McLerran lives in Seattle, Washington. She is the author of several books for young readers including Year of the Ranch.

Born in Calgary, Alberta, Paul Morin grew up near Montreal, Quebec. He is the illustrator of many books for young readers including The Orphan Boy, Fox Song, The Vision Seeker, Animal Dreaming and more.
WILD ANIMALS IN CAPTIVITY

Rob Laidlaw

“A caged lion pacing back and forth on a worn path and dolphins swimming in unending circles are captive animals exhibiting ‘stereotypies,’ or repetitive abnormal behaviors. These disturbing behaviors are a common sight in many zoos. Laidlaw effectively captures the plight faced by captive wild animals, even in major, apparently high-quality zoos. In four riveting chapters he explores first the general issues of life in captivity, then addresses specific, often severe, problems faced by polar bears, elephants, dolphins and Great Apes. He goes on to discuss types of zoos and their particular flaws, then concludes with advice for readers on objective evaluation of the zoos they visit and offers a list of ten ways to help animals in captivity. This eye-opening look at zoo issues will strike a chord with readers and would be a useful addition to most collections.”
— Kirkus Reviews on the hardcover edition

“The issues raised in this important and powerful book will resonate with young and old.” — School Library Journal

A large family of elephants ambles all day along a well-remembered route across the hot African savanna. Halfway around the world in a zoo in Alaska, a single female elephant paces back and forth in her cramped, concrete pen. During the sub-arctic winter, she lives alone in a dark barn. When you visit a zoo do you ever wonder what it must be like for the animals who live day by day in the same enclosures? Author Rob Laidlaw asks the tough questions that zoos often avoid: should these animals be in there at all?

This is an eye-opening look at the lives of captive wild animals — at bad zoos, good zoos, and the best wild animal sanctuaries.

Rob Laidlaw has spent the past 25 years campaigning to protect wild animals in captivity and in the wild. His work has taken him from the polar north to tropical Asia and includes more than 1,000 visits to zoos around the world. A Chartered Biologist, avid outdoorsman, and cave explorer, he is a founder of the wildlife protection organization Zoocheck Canada.

By the same author:

5 Elephants
978-1-55455-404-1
paperback $14.95

Ages 9+
8 × 10
48 pages
45 color photographs,
index, glossary, sources

Rights: U.S. only

Previous edition (hardcover): 978-1-55455-025-8
THE BALLET BOOK

The Young Performer’s Guide to Classical Dance
Canada’s National Ballet School
written and arranged by Deborah Bowes
foreword by Karen Kain

“This comprehensive guide... helps youngsters who love ballet to understand the hard work and commitment involved in classical dance training.” —School Library Journal (of the first edition)

“A detailed, practical guide for serious ballet students... To balance collections heavy on colorful ballet books for browsers with stars in their eyes, here’s a guide for ballet students who are ready to get down to work.” —Booklist (on the first edition)

Prepared in conjunction with Canada’s National Ballet School, The Ballet Book is the definitive instructional resource for children who are beginning to explore the possibilities and delights of ballet. The Ballet Book is an inspirational motivator, an exceptional teaching aid, and an ideal companion for students. Now it has all-new photographs in color and a text more suited to contemporary young dancers.

The book illustrates in meticulous detail — and through more than 100 photographs — every position, step and pose involved in barre work, pointe work, alignment, classical ballet poses, attitudes, allegros, batteries, pirouettes and arabesques. Age-appropriate and comprehensive, it is a motivational guide, with information on deciding to dance; finding a teacher; musical accompaniment; finding the ideal studio; what to wear and grooming; positions, steps and poses; and exercises and nutrition. Historical highlights and modern opportunities complete this comprehensive book.

The Ballet Book is a strong guide for both boys and girls.

Canada’s National Ballet School is the nation’s premier ballet school, combining academic instruction with dance training. Some of the world’s best dancers, including Karen Kain, Veronica Tennant and Rex Harrington, attended this prestigious school. Deborah Bowes instructed at the school for 45 years.

Karen Kain was principal dancer for the National Ballet of Canada and is now the company’s artistic director.
JUVENILE NON-FICTION

ALLEGRO

The body is the primary instrument in ballet. The dancer's body is a canvas on which the choreographer paints the story. The dancer's body is a tool that the choreographer uses to express emotions and tell a story. The dancer's body is a medium that the choreographer uses to create a visual and emotional experience for the audience.

Squats Level at First Position

In this position the dancer is standing on the toes of the feet. The knees are bent and the legs are straight. The arms are held in first position. The arms are in a straight line with the shoulders. The fingers are extended and the palms are facing forward.

POSITIONS OF THE ARMS

At the beginning of a dance the arms are usually in first position. This position is used to indicate a change in direction or to signal the start of a new movement. The arms are extended in front of the body and the fingers are extended. The palms are facing forward.

ATTITUDES

Attitude is the way a dancer carries herself. It is the way a dancer moves and the way she presents herself to the audience. Attitude is an important aspect of ballet and it is something that the dancer must work on to develop.

Absolute Front Derriere

This is a movement where the dancer is on the floor with the feet pointed. The dancer is facing the audience and the arms are in a straight line with the shoulders. The fingers are extended and the palms are facing forward.

Absolute Back Derriere

This is a movement where the dancer is on the floor with the feet pointed. The dancer is facing away from the audience and the arms are in a straight line with the shoulders. The fingers are extended and the palms are facing forward.

Absolute Right Derriere

This is a movement where the dancer is on the floor with the feet pointed. The dancer is facing the audience and the arms are in a straight line with the shoulders. The fingers are extended and the palms are facing forward.

Absolute Left Derriere

This is a movement where the dancer is on the floor with the feet pointed. The dancer is facing away from the audience and the arms are in a straight line with the shoulders. The fingers are extended and the palms are facing forward.

Absolute Circle Derriere

This is a movement where the dancer is on the floor with the feet pointed. The dancer is facing the audience and the arms are in a circle. The fingers are extended and the palms are facing forward.
THE GYMNASTICS BOOK
The Young Performer’s Guide to Gymnastics
Elfi Schlegel and Claire Ross Dunn

★ “An excellent book in every way... Best of all, the book is accessible to early readers. Superb coverage of a popular sport.”
—School Library Journal (starred review)

This indispensable guide is simply the best book for beginners to the sport of artistic gymnastics. Illustrated with full-color photographs of gymnasts balancing, tumbling and jumping, The Gymnastics Book features skilled guidance from a medal-winning, record-breaking gymnast who is now a noted instructor.

The topics covered in detail include:
• Finding a good gymnastics club
• Qualities to look for in a coach
• Warm-up and cool-down exercises
• Entering competitive gymnastics
• Managing victories and losses
• The importance of family and friends
• Nutrition and apparel
• Financial aspects
• A typical day of training for competition.

This edition is updated for 2018 with new interviews and updated profiles on the most prominent star gymnasts of today and yesterday, including Simone Biles, Ellie Black, Ragan Smith, Kyle Shewfelt, Emily Boycott and many more. Anecdotes and advice from Olympic stars take beginners behind the scenes and offer a no-holds-barred account of life as a competitive gymnast. Updated profiles on the Olympic greats and gymnasts who have become well-known coaches, gym owners, and gymnastics judges show young gymnasts career pathways beyond the competition.

The Gymnastics Book provides motivation and detailed instruction to young gymnastics students

Elfi Schlegel was a member of the Canadian National Team from 1976 to 1985, won two gold medals at the 1978 Commonwealth Games and in 1979 won a team gold and individual bronze medal at the Pan Am Games. Elfi won Canada’s only World Cup gymnastics medal, a bronze in the vault, in 1980. As a scholarship athlete at the University of Florida, she was a six-time All-American. Elfi got her start as a gymnastics commentator at the age of 17 and worked for CTV and CBC. For the past 20 years, she has been a sports commentator for NBC Sports, covering 11 Olympics, as well as countless other gymnastics meets, and the sport of curling. Elfi lives in Toronto, Ontario.

Claire Ross Dunn is a journalist and writer for television. In 2014 she was nominated for the Canadian Screen Award for best writing in a children’s or youth program.
**FOOTBALL STARS**
Mike Ryan

*Football's biggest stars, with special emphasis on how nice guys finish first!*

Chock-full of today’s NFL heroes, *Football Stars* is the ultimate kids’ guide to America’s favorite game. Over 20 of the NFL’s best and brightest players are profiled, while a 14-page football primer tells young readers everything they need to know to become experts of the game.

Being great at passing, receiving, tackling or kicking is just one facet of the players featured in *Football Stars*. Some stars, like Aaron Rodgers and Antonio Brown, show how hard work and a will to succeed have propelled them to the top, while others, like Drew Brees, do their best to give back to those in need, challenging the old adage that “nice guys finish last.” Accompanying each player’s remarkable story is a unique graphic poster that highlights a theme from his profile.

Lighting up smiles by day and stadiums by night, the athletes featured in *Football Stars* are shining examples of what can happen if you focus on your goals and make the right choices.

*Mike Ryan* is a Toronto-based sportswriter and football fan. His other books include *Hockey Now!* (9th Edition), *Football Now!* and *Tennis’ Greatest Stars*. 
882½ Amazing Answers to Your Questions About the Titanic
Hugh Brewster and Laurie Coulter

The one illustrated book that tells the complete, heart-stopping story of the legendary ship.

"A fantastic book... The 882½ answers in this book truly are amazing — both for the scope of information they cover as well as for the depth of details given." —CM Magazine

"For all trivia lovers this is a great book of questions and answers... and would prove useful to anyone who has an interest in the topic from young readers through to adults." —Resource Links

It's all here. The financiers and founders of the White Star Line; the building and launch; the ship's features; the crew and passengers; the fateful collision; the scramble for lifeboats; the sinking and the survivors; the high-tech discovery of the wreck; the movie.... 882½ Amazing Answers to Your Questions About the Titanic is packed with all of the intriguing details and fascinating facts that tell the true story.

It puts myths to rest and confirms the truth. Was the Titanic really unsinkable? Were third-class passengers locked down below? Were there enough lifeboats? Was there a Jack Dawson? Did the Heart of the Ocean diamond really exist? Was there a murderer aboard the ship?

It tells of the small tragedies for some survivors. Deceased violinist Jock Hume's family received a bill for $3.50 for the cost of his uniform. A baby was kidnapped on board the rescue ship, the Carpathia, by a woman who had lost her child. Jack Thayer, who never got over the death of his son in the water, took his own life thirty years after the sinking.

Illustrated with dozens of accurate paintings, diagrams and rare photographs, the book's special features include the making of James Cameron's movie Titanic, a true-or-false quiz and the real-life stories of the young people who sailed on the fateful voyage.

882½ Amazing Answers to Your Questions About the Titanic is a must-have purchase for all Titanic enthusiasts.

Hugh Brewster is the author of several books for children and young adults, including Gilded Lives, Fatal Voyage: The Titanic's First-Class Passengers and Their World.

Laurie Coulter is a children's book author who specializes in historical nonfiction. Her books include To Be a Princess. She lives in Toronto.

Ken Marschall is a painter best known as the world's foremost creator of Titanic artwork. His books include Titanic: An Illustrated History, a Globe and Mail bestseller. He lives in Redondo Beach, California.
“The text in the book is quite accessible for the elementary student and yet will appeal to an older audience as well... For use in school and public libraries as well as in personal collections.”
—Resource Links

There is no limit to our appetite for the Titanic. The ship’s demise more than 100 years ago still invites curiosity, fascination and conjecture. This is a meticulously reconstructed adventure of the legendary disaster.

Author Jim Pipe assumes the role of one of the many journalists that covered the maiden voyage. He describes the facts: the financiers and builders, the shipyard, the layout and state-of-the-art technology, the passengers, the appointments, staterooms, dining rooms and more, and also the “hidden” spaces used by the lower-class passengers and the crew.... And of course, he conveys the public astonishment at this new “wonder of the world,” the biggest ship ever, and unsinkable!

The narrator’s imaginary account is combined with period photographs, illustrations, tip-ins, booklets and other ephemera and eyewitness accounts of the sinking, including those by surviving children. He covers the aftermath of the tragedy and includes the reports and inquiries of the official investigation.

The chapters are:

- **Birth of the Titanic** — with technical details
- **The Voyage Ahead** — with guide to whales and seabirds
- **Boarding the Ship** — with gatefold
- **Cabins Fit for a King** — with “door” flaps
- **The Height of Luxury** — with meal menu
- **Exploring the Ship** — with playing cards
- **Full Steam Ahead!** — with cutaway diagram
- **The Wireless Room** — with secret message in envelope
- **The Iceberg Hits** — with passenger diary
- **Abandon Ship!**
- **The Rescue** — with 1912 newspaper
- **Aftermath** — with booklet showing sinking.

From excitement to horror, *Titanic* is a richly detailed and dramatic experience for readers of all ages.

Jim Pipe has written numerous non-fiction books for children, many on historical subjects. He lives in Dublin, Ireland.
ULTIMATE EXPLORER GUIDE FOR KIDS

Justin Miles

Ultimate Explorer Guide for Kids presents straightforward advice on what every explorer must know if they are to survive the most daunting challenges the world has to offer. The ultimate adventures are gleaned from the author’s travels around the world. He packs every page with the priceless knowledge he has gained over the years.

Features include:

- “Watch Out!” warnings and danger alerts
- “What To Wear” checklists
- “How To” advice (such as how to spear a fish)
- Equipment essentials (like anti-leech socks)
- “Did You Know” sidebars describing the animals adventurers may encounter
- Interesting facts, such as the experiences of record-breaking explorers, like British explorer Sir Ranulph Fiennes who cut off the tops of his own fingers in a vise rather than endure the pain of frostbite for one more minute
- Explorer Q+As, where the author describes his own lifetime of exploring
- Author Q+A’s.

Ultimate Explorer Guide for Kids is no replacement for the real thing but quite possibly it will inspire would-be explorers to dream about their own adventures in the not-so-distant future.

Justin Miles is a professional adventurer who has undertaken expeditions and adventures in some of the world’s most extreme environments. He uses his experiences to support charities and education projects, many of them for children. Justin turned his passion for adventure into his profession after recovering from a 1999 car accident, which resulted in brain injuries that left him having to learn to walk and talk again.

In the same series:

Ultimate Mapping Guide for Kids
by Justin Miles
Ages 10 to 13
96 pages · 5 × 8
978-1-77085-741-4
$9.95 flexibound

Ultimate Survival Guide for Kids
by Rob Colson
Ages 10 and up
96 pages · 5 × 8
978-1-77085-619-6
$9.95 flexibound

Wildlife Watcher Guide
by Michael Leach and Meriel Lland
Ages 10 to 13
96 pages · 5 × 8
978-1-77085-742-1
$9.95 flexibound
Is it going to rain tomorrow? That question seems easy enough to answer – just check the weather report! But how about if there were no weather report – what then? And what about our ancestors who were not able to measure weather patterns the way it is done today. How did they understand the forces of rain, sun, snow and wind?

In the newest addition to the Dot to Dot in the Sky series, author Joan Marie Galat takes a two-pronged look at the customs surrounding weather providing an introduction to the basic concepts of meteorology for young readers. Read about Lei-Gong – the Chinese god of thunder – who was captured and set free, only to flood the Earth. Or discover the story of Father Frost, the Russian spirit whose icy touch was a danger to anyone he deemed unworthy.

Stories in the Clouds features astounding pastel art by Georgia Graham, as well as detailed sidebars educating readers on subjects like how clouds form, what creates thunder and lightning, why temperatures change, and much more. A fun educational book, brimming with ideas, this is the perfect introduction for young readers to the weather’s strange and sometimes erratic behavior.

Joan Marie Galat is the acclaimed author of the Dot to Dot in the Sky series of books as well as Dark Matters. She lives in Alberta.

Georgia Graham is the illustrator of several picture books for children including Where Wild Horses Run, Cub’s Journey Home and Saving Thunder the Great. She lives in Alberta.
EVERYONE CAN BE A CHANGEMAKER
The Ashoka Effect
Christine Welldon

In this new addition to the Ripple Effects series (When Children Play, Pay It Forward Kids), you'll meet sixteen changemakers — boys, girls, men, and women. All of them are part of Ashoka, an organization that offers networking, mentorship, and financial aid to social entrepreneurs of all ages around the world. Each member strives to make a difference in the world, from animal rights to environmentalism, preservation of Aboriginal culture to food conservation, and you'll learn about how they've made global changes, the challenges they faced, and how you can start your own initiative!

This book looks at sixteen individuals who have accomplished amazing work from lighting jungle villages to building the perfect playground. The network offers mentorship and financial help to people from around the world so they can accomplish even more with their ideas and plans. It has helped more than 3,000 social entrepreneurs in more than 70 countries through its mentoring programs including:

- Amy Barzach of South Windsor, Connecticut whose “Jonathan’s Dream” program creates accessible playgrounds;
- Chris Balme of Philadelphia, Pennsylvania whose “Spark” apprenticeship program helps high school students in danger of dropping out;
- Joaquin Leguia of Lima, Peru whose “Children’s Forests” program teaches children about planting and becoming stewards of the land, and;
- Tomas Lang of Burnaby, British Columbia whose program encourages schools to change the way they handle waste with an emphasis on “reduce, reuse and recycle.”

In addition to the inspirational features on the sixteen changemakers, Everyone Can Be a Changemaker includes a section on how to get started being a changemaker along with a list of the things that can be done right now — to make a difference in the world we all live in.

Christine Welldon is the author of eight children’s books including Reporter in Disguise, The Children of Africville, and Lifelines: The Lanier Phillips Story. She has been nominated for The Golden Oak Award, the Amelia Bloomer Award for recommended feminist literature for children, and twice nominated for the Hackmatack Award. She divides her time between Lunenburg, Nova Scotia and Toronto, Ontario.

In the same series:

When Children Play
The Story of Right to Play by Gina McMurphy-Barber
978-1-55455-154-5 hardcover $19.95

Pay It Forward Kids
Small Acts, Big Change by Nancy Runstedler
978-1-55455-301-3 paperback $19.95
TAALKING TO THE MOON
Jan Coates

Katie was four when her mother gave her up. Katie is a bright girl on the high end of the autism spectrum. The only memories she has are in her “Stack of Stories” notebook. When Katie spends the summer in Lunenburg, Nova Scotia with her foster mother, the connection she feels to this historic town makes Katie determined to find out about her past. Befriending locals like Aggie, an older woman, who shares a series of letters sent by a young girl who arrived in Lunenburg in 1752, and Aggie’s sister, a reclusive eccentric who lives in the woods, help Katie to find clues to her own past. She can’t help feeling that she has found her true roots.

Jan Coates is the author of several novels for young readers including A Hare in the Elephant’s Trunk. She lives with her husband in Wolfville, Nova Scotia.

SKATING OVER THIN ICE
Jean Mills

Imogen St Pierre is a musical prodigy, a classical pianist touring the international concert halls in a trio with her father and grandfather. Though clearly accomplished, she is also painfully awkward socially, getting lost in the music even after it’s over. Imogen’s in the final year in a private boarding school where she meets a boy of the same age, Nathan McCormick, who turns out to be the “Next Great Hockey Player.” Nathan, however, has recently been penalized for a vicious fight in an international tournament. Imogen and Nathan don’t exactly become an item, but there’s an elusive special quality to their connection. Jean Mills has given us a thoughtful, moving, powerful story about what it’s like to be gifted and exceptional — and still young.

Jean Mills is the author of four novels for young adult readers including Wild Dog Summer and The Legacy. She lives in Guelph, Ontario.
A TIME TO RUN: STUART AND SAM
(One-2-One series)
Lorna Schultz Nicholson

Meet Stuart and Sam.

Stuart can run like the wind. It's a skill that has come in handy for him all his life. Born with fetal alcohol spectrum disorder (FASD), Stuart has learned to run away from all kinds of trouble—at least, if he can recognize it. Sometimes it's hard for him to know when a friend really is a friend or when he's just bad news.

Sam is a basketball star destined to play on a university varsity team until he's sidelined by a dangerous heart condition. After losing the one thing that centres his world, Sam focuses his energy on helping his Best Buddy*, Stuart, make the school track-and-field team. But first, both Stuart and Sam must come to understand that there is a time to run and a time to stay where they belong.

Lorna Schultz Nicholson is the author of many novels for young readers including the critically acclaimed titles in the One-2-One series: Fragile Bones, Born With and Bent Not Broken. A former radio host and health & lifestyle reporter, Lorna is now a full-time author and presenter. She lives in Alberta.

from A Time to Run: Chapter One

STUART

My body vibrated. The cheerleaders bounced up and down on their toes and waved their blue-and-white pom-poms. The noise in the gym sounded like a booming bass drum and I liked it. I watched the cheerleaders as they dropped their pom-poms and ran to do cartwheels and flips. My job was to stay quiet on the bench, and give out towels and water bottles.

More cartwheels. More cheering. More buzzing. The gym was like a video game on high speed, so many colors, all moving and spinning and changing. Our school, Sir Winston Churchill, was playing in the city finals against Woodland School. HUGE basketball game. My Best Buddy, Sam, was the team captain and one of the best scorers because he could run fast. I needed to run or do something. Right now!

One of the cheerleaders did a back flip. I jumped up off the bench, stuck my hands up, ran forward, and did a front flip too, something I'd learned to do on the trampoline ages ago.

When I landed, I felt a tug on my shirt. “Don’t do that,” whispered Cassandra, the team trainer. She tried to pull me back to the bench.

But I wanted to do another flip. I stuck my arms in the air. “You’re not a cheerleader,” she said, still whispering, and tugged on my shirt. “You’re the team manager. Sit on the bench.”

“I’m not the team manager,” I said. But I liked being called the team manager better than the water boy so I sat down. Water boy sounded totally lame. Team manager sounded cool.

*BEST BUDDIES is a volunteer program where a student with an intellectual disability is paired with a supportive fellow high school student in a one-on-one friendship offering participants a chance to feel included and equal.

In the same series:

Fragile Bones
Harrison and Anna
978-0-993935-10-7
paperback $12.95

Born With
Erika and Ganni
978-0-993935-17-6
paperback $12.95

Bent Not Broken
Madeline & Justin
978-1-988347-03-5
paperback $12.95
LUNCH BOX LETTERS
Writing Notes of Love and Encouragement to Your Children
Carol Sperandeo and Bill Zimmerman

A practical book to help parents communicate with their children and show how much they care through notes and letters. The book includes the authors’ experiences, encouragement to parents to start, sample letters, and 75 colorful tear out sheets.

Lunch Box Letters is the result of the experience of two parents who — separately — wrote notes to their children on a regular basis and were immensely encouraged by the results. Now they show how you can use their successful method to communicate with your own kids. They provide sample letters to let you see just how simple these little notes are to write — and how important they are to both parent and child. They also answer common questions that parents raise, such as ‘Where do I find the time?’ ‘What if I have three kids?’ or ‘What if I’m a lousy speller?’

Carol Sperandeo is a mother and an actress who lives north of Toronto. Bill Zimmerman is a father, a journalist and the author of ten books. He creates a syndicated Student Briefing Page for Newsday that teaches young people about the world. He lives in Manhattan.

ESCAPE FROM SYRIA

Story by Samya Kullab, illustrations by Jackie Roche, colors by Mike Freiheit

★ “Groundbreaking and unforgettable.” — Kirkus (starred review)

“Readers will be both moved and enlightened by this insightful introduction.” — School Library Journal

Escape from Syria is a fictionalized account that calls on real-life circumstances and true tales of refugee families to serve as a microcosm of the Syrian uprising and the war and refugee crisis that followed.

Kullab’s narrative masterfully maps both the collapse and destruction of Syria, and the real-life tragedies faced by its citizens still today. The family’s escape from their homeland makes for a harrowing tale, but with their safe arrival in the West it serves as a hopeful endnote to this ongoing worldwide crisis.

Samya Kullab is a journalist based in the Middle East covering security, politics and refugees. She has worked in Lebanon, Turkey, the West Bank and Gaza, and Iraq for a variety of international media outlets. She was a reporter with Lebanon’s The Daily Star for three years.

Jackie Roche is a freelance cartoonist and illustrator who lives in Chicago, IL.
RISING SEAS
Flooding, Climate Change and Our New World
Keltie Thomas; illustrated by Belle Wuthrich and Kath Boake W.

“An engaging, lively addition to nonfiction collection on a timely, increasingly urgent topic.” — Booklist

Rising Seas: Flooding, Climate Change and Our New World gives youth an eye-popping view of what the Earth might look like under the rising and falling water levels of climate change. Photographs juxtapose the present-day with that same area’s projected future. The shocking images will help them understand the urgency for action. Key issues in today’s news will be better understood, such as the 2015 Paris Protocol in which the world agreed to limit temperature increases to 2 degrees Celsius (ideally 1.5 degree).

Keltie Thomas is the author of Do Fish Fart? and How Hockey Works, as well as many other highly acclaimed children’s books nominated for several awards. Most recently, Do Fish Fart? won the Award of Merit from the Lake Simcoe Region Conservation Authority.

Firefly Books · 64 pages · Ages 9+ · 9 × 11 · Available · Rights: World
978-0-2281-0021-8  $9.95 paperback

ROCKS, MINERALS AND GEMS
John Farndon

This is the definitive full color guide for young readers. It includes an introduction to rocks, minerals and gems and how they form, how and where to look for them, how to identify rocks and minerals, and everything there is to know about building a collection.

Packed with fun facts and practical activities, the book features high-definition color photography and data keys that show noteworthy qualities of each specimen in extraordinary detail.

John Farndon is the author of hundreds of books, including Stuff You Need to Know! and the award-winning Do Not Open! Many of his books focus on popular science, nature, and environmental issues.

Firefly Books · 120 pages · Ages 11 to 15 · 6¾ × 9½ · Available · Rights: U.S. & Canada
978-1-77085-868-8  $12.95 US / $14.95 CDN flexibound paperback

THE SOCCER BOOK
Andrea Mills

The Soccer Book is the perfect book for any soccer fan or player. Its quirky facts and amusing photos are collected from the biggest leagues and tournaments in the world of international soccer. Star players and dream teams, clever managers, fanatical fans, memorable matches and incredible goals -- all are here to enjoy and share with friends. The attractive graphics, easy text, and cartoon bubbles appeal to youth.

Andrea Mills is an award-winning author of many children’s and family reference books, including soccer and sports titles.

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